



Adaptive Recreation Program

# Winter

Dec-Feb 2009

The "Rec"ing Crew is the official newsletter of the City of Peoria Adaptive Recreation Program

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**Peoria Community Center**  
8335 W. Jefferson  
Peoria, AZ 85345  
623-773-7436  
[Http://recreation.peoriaaz.gov](http://recreation.peoriaaz.gov)

**Hours of Operation:**  
Monday-Thursday  
8:00 am-9:00 pm  
Friday  
8:00 am-5:00 pm

**Holiday Closures:**  
**Dec. 25 - Christmas Day**  
**Jan. 1 - New Year's Day**  
**Jan. 19 - MLK Day**  
**Feb. 16 - Presidents' Day**  
(Lunch only, no activities)



# The "Rec"ing Crew

Serving Individuals With Disabilities Since 1986

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Help spread the word!



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# City of Peoria Adaptive Recreation Program

**Our Philosophy...** *The Adaptive Recreation Program recognizes that meaningful leisure activities can have a positive and often profound impact on the lives of persons with disabilities. Therefore, we are committed to providing a wide range of both integrated and specialized activities.*

*To better determine and plan for future needs, an ongoing dialogue between staff and individuals with disabilities and family members is encouraged.*

## **Meet the Staff:**

Paula Considine C.T.R.S., C.P.R.P. Recreation Supervisor  
Jodi Roth-Jones, C.T.R.S., Recreation Coordinator  
Brian DeGrandchamp, C.T.R.S., Recreation Programmer  
Jamie Heckerman, Recreation Specialist, Special Olympics  
Lorrie Mengel, Administrative Assistant  
Erin Cammarata, Senior Office Assistant



**Participation Policy...** In order to provide a safe and fun environment for everyone, it is important that these guidelines be followed when participating in the various programs.

Appropriate social behavior – Participants will refrain from behavior which would negatively impact the program (hitting, kicking, inappropriate language, refusing to stay with the group, etc). Repeated incidents can lead to a participant being prohibited from participating in future activities.

Personal Care Needs – Persons needing assistance with feeding, toileting or dressing during a program or class are responsible for making arrangements for this assistance.

Emergency Contacts – It is the responsibility of the parent/guardian to ensure that current emergency phone numbers are on file with the Adaptive Recreation Program. This is critical in the event of a medical or behavioral emergency.



## **Inclusion Programs**

In order to better serve individuals with disabilities and their families, the Adaptive Recreation Program offers inclusion services. This provides Peoria citizens with several approaches to increasing their level of leisure participation. For information on any of the services below, contact Jodi at 623-773-7436.

### **Leisure Assessments**

Through a leisure assessment, staff will identify recreational interests, provide specific leisure resources, and identify adaptive equipment available. This service is available to Peoria residents by appointment.

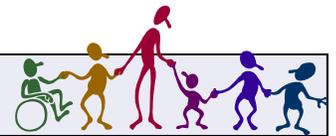
### **Recreation Resources Consultation**

If you are new to the area and are in need of recreation resources for you or a family member, call the Adaptive Recreation Program to schedule a free consultation.





## Teen Scene



### Sweetheart Banquet — #51084

This memorable evening co-sponsored by the Peoria Youth Advisory Board will feature a dinner, entrainment, prizes, and the crowning of the King and Queen. Tickets are sold in advance beginning January 5 on a first-come, first serve basis and are limited to 125. No refunds will be issued after February 6.

13 years and older  
Friday

Cost: \$13  
6:00-9:00

Feb. 13  
Peoria Community Center



### Be My Valentine Dance — #51118



This is sure to be an evening of memories with old and new friends. Guests will each receive a keepsake photo and enjoy an array of scrumptious desserts. Nice dress attire is requested.

13-22 years  
Saturday

\$4 advance or \$5 at the door  
6:00—9:00 p.m.

Feb. 14  
Peoria Community Center

### In the Spotlight Theater Troupe — #51073

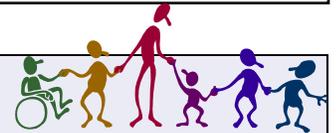
Are you artistic and creative or just want to work behind the scenes of a theater production? If so, you are invited to join our adaptive theater troupe.

13 years and older  
Wednesdays  
Saturdays

Cast Cost: \$25  
6:30—8:00 pm  
10:00—11:30 am

Begins Feb. 28  
Peoria Community Center

## Parents' Corner



We devote this space to news, special workshops, and items of special interest to parents or others involved in caring for an individual with a disability. Suggestions for topics for future issues are welcome.

### Estate Planning — #51107

Estate planning can be difficult enough, but when a child with a disability is involved, there are many pitfalls you need to be aware of. Pre-register by calling 623-773-7436.

Adults  
Wednesday

Free  
6:30—8:00 p.m.

Jan. 21  
Peoria Community Center

### Guardianship for Parents of a Child with a Disability — #51106

Your child has a disability and is turning 18. What should you do? Joseph Causey, Attorney-at-Law, will provide information on the pros/cons of obtaining legal guardianship.

Adults  
Wednesday

Free  
6:30—8:00 p.m.

Jan. 28  
Peoria Community Center

### Positive Behavior Support — #51177

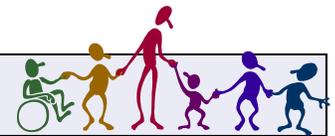
Tips and positive techniques for families of children who have behavioral issues.

Adults  
Wednesday

Free  
6:30—8:00 p.m.

Feb. 4  
Peoria Community Center

# Sports & Challenges



## SPECIAL OLYMPICS ARIZONA

This internationally recognized sports program is open to intellectually disabled individuals 8 years and older. Athletes must have a current physical on file with the Adaptive Recreation office in order to participate in Special Olympics training and competition.

For more information contact the Peoria Community Center at 773-7436 from 8:00-5:00 pm.

### SPECIAL OLYMPICS BASKETBALL — #51100



Ages 8 and Older                      FREE                      Begins Jan. 13  
Tuesdays & Thursdays              6:00— 8:00 pm

**Ages 22 & Up: Sky View Elementary—8624 W. Sweetwater Ave**

**Ages 8—21: Ira Murphy Elementary—7231 W. North Lane**

**\*\*\*\*New athletes must attend the Parent Information meeting #51105\*\*\*\***

**Wednesday, January 7th, 6:00 pm**

### SPECIAL OLYMPICS FLAG FOOTBALL — #51122

Ages 14 and Older                      FREE                      Begins Jan. 21  
Mondays & Wednesdays              6:00— 7:15 pm              Rio Vista Community Park  
8866 W. Thunderbird

### SPECIAL OLYMPICS TRACK & FIELD — #51103

Ages 8 and Older                      FREE                      Begins Jan. 31  
Mondays                      6:00—7:00 pm              Peoria High School  
Saturdays                      9:00—10:00 am              11200 N. 83 Ave

### SPECIAL OLYMPICS SOFTBALL — #46239

Ages 21 and Older                      FREE                      Begins Feb. 7  
Saturdays                      9:30—10:30 am              Paseo Racquet Center  
6268 W. Thunderbird



### Challenger Little League

Competitive — #51081 or Instructional — #51080



The Recreation Division, in cooperation with the Glendale Recreation Department & the Rio Vista Little League, will be forming teams of children with disabilities, ages 7 to 21, to play baseball. Volunteer coaches & "buddies" needed. Please call 623-773-7436 to help. Registrations due by Jan 23, 2009 and can be picked up at the Peoria Community Center.

Ages 7—21                      \$25                      Begins Feb. 7  
Saturdays                      Time TBA                      Paseo Racquet Center  
6268 W. Thunderbird

## Social Events



### Celebration of Christmas — #49205

Join us for a dress rehearsal of "A Celebration of Christmas" held at Phoenix First Assembly Church. The trip will provide transportation, departing from the Peoria Community Center.

# Canceled



8 and older  
Friday

\$10 per person  
4:00—10:00 pm

Dec. 5  
Peoria Community Center

### SATURDAY SOCIAL BOWLING

New bowlers are always welcome to join our group of social bowlers. Participants meet at **\*\*\*NEW LOCATION\*\*\*** Glendale AMF Lanes (43rd Ave & Olive) for two games of bowling, in a relaxed and fun atmosphere. We ask new bowlers to pre-register by calling 623-773-7436.

10 & Older  
Saturdays

\$5/week or \$35/Session  
12 noon — 2:00 pm

**Begins Jan. 10  
Glendale AMF  
8840 N. 43rd Ave**



### Harlem Globetrotters — #51083

Join us for a meet and greet and a wonderful basketball show. Families welcome.

All Ages  
Saturday

\$20 Per Ticket  
12:00 pm

Jan. 10  
US Airways Center  
201 E. Jefferson St

### Meet and Greet — #51086

Come see first hand all the activities that the City of Peoria Adaptive Recreation Program offers! Light refreshments will be served. Friends and Family are welcome!

All Ages  
Wednesday

Free  
7:00-8:00 pm

Mar. 4  
Peoria Community Center

### Bingo Night — #51087

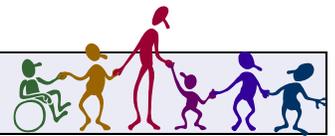
Get the family together and head to the Community Center for an evening and prizes. Participants will receive two bingo cards.

10 & Older  
Friday

\$5  
7:00-9:00 pm

Mar. 27  
Peoria Community Center

# DES/DDD Funded Programs



The City of Peoria Adaptive Recreation Program contracts with the Department of Economic Security, Division of Developmental Disabilities, to offer a variety of Day Treatment and Training services.

The primary goal of all DES/DDD contracted programs is to enhance social and independent living skills through various recreational opportunities and through community outings and service projects. All programs are staffed on a 1:3 staff to participant ratio, so a moderate-to-high level of independence is required. The following programs have openings available:

- ➔ **Kellis High School After-School Program** provides age appropriate activities for students 12-22 years of age. Program days follow the Peoria Unified School District calendar.
- ➔ **Adult Day Programs (North and South)**- (for adults out of high school) Year-round.



## Peoria Adaptive Recreation

### How to reach us:

Mailing address:  
8401 W. Monroe  
Peoria, AZ 85345



Phone:  
623-773-7436

Fax:  
623-486-8501



### Where we are:

Peoria Community Center  
8335 W. Jefferson  
(2 blocks south of Peoria Avenue)

