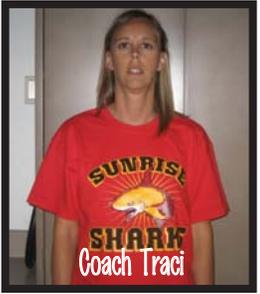


# Sunrise Sharks Newsletter

May 24, 2010



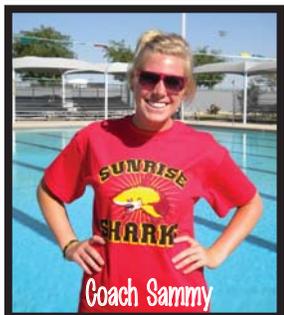
Coach Josh      Coach Kori      Coach Sammy



Coach Traci



Coach Josh



Coach Sammy



Coach Kori

Order your Sharks apparel now!

T-shirts (\$12)	59642
Tank Tops (\$12)	59643
Polo Shirts (\$30)	59650
Visors - Adult (\$15)	59654
Visors - Youth (\$15)	59655

## SCHEDULE

Monday	First day of practice
Tuesday	Practice
Wednesday	Practice
8-10 a.m. East Valley Sports - Suit fittings	
Thursday	Practice
Friday	Day off

Practice Schedule		SCHEDULING NOTES
15-18	6:45 a.m. - 7:45 a.m.	
13-14	6:45 a.m. - 7:45 a.m.	
11-12	7:45 a.m. - 8:30 a.m.	
9-10	8:30 a.m. - 9:15 a.m.	
7-8	7:45 a.m. - 8:15 a.m.	
6 & under	8:45 a.m. - 9:15 a.m.	

### COACH'S CORNER

Coach Kori has been coaching the Sharks for 6 years now. She also swam competitively from age 5 through high school.

Coach Josh has been coaching the Sharks for 2 years now and also coaches the Sunrise Mountain High School swim team.

Coach Sammy is joining the Sharks for her first year and has been swimming competitively for 15 years.

Coach Traci has been coaching the Sharks for 2 years and is a teacher at Desert Harbor during the school year.

We are all looking forward to meeting the swimmers and for a great swim season!