

## GENERAL POOL RULES

1. Patrons should wear a regulation bathing suit to swim in. A regulation bathing suit is an article of clothing that is used for swimming or bathing. No street clothes, cut-offs, jeans or shoes allowed in pool area.
2. No running, pushing, throwing other participants, wrestling, dunking, riding on shoulders, or other rough play.
3. Obey instructions of Lifeguards.
4. Obey diving board rules.
5. No hanging from, diving or jumping from pool ladders, steps or sides of pool.
6. No snorkels, masks, fins, or flotation devices allowed in pool, except during designated times.
7. No hanging on lane lines.
8. Patrons must be a minimum of 40 inches to the chin and eight years of age to enter the main pool without an older teenager (at least 16) or an adult.
9. No kids, 16 and under, in lap lane unless authorized by Pool Manager or Assistant Pool Manager.
10. No running on deck.
11. No glass or other foreign objects allowed on deck or in pool.
12. No open cuts, sores, or bandages in the pool.
13. No animals allowed in pool area.
14. No alcoholic or narcotic influences allowed in or around pool.
15. Abusive or foul language will not be tolerated.
16. No private swim lessons may be conducted in the pool (besides City of Peoria 1-on-1 lessons).
17. Patrons are to stay off lifeguard chairs and leave emergency equipment alone.
18. All signs pertaining to rules and regulations are to be strictly enforced, i.e.: LIFEGUARDS ONLY, DO NOT RUN, POOL PERSONNEL ONLY, etc.
19. NO PERSONS SHALL SWIM IN THE POOL UNLESS THE POOL IS OPEN AND LIFEGUARDS ARE ON DUTY.
20. No eyeglasses may be worn within the swimming pool unless the glasses are required & unbreakable. Wearing of eyeglasses in the pool must be approved by the Pool Manager or Assistant Pool Manager.
21. Smoking at the high school pool and grounds is prohibited.
22. Patrons must keep all body parts out of pool gutters.
23. No flotation devices, unless they are approved by the Pool Manager and are US Coast Guard approved. This includes "floaty suits."
24. If you are planning on bringing a group of 20 or more, please call at least 24 hours in advance and let Pool Manager know (to ensure proper staff coverage).
25. Diaper changes should occur in the rest rooms. Diapers should be disposed of in the rest room trash. Only swim diapers are allowed in the pool.
26. No chewing gum at the pool facility.
27. No black soled shoes in the pool facility.
28. You must shower before entering the water.

## DIVING RULES FOR SUNRISE AND PEORIA POOL

1. Patrons must be able to swim the width of the main pool twice (over and back without stopping) to go into diving area.
2. When climbing up ladder and on to board, use handrails.
3. One person at a time on ladder.
4. One person on the board at a time.

5. No double bouncing.
6. No sitting, laying or hanging from boards.
7. No diving or jumping from sides of boards. No crop tops, seat drops or hand stands.
8. Person waiting to dive must wait at end of ladder with one foot on the ground until previous diver has reached pool side.
9. No diving from the side of the diving well.
10. No inward dives.
11. No performing back flips and other trick dives.

#### LOCKER ROOM RULES

1. Take shower before entering the pool.
2. Using lockers located in locker rooms or on deck is optional for personal items, although the City of Peoria highly recommend it. The City of Peoria is not responsible for lost or stolen articles.
3. Weapons are not to be checked or brought into the facility.
4. All persons entering the facility during open swim must pay entrance fee (it is a facility usage fee, not just swimming).
5. The use of cameras, cell phones with camera capabilities, video recording devices and digital photography is prohibited in the locker rooms.
6. Any use of camera must be approved by the Pool Manager.

#### ZERO DEPTH POOL RULES

1. No one allowed in 0 depth area without a Lifeguard on duty.
2. No child over seven years of age will be admitted to the 0 depth area.
3. An adult (age 17 or older) needs to present with the child in the 0 depth
4. No jumping from sides in the 0 depth area.

#### POOL SLIDE RULES

1. Riders must be 42" tall.
2. Single riders only.
3. Feet first descents only.
4. Keep hands and feet inside flume.
5. No stopping, kneeling or standing in flume.
6. Children under 42" are not permitted to ride down with a parent or guardian.
7. Swimsuits only. No Cut-offs. Suits with zippers or button on back pockets not allowed.
8. No twisting or turning in flume.
9. Place hands to side or across chest. Keep feet together.
10. No jewelry, watches or eyeglasses (except with head strap).
11. Please do not ride if pregnant or have a physical impairment.