



Centennial Stingrays Newsletter

July 12, 2010



End of Season Party!

All swimmers and their families are invited to the pool for food and fun!

Saturday, July 17
5:00pm - 7:00pm
Centennial Pool

Pizza will be provided. Please bring your own drinks/utensils and side dish to share.

Come join the fun!



SWIMMERS OF THE WEEK!

6 & under

Cooper T.

7-8

Alexis M.

9-10

Michael L.

11-12

Sydney B.

13-18

Savannah S.

Keep up the good work!

SCHEDULE

Monday Practice

Tuesday Practice

Wednesday Practice

Thursday Day Off!

Friday Championships @ Sunrise

Saturday Championships @ Sunrise @ Party!

Friday Championships

10 & unders: warm ups @ 3:15pm.

11 & up: be there @ 7:15pm.

Saturday Championships

All Stingrays warm ups @ 6:45am.

Meet starts @ 7:30am.

Team Party

Saturday, 5:00pm-7:00pm

SCHEDULING NOTES

COACH'S CORNER



Please check online for detailed championship information. Entry forms will be handed out to each swimmer this week at practice.



Keep working hard, Stingrays!

Coach Jessi

Coach Megan

Coach Alyssa

Coach Alli

EXCLUSIVE SWIM TEAM OFFER

Arizona Swimming Gauchos

\$180 per swimmer!
That's 48% OFF!



**"Athlete Centered,
Performance Driven"**

HURRY! Price valid thru: 7/31/10 Call-602-674-0125 or

Visit-www.azswimminggauchos.org

*August 23rd-November 14th
Monday-Friday from 5:30pm to 7pm*

*Located at Glendale Community College
Pool at 6000 W. Olive Ave, Glendale,
AZ, 85302. A short drive from Peoria.*

*For \$180 per child your swimmer will get nearly
3 months of training with a highly qualified
swim coach, USA registration fees and 4 swim
meets. If you have ever wanted to try a year-
round, high performance swim team, NOW IS
THE TIME AND GAUCHOS IS THE TEAM!!!!*

*****Offer not open to current Gauchos swimmers or swimmers
registered with the Gauchos anytime between 8-1-09 and
present day. Offer open to swimmers between 7-14 years old
that can correctly swim 25 yards of all 4 competitive strokes
(Freestyle, Backstroke, Butterfly and Breaststroke). Other
restrictions may apply. Please speak with the Gauchos
coaches for more details.*

