

CITY OF PEORIA KAYAK PROGRAM

CLOTHING: Dress to get wet! Use synthetic garments to wick moisture away from your body. Do not use cotton tees or sweats. Use old tennis shoes or rubber water shoes on your feet. Do not wear thongs or loose sandals. Use a good hat, and either lots of sun block or long sleeves and long legs.

CONTACT: After you have signed up for a trip, you can contact Kayak Jay at 602-359-1354, or jayfwms@msn.com, if you have any questions or need special arrangements.

SWIMMING SKILLS: You don't need to know how to swim, but you should not be afraid of the water. If you enjoy an out-of-boat experience, the PFD will keep you afloat and the guides will assist your re-entry.

PEORIA MOONLIGHT PADDLE

LIGHTING: We will be paddling by the light of the moon. Bring a waterproof light for use in emergencies, launching and landing. Do not bring head, body or boat-mounted lights. All they will do is blind your fellow paddlers. Peoria will provide glow lights for your PFD, paddle and boat.

SUPPLIES: Bring water and a snack for our island picnic. It wouldn't hurt to have a change of clothes in your vehicle for the trip home. With no sun for warmth, it is even more important to wear moisture-wicking clothes.

WEATHER: We will require a clear sky, low winds and no thunderstorms. If the moon is not visible, or if lightning is visible, the trip will be cancelled and rescheduled.

MEETING PLACE: You will meet your guides at the four lane boat ramp at Lake Pleasant Regional Park. They will be in a City of Peoria vehicle with a trailer full of kayaks. The four lane boat ramp is reached from the Northwest entrance to the park.

DIRECTIONS: Find your way to Carefree Highway (SR 74) heading West. Follow Carefree Highway past Lake Pleasant. Proceed down the hill with the Dam on your right, and up the other side. At the top of the hill is Castle Hot Springs Road heading to the North. A large sign just before Castle Hot Springs Road has an arrow to the right directing you to Lake Pleasant Park.

Turn right onto Castle Hot Springs Road and drive about 5 miles to a tee intersection with a stop sign. Do not turn at the main entrance to the park. Turn at the first (and only) stop sign you will encounter.

Turn right at the stop sign and proceed through the gate into Lake Pleasant Park. The park charges a fee of \$6.00 for each vehicle. You do not have to pay for a boat! If the park entrance station is not manned, stop at the iron ranger on the right, get an envelope, and drop your fee in the slot.

After entering the park, follow the road, without turning off, to a dead end at the four lane boat ramp parking lot. Just to the left as you approach are the best restrooms on the lake. Your guides will be parked in front of the rest rooms. When all participants are assembled, your guides will lead you to the launch area.

Map to Lake Pleasant Regional Park (Please see directions above to find the meeting place, the four lane boat ramp)

