

RIO VISTA RECREATION CENTER SUMMER May 21 - August 8, 2010

Mondays:

- 6-11 pm - Open Badminton
- 3-4 pm - Youth Gym Games
- 4-5 pm - O.T.C. Kids' Club Jump Rope Clinic



Tuesdays:

- 12-2:00 pm - Pizza Lunch & A Movie on the *BIG SCREENS* in the *Lakeview room*. \$3.00 for two slices of cheese pizza & a bottle of water. **Pizza order placed by 11am each Tuesday.*
- OR bring your own lunch.
- Movie will be shown again from 3-5pm



Wednesdays:

- 12-1:30 pm - Brown Bag Lunch Series.

Teens are invited to join RVRC Volunteers on the following Weds.:

Pre-Register at the RVRC Front Desk in Person or by Phone.

- ⇒ 06/02 - New CPR Technique (Continuous Chest Compressions)
- ⇒ 06/09 - City of Peoria Panel (Representatives from the City of Peoria will discuss various careers in Recreation, Fire, Police, and IT.)
- ⇒ 06/16 - Glendale Community College (Counselor from GCC will discuss how to enroll into college as well as what GCC has to offer)
- ⇒ 06/30 - How to Interview
- ⇒ 07/14 - Teen Finances

Thursdays:

- 3-4 pm - Youth Gym Games
- 5-6 pm - O.T.C. Kids' Club Jammin' in the Gym



Fridays:

- 12-4 pm - Open Badminton
- 5-6:30 pm - "Meet at the Rock" Fun games at Climbing Wall (8-12 years)

Saturdays:

- 11-12:00 pm - Parent/Kids Yoga (ages 5-12 yrs)
- 3:00 pm - Redband Dodgeball

Ongoing Programs:

Open Basketball - Court 1 - all day!

Climbing Wall opens at 2:00 pm Monday-Friday

Walking Challenges:

Attack the Track (ages 8-12) / Step into Summer (ages 13+)

- Record and walk at least 1 mile per day. Complete a minimum of 12 miles per month in order to be eligible for the monthly prize drawing.



O.T.C Kids' Club (Ages 8-12yrs old)

- Register at the Front Desk and attend an orientation. Orientations held on Wednesdays at 7pm and Sundays at 2pm
- Reminder: Ages 12 and younger require an adult in the building or*