



Adaptive Recreation Program

Fall

Sept-Nov 2009

The "Rec"ing Crew is the official newsletter of the City of Peoria Adaptive Recreation Program

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Peoria Community Center
8335 W. Jefferson St.
Peoria, AZ 85345
623-773-7436
Http://recreation.peoriaaz.gov

Hours of Operation:
Monday-Thursday
8:00 am-9:00 pm
Friday
8:00 am-5:00 pm

Holiday Closures:
Nov. 11 - Veterans' Day
Nov. 26 & 27- Thanksgiving Holiday
Dec. 25 through Jan. 1 - Closed for the Holidays



The "Rec"ing Crew

Serving Individuals With Disabilities Since 1986



2009 Winner of the Outstanding Parks and Recreation Department By Special Olympics Arizona

# City of Peoria Adaptive Recreation Program

**Our Philosophy...** *The Adaptive Recreation Program recognizes that meaningful leisure activities can have a positive and often profound impact on the lives of persons with disabilities. Therefore, we are committed to providing a wide range of both integrated and specialized activities.*

*To better determine and plan for future needs, an ongoing dialogue between staff and individuals with disabilities and family members is encouraged.*

## **Meet the Staff:**

Paula Considine, C.T.R.S., C.P.R.P., Recreation Supervisor  
Jodi Roth-Jones, C.T.R.S., Recreation Coordinator  
Brian DeGrandchamp, C.T.R.S., Recreation Programmer  
Jamie Heckerman, Recreation Specialist, C.T.R.S., Special Olympics  
Lorrie Mengel, Administrative Assistant  
Erin Cammarata, Administrative Assistant



**Participation Policy...** In order to provide a safe and fun environment for everyone, it is important that these guidelines be followed when participating in the various programs.

**Appropriate Social Behavior** – Participants will refrain from behavior which would negatively impact the program (hitting, kicking, inappropriate language, refusing to stay with the group, etc). Repeated incidents can lead to a participant being prohibited from participating in future activities.

**Personal Care Needs** – Persons needing assistance with feeding, toileting or dressing during a program or class are responsible for making arrangements for this assistance.

**Emergency Contacts** – It is the responsibility of the parent/guardian to ensure that current emergency phone numbers are on file with the Adaptive Recreation Program. This is critical in the event of a medical or behavioral emergency.



## **Inclusion Programs**

In order to better serve individuals with disabilities and their families, the Adaptive Recreation Program offers inclusion services. This provides Peoria citizens with several approaches to increasing their level of leisure participation. For information on any of the services below, contact Jodi at 623-773-7436.

### **Leisure Assessments**

Through a leisure assessment, staff will identify recreational interests, provide specific leisure resources, and identify adaptive equipment available. This service is available to Peoria residents by appointment.

### **Recreation Resources Consultation**

If you are new to the area and are in need of recreation resources for you or a family member, call the Adaptive Recreation Program to schedule a free consultation.

# Friday Night Dances



You won't find more fun for four bucks! The dances provide developmentally disabled teens and adults (**ages 18 & older**) with an opportunity to meet new people and socialize in a supervised setting. Pre-registration required only where noted. **Admission is \$4 at the door.** Dances start at 7:00 pm and end at 9:30 pm.



**Remaining September Dances: Sep. 4th & Sep. 11th**

## **Fall Dance Schedule**

**Sep. 25 Welcome Back Dance & Cake Walk**

Cakes provided by V.F.W. Ladies' Auxiliary Post 2135 and American Legion Ladies' Auxiliary Unit 62.

**Oct. 2 Salute to October Birthdays**

**Oct. 9 Popular Dance Crazes Throughout Time**

Examples: YMCA, Cha-Cha Slide, The Twist, Macarena, The Loco-Motion, etc.

**Oct. 16 Glow Dance - Glow sticks available for 50¢ each**

**Oct. 23 Salute to Special Olympics Athletes**

Wear your favorite team uniform

**Oct. 30 Halloween Dance with Costume Contest**

**Nov. 6 Salute to 80's**

**Nov. 13 Salute to November Birthdays**

**Nov. 20 Cardinal Tailgate Party**

**Nov. 27 NO DANCE - Have a Happy Thanksgiving!**

**Dec. 4 NO DANCE - Enjoy the festivities at Peoria's Oldtown Holiday Festival!**

**Dec. 11 Holiday Dance - With our annual visit and pictures with the Man-in-Red!**

Residential staff, family members and participants are asked to review dance policies.

Please ensure emergency information is on file.

Peoria Community Center, 8335 W. Jefferson St. (2 blocks south of Peoria Ave.)

Phone: 623-773-7436



**Effective July 10th, Friday Night Dance admission is \$4.00**



# Play Program



## (Peoria's Leisure Activities for Youth Program)

The P.L.A.Y. program is designed to meet the leisure needs of our younger participants. Friends and siblings that meet the same age requirements are encouraged to participate.

### Young Athletes (Special Olympics of Arizona) — #51040

The Young Athletes Program is a fun, flexible activity group for children with intellectual disabilities. Young Athletes staff will assist participants in developing necessary building blocks such as walking, running, balancing, jumping, trapping, and catching. New participants are always welcome (pre-registration required).

Ages 2 1/2 — 7 years	Free	Every Tuesday
Tuesdays (ongoing)	6:30 pm-7:30 pm	Peoria Community Center

### Under 8, Can't Wait

Under 8, Can't Wait T-Ball Program is for individuals ages 5-7 who have an intellectual disability, but are too young for Special Olympics. Participants will learn basic skills of the sport.

#### SOCCKER—#55577

5-7 years	Free	Begins Sep. 2
Wednesdays (6 weeks)	6:00 pm-7:00 pm	Murphy Park 7230 W. Cheryl Dr.

#### T-BALL—#55578

5-7 years	Free	Begins Oct. 14
Wednesdays (6 weeks)	6:00 pm-7:00 pm	Murphy Park 7230 W. Cheryl Dr.



### Alley Cats Bowling

This is a social league that will introduce youth to the sport of bowling. Participants will be taught basic bowling techniques, rules, and sportsmanship. Bumpers will be available. Participants meet at **Glendale AMF Lanes (43rd Ave & Olive)**. We ask that new bowlers pre-register by calling 623-773-7436.

6-10 years	\$5/week or \$35/session	Begins Sep. 26
Saturdays (8 weeks)	12:00 pm-2:00 pm	Glendale AMF 8840 N. 43rd Ave

### Beginning Karate for Youth

Improve coordination, self-esteem and confidence. Classes focus on fun, learning, and self control, rather than aggressiveness. Instructor: Mary Carrico, 3rd Degree Black Belt. Classes held at the Peoria Community Center.

8-18 years	\$25/month	Sep. 3 #55152
Thursdays	5:00 pm-5:45 pm	Oct. 1 #55145 Peoria Community Center

### Hip Hop Dance — #55155

There is a new instructor to the newest hip hop dance styles. Surprise your friends after you learn the hottest dance moves in town!

8-18 years	\$25	Begins Oct. 5
Mondays (7 weeks)	6:00 pm-7:00 pm	Peoria Community Center



## In the Spotlight Theater Troupe — #55154

Are you artistic and creative or just want to work behind the scenes of a theater production? If so, you are invited to join our adaptive theater troupe.

13 & Older

Mondays &

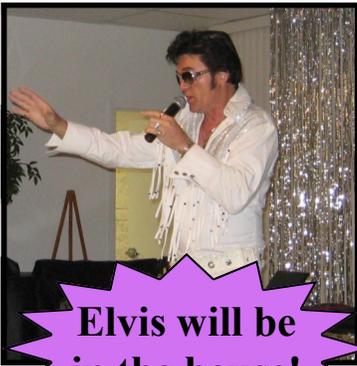
Wednesdays (10 weeks)

Cast Cost: \$25

7:00 pm-8:00 pm

Begins Sep. 14, Production Nov. 21

Peoria Community Center



**Elvis will be  
in the house!**

## Sock Hop Dance — #55146

Co-sponsored by the Glendale/Peoria Special Recreation Alliance.

Gals, put on your poodle skirts and guys, roll up your sleeves for an old fashion sock hop. The dance will include a DJ spinning your favorite oldies, along with a few current tunes, a contest with prizes, ice cream sundaes and a special tribute to Elvis.

13-22 years \$4 advance or \$5 at the door

Saturday 6:30 pm-9:00 pm

Sep. 12

Peoria Community Center



## Ghoulies Get Together Dance — #55147

Co-sponsored by the Glendale/Peoria Special Recreation Alliance.



An evening of dancing, costumes, contests, and more await those adventurous "spirits" out there! This year's event will also feature hot dog dinner and TRICK OR TREATING before the dance!

13-22 years

Saturday

\$5

5:30 pm-9:00 pm

Oct. 31

Glendale Adult Center

5970 W. Brown



## Sports & Challenges



### SPECIAL OLYMPICS ARIZONA

This internationally recognized sports program is open to intellectually disabled individuals 8 years and older. Athletes must have a current medical release form on file with the Adaptive Recreation office in order to participate in Special Olympics training and competition.

#### Summer/Fall SPECIAL OLYMPICS Sports Registration — #54403

Effective as of July 2009 a \$25 participation fee will be implemented for Special Olympics sports. This fee will allow athletes to participate in any of the following sports: swimming, soccer, and fall softball. To register please call the Community Center at 623-773-7436.

#### SPECIAL OLYMPICS Soccer — #55167

8 & Older	Summer/Fall S.O. Fee	Begins Sep. 16
Wednesdays	6:00 pm-7:00 pm	Murphy Park
Saturdays	9:00 am-10:00 am	7230 W. Cheryl Dr.

#### SPECIAL OLYMPICS Bowling — #55174

Bowling practices take place during Saturday Social Bowling. Participants must attend the first two bowling practices for averages to be obtained, then the remaining practices until competitions. Participants meet at Glendale AMF lanes (43rd Ave. & Olive). No bumpers used for Special Olympics training.

8 & Older	\$5 every week or \$35 for session	Begins Sep. 26
Saturdays (8 weeks)	12:00 pm-2:00 pm	Glendale AMF 8840 N. 43rd Ave

Special Olympics Arizona Team Peoria Presents

The 11th Annual

# Team Peoria Charity Golf Tournament

September 12, 2009

At The Vistas Golf Course, Westbrook Village

18823 N. Country Club Parkway, Peoria, Arizona

8:00 am Shotgun Start

(Registration and Warm-Up 7:00 — 7:45 am)

Adults \$75/Person \$300/Team #55171

Support Peoria Special Olympics as a player or sponsor through this annual event. For sponsorship opportunities or registration information, call 623-773-7436

Registration limited to the first 128 people.



## Social Events



### Saturday Social Bowling

New bowlers are always welcome to join our group of social bowlers. Participants meet at Glendale AMF Lanes (43rd Ave & Olive) for two games of bowling, in a relaxed and fun atmosphere. We ask new bowlers to pre-register by calling 623-773-7436.

10 & Older	\$5/week or \$35/session	Begins Sep. 26
Saturdays (8 weeks)	12:00 pm-2:00 pm	Glendale AMF 8840 N. 43rd Ave.

### Come Join Us for In the Spotlight Theater Troupe's Production of "The Elves and the Shoemaker"

Please join us for our latest production, "The Elves and the Shoemaker"! The cobbler has broken his arm, and can't work. The landlord threatens eviction if the rent isn't paid immediately. The poor but generous couple give away their last pair of shoes to a beggar woman instead of selling them. Weary, worried and penniless, they go to bed. Suddenly a troupe of elves appear, singing and dancing, and take over the cobbler's work.

All Ages	\$5 Adult Ticket	Nov. 21
Saturday	2:00 pm	Peoria Community Center



### Leave space on your busy Holiday Calendar

Co-sponsored by the Glendale/Peoria Special Recreation Alliance.



We are working on a fun family oriented event planned for the Holiday season. Save the date for the Weekend of December 4th. More information will be provided when details are finalized.



## DES/DDD Funded Programs



The City of Peoria Adaptive Recreation Program contracts with the Department of Economic Security, Division of Developmental Disabilities, to offer a variety of Day Treatment and Training services.

The primary goal of all DES/DDD contracted programs is to enhance social and independent living skills through various recreational opportunities and through community outings and service projects. All programs are staffed on a 1:3 staff to participant ratio, so a moderate-to-high level of independence is required. The following programs have openings available:

- ➔ **Kellis High School After-School Program** provides age appropriate activities for students 12-22 years of age. Program days follow the Peoria Unified School District calendar.
- ➔ **Adult Day Programs (North and South)**- for adults out of high school year-round.

# Peoria Adaptive Recreation

## How to reach us:

Mailing address:  
8401 W. Monroe  
Peoria, AZ 85345



Phone:  
623-773-7436

Fax:  
623-486-8501



## Where we are:

Peoria Community Center  
8335 W. Jefferson  
(2 blocks south of Peoria Avenue)

