



Centennial Stingrays Newsletter

June 7, 2010



Coach Megan helps the 6 and unders with freestyle



11/12s working on backstroke



Miranda B. practicing dives



7/8s practicing relays

SCHEDULE

Monday	Practice
Tuesday	Picture Day* 
Wednesday	Practice
Thursday	Home swim meet with Sea Turtles
Friday	Practice
Saturday	No practice/no meet

Centennial Pool will open at 4:20 p.m. on Thursday.
10 and unders, please be at the pool at 4:25 p.m.
11 and ups, please be there at 6:30 p.m.
 *PICTURES ON TUESDAY ...
10 and under, individuals at 5:00-5:45 p.m.
 Team picture at 5:45 but please arrive at 5:30.
11 and ups, individuals at 6:30-7:30 p.m.

SCHEDULING NOTES

SWIMMERS OF THE WEEK!

6 & under Eli G.

7-8 Joey D.

9-10 Abby M.

11-12 Lauren D.

13-14 Corynne G.

15 & up Terrell D.

Keep up the good work!

COACH'S CORNER



Great job at our first swim meet, Stingrays!

COACH'S FAVORITE SNACKS

Coach Jessi: apples & peanut butter
 Coach Alyssa: homemade cookies, dried fruit
 Coach Alli: apples & peanut butter
 Coach Megan: fruit

Coach Jessi

Coach Megan

Coach Alyssa

Coach Alli