

# Adult Classes - Summer 2009



The following classes will be held at: **Rio Vista Recreation Center**— 8866 W. Thunderbird Road, Peoria

Class Name	Ages	Duration	Day	Time	Start Date	Cost	Code
12 Hottest Belly Dancing Moves	18+	6 wks	Wed	6:30pm-7:30pm	6/3/09	\$57	52402
Belly Dancing Level II	18+	6 wks	Wed	6:30pm-7:30pm	7/22/09	\$57	52401
Boot Camp Basics	18+	10 wks	Fri	5:30pm-6:30pm	6/5/09	\$60	52405
Cycle Fit for Beginners *	16+	4 wks	Mon	6:30pm-7:30pm	6/1/09	\$28	52425
	16+	4 wks	Thu	10:30am-11:30am	6/4/09	\$28	52426
	16+	4 wks	Sat	10:00am-11:00am	6/6/09	\$28	52428
Cycle Fit for Advanced Riders *	16+	4 wks	Mon	7:30pm-8:30pm	6/1/09	\$28	54109
	16+	4 wks	Sat	9:00am-10:00am	6/6/09	\$28	54112
* Cycle Fit classes run every 4 weeks through August. Call Rio Vista or go online for additional class dates and course codes.							
Family Fishing in Arizona	14+	1 class	Thu	7:00pm-9:00pm	5/28/09	\$10	52447
Fencing for Beginners	13+	8 wks	Wed	7:30pm-8:45pm	6/3/09	\$50	52496
Fencing for Intermediates	10+	8 wks	Fri	6:30pm-8:00pm	6/5/09	\$50	52450
Guitar for All Ages—Level I	12+	8 wks	Thu	5:45pm-7:00pm	5/28/09	\$65	52469
Guitar for All Ages—Level II	12+	8 wks	Thu	7:15pm-8:30pm	5/28/09	\$65	52470
Hawaiian Hula Dancing	16+	4 wks	Fri	6:45pm-7:45pm	6/5/09	\$60	52473
How to Market Your Business In Today's Economy	18+	6 wks	Mon	7:00pm-9:00pm	6/1/09	\$80	52482
Instant Guitar for Busy People (* additional supply fee required)	16+	1 class	Tue	6:30pm-9:00pm	7/28/09	\$27*	52492
Instant Piano for Busy People (* additional supply fee required)	16+	1 class	Tue	6:30pm-9:30pm	6/2/09	\$27*	52493
Intro to GPS & Geocaching for Families	14+	1 class	Sat	10:00am-12:00pm	6/27/09	\$10	52463
Introduction to Fly Fishing	15+	1 class	Sat	10:00am-12:00pm	6/6/09	\$10	52505
Intermediate Fly Fishing	15+	1 class	Sat	10:00am-12:00pm	6/13/09	\$10	52495
Introduction to Drawing—You Can Do It	16+	6 wks	Sun	1:00pm-3:00pm	6/7/09	\$80	52504
Learn the "New" CPR—CCC/AED Training	12+	1 class	Sat	10:00am-11:30am	6/6/09	Free	54296
Pilates (Basic)	16+	10 wks	Fri	9:30am-10:30am	6/5/09	\$60	52582
Secrets of Getting Published	18+	1 class	Mon	5:45pm-7:45pm	7/20/09	\$20	52616

> > MORE CLASSES & REGISTRATION INFO ON REVERSE SIDE > >

## Summer 2009 ADULT CLASSES Continued...

<u>Class Name</u>	<u>Ages</u>	<u>Duration</u>	<u>Day</u>	<u>Time</u>	<u>Start Date</u>	<u>Cost</u>	<u>Code</u>
Step Basics	16+	10 wks	Mon	9:30am-10:30am	6/1/09	\$60	52645
Tai Chi	16+	10 wks	Fri	7:30pm-8:30pm	6/5/09	\$60	52661
Zumba Fitness—Latin Inspired Aerobics *	18+	8 wks	Tue	7:30pm-8:30pm	6/2/09	\$53	53249
Zumba Fitness—Latin Inspired Aerobics *	18+	8 wks	Thu	7:30pm-8:30pm	6/4/09	\$53	53251

*\* 4-week session Zumba classes will begin Tue 8/4 & Thu 8/6. Fee is \$27 for each class. Call or go online for details.*

**The following classes will be held at: Peoria Community Center/Womens' Club — 8335 W. Jefferson, Peoria**

Learn the "New" CPR—CCC/AED Training	12+	1 class	Thu	6:00pm-7:30pm	8/13/09	Free	54298
Karate & Tae Kwon Do for Beginners *	6+	4 wks	Tu & Th	6:00pm-7:00pm	6/2/09	\$28	52508
Karate & Tae Kwon Do for Intermediates *	6+	4 wks	Tu & Th	6:30pm-8:00pm	6/2/09	\$28	52511

*\* Karate & Tae Kwon Do classes continue monthly year-round. Call or go online for additional classes.*

Total Body Conditioning *	16+	4 wks	Tu & Th	5:30pm-6:15pm	6/9/09	\$53	52671
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*\* Total Body Conditioning and Karate classes run monthly year-round. Call or go online for additional class dates and details.*

**The following classes will be held at: Sunrise Family Center — 21303 N. 86th Drive, Peoria**

Advanced Pilates (with Nimi) *	16+	8 wks	Mon	7:30pm-8:30pm	6/1/09	\$58	53474
Beginning Fiction Writing Workshop	18+	1 class	Sat	12:30pm-4:30pm	5/30/09	\$35	52400
Pilates (with Hilde) *	16+	8 wks	Wed	6:30pm-7:30pm	6/24/09	\$53	52580
Total Body Conditioning *	16+	4 wks	MWTH	5:30pm-6:15pm	6/1/09	\$53	52669
Yoga (with Dalee) *	16+	7 wks	Mon	6:30-7:30pm	6/1/09	\$47	52683
Yoga (with Hilde) *	16+	8 wks	Wed	7:30pm-8:30pm	6/24/09	\$53	52682

*\* Additional fitness classes offered through August. Call or go online for more dates and details.*

**The following classes will be held at various off-site locations. Call or go online for address & additional dates.\***

Beginning Archery	12+	1 class	Thu	7:00pm-9:00pm	6/18/09	\$10	52399
E-Bay Selling & Buying	18+	1 class	Wed	6:00pm-9:00pm	6/17/09	\$42	52440
Guitar for All Ages*	10+	6 wks	Sat	11:00am-12:00pm	5/16/09	\$50	52468
Guitar String Replacement & Tuning 101	16+	1 class	Sat	11:00am-1:00pm	8/22/09	\$18	52726
Hip Hop Dance for Adults	18+	6 wks	Thu	7:30pm-8:30pm	6/11/09	\$63	52475
Home Firearm Safety Certificate Workshop	18+	1 class	Sat	1:00pm-5:00pm	6/20/09	\$20	53820
Peoria Adventure Boot Camp—Paseo Verde Park	18+	4 wks	MWF	5:30am-6:30am	6/1/09	\$189	52562
Peoria Adventure Boot Camp— Sunset Park	18+	4 wks	MWF	5:30am-6:30am	6/1/09	\$189	52564
Sewing & Quilting for Beginners*	15+	1 class	Tue	6:30pm-9:30pm	6/30/09	\$25	52620
Survival Sewing Workshop*	15+	1 class	Sat	4:00pm-6:00pm	6/13/09	\$20	52659

**To register: Call 623.773.7137 or online at [www.PeoriaAZ.gov/Classes](http://www.PeoriaAZ.gov/Classes)**