



**SUNRISE PURPLE
DIVE TEAM
2013**



Dear Dive Team Parents,

Welcome to the 2013 Peoria Dive Team League. We have made a few changes to our league, and are excited for the new season.

The West Valley Dive Team League consists of 6 dive teams:
Sunrise PURPLE (City of Peoria)
Sunrise RED (City of Peoria)
Sunrise GREEN (City of Peoria)
Peoria BLUE (City of Peoria)
Surprise YELLOW (City of Surprise)
Surprise TEAL (City of Surprise)

We are proud to offer the recreational dive teams for the kids in our community. In order for us to have a successful season, we need the support of the families. Please make sure to be supportive, for your child, as well as for other children in the league. We will also be utilizing volunteers for scoring and award distribution throughout the season. If this is something you would be interested in, please let your coach know. With the support of the families and the kids in our league, we can have a great season.

Please make sure to read this manual for dive team information. We will also continue to update you with information on the team website (www.peoriaaz.gov/aquatics and/or www.surpriseaz.gov) and information at practices.

If you have any other questions or concerns, please let us know. Thanks and have a great season!

Sincerely,

City of Peoria Aquatics
aquatics@peoriaaz.gov
(623) 773-7137

City of Surprise Aquatics
Holly.Osborn@surpriseaz.gov
(623) 222-2000

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DIVE TEAM GOALS

We want to provide fun, safe, recreational dive teams for everyone to enjoy. Participants should work hard to improve, make new friends, cheer on others and have a fun summer.

All divers must realize that they are competing only against themselves. Each diver should give 100% at each practice and meet. All divers and spectators should support and encourage all divers, including opposing teams. If everybody keeps this in mind, we will have a fun and successful season.

COMMUNICATION

Communication with the staff/parents/divers is crucial for a successful season. If there are any issues/concerns/compliments that you would like addressed, please do not hesitate to contact your coaches and/or office staff:

City of Peoria

Christian Peck, Aquatics Coordinator (623-773-7143 or Christian.Peck@peoriaaz.gov)
Stacy Beadle, Aquatics Supervisor (623-773-5247 or Stacy.Beadle@peoriaaz.gov)

City of Surprise

Holly Osborn, Recreation Supervisor (623-222-2245 or Holly.Osborn@surpriseaz.gov)

Evaluations

We appreciate any feedback that we receive regarding our programs. We will again be asking for parents to complete evaluations at the conclusion of the season and will make any changes that are possible to improve the league next year.

REQUIREMENTS

Any diver ages 7 - 18 on June 1, 2013 is eligible to join the dive team. Your age as of **June 1, 2013** determines your age group for the entire season. Coaches will also divide the divers into Beginner and Advanced groups after the first week of practice.

You must be registered BEFORE participating in any practice and/or dive meet. Divers must be able to do a 3 step approach off of the board and swim to the side of the pool unassisted. Please do not enroll children on Dive Team who are not able to comfortably swim to the wall after entering the water. A full refund will be given to those who do not meet minimum qualifications.

In order to ensure safe and productive practices and meets, team capacities have been determined.

DIVE PRACTICES

Dive practices will be tailored to the individual divers, as well as the team atmosphere. Divers should remain positive throughout practices and be willing to try new things. Safety is always the number one concern at the pool, and will be taken seriously at all times. Although not required, divers are encouraged to attend practices whenever possible. Divers must attend at least two practices during the week to compete in that week's dive meet. Divers will work with coaches to determine dive selection during the week.

Practices will be held Monday – Thursday from May 27 – July 11. Divers should only attend the practice time according to where they are registered.

Please do not leave small children unattended at the pool. Our coaches are very busy during practices and cannot babysit children.

First Day of Practice

The first day of practice will be held on Monday, May 27 (Memorial Day). Divers should make sure to have sunscreen applied prior to practice. It is not mandatory to attend practices – we understand several schools do not get out for the summer until after practices begin.

DIVE MEETS

Each team will compete in regular season meets and championships at the end of the season. Attendance is not required for any of the meets, but you must have attended at least two practices the week of the meet in order to compete.

Regular Season Meets

All meets are split into 2 age groups: 10 & under and 11 & older. Each age group is also split into 2 skill levels: Beginners and Advanced.

Please make sure to arrive on-time for the meets. A warm-up period is allowed for both groups, and it is recommended that all divers participate in warm-ups. The facility will open 15 minutes prior to the start of warm-ups. If you are in the 11 & older group, you do not need to show up until the 11 & older warm-up time, but you may attend the younger meet to cheer on your teammates.

Divers and parents need to be courteous to all participants. Please do not shout out or talk to divers while they are on the boards. This will help with the children's fears and allow them to concentrate on the dives.

Make sure to bring:
Sunscreen
Towel

Water or sports drink to stay hydrated

Saturday Morning Meets:

10 & under Warm-ups: 8:00am
 Meet Starts: 8:30am
 11 & older* Warm-ups: 9:30am*
 Meet Starts: 10:00am*

Saturday Evening Meets:

10 & under Warm-ups: 5:00pm
 Meet Starts: 5:30pm
 11 & older* Warm-ups: 6:30pm*
 Meet Starts: 7:00pm*

*The 11 & older warm-up will begin immediately following the 10 & under meet. Times are estimated, so please be flexible.

Scoring

Divers will compete in at least 3 dives at every meet, depending on their age group and skill level.

Each dive will be scored by the judges on a score card. The scores are multiplied by the Degree of Difficulty and points are awarded per dive.

West Valley Dive League										
DIVER NAME:			GENDER: <input type="checkbox"/> F <input type="checkbox"/> M		Place awarded					
TEAM:			AGE: 10&y 11&o							
DATE:			LEVEL: Adv Beg		Total Points Awarded					
T = Tuck P = Pike S = Straight F = Free										
JUDGES' SCORES										
Dive Order	Dive	Dive Exp.	1	2	3	4	5	Judge Total	DD	Points Awarded
1										
2										
3										
4										
5										
										Total Points Awarded
										Diver Signature
										Judge Signature

Championships

At the completion of the regular season meets, ALL divers qualify for the championship meet.

Saturday, July 13 - Surprise Pool

Sunrise RED/Sunrise PURPLE

Warm-ups: 7:00am

Sunrise GREEN/Peoria BLUE

Warm-ups: 7:30am

Meet Starts: 8:00am

AWARDS

All swimmers will receive ribbons for each of their dive meet events which they compete. Place judges/ribbon distributors (all volunteers) work together to ensure the proper place ribbons are given to each child.

Championship medals will be awarded to all participants at the Championships.

Trophies will be given to all swimmers at the end of season party on Saturday, July 20. If you are unable to attend the party, please pick up your trophy at the pool before July 28.

TEAM PICTURES/TEAM SUITS

Team pictures and team suits are optional. Please refer to your team webpage for further information.

END OF SEASON PARTIES

Saturday, July 20, 5:00pm-7:00pm

Home Pool

In celebration of a successful season, each team will have an evening of fun at the pool. We will provide pizza for swimmers and divers and their immediate family. Families are asked to provide drinks and a side dish to share. Trophies will be given to swimmers and divers at the party and the pool will be available for open swim from 5:00pm-7:00pm.



Have a great season!