



2014 SWIM MEET SCHEDULE

10 & Under - Warm ups:

Home Team 4:40pm-4:55pm Away Team 4:55pm-5:10pm

Meet Starts: 5:15pm

11 & older - Warm-ups / meet: begins immediately following the 10 & under meet. (estimated 60-90 minutes after start of meet)

Meet 1	SAT, MAY 31	Centennial Sea Turtles @ Sunrise Sharks	6 & u, 7-8 25 Free 25 Breast 100 Free Relay	
	10 & Under Warm ups: Home: 7:00am-7:25am Away: 7:25am-7:50am	Centennial Stingrays @ Peoria Piranhas	9-10 50 Free 25 Breast 200 Free Relay	
		Surprise Tsunami @ Surprise Swordfish	11-12 50 Free 50 Breast 200 Free Relay 13-14, 15-18 50 Free 50 Breast 200 Free Relay	
Meet 2	THU, JUNE 5	Surprise Tsunami @ Centennial Stingrays	6 & u, 7-8 25 Free 25 Back 100 Medley Relay	
	FRI, JUNE 6	Peoria Piranhas @ Sunrise Sharks	9-10 50 Free 50 Back 100 Medley Relay	
		Centennial Sea Turtles @ Surprise Swordfish	11-12 50 Free 50 Back 200 Medley Relay 13-14, 15-18 50 Free 50 Back 200 Medley Relay	
Meet 3	THU, JUNE 12	Centennial Stingrays @ Centennial Sea Turtles	6 & u, 7-8 100 Medley Relay 25 Free 25 Fly	
	FRI, JUNE 13	Surprise Swordfish @ Peoria Piranhas	9-10 100 IM 50 Free 25 Fly	
		Sunrise Sharks @ Surprise Tsunami	11-12 100 IM 50 Free 50 Fly 13-14, 15-18 100 IM 50 Free 50 Fly	
Meet 4	THU, JUNE 19	Peoria Piranhas @ Centennial Stingrays	6 & u, 7-8 25 Back 25 Breast 100 Free Relay	
	FRI, JUNE 20	Surprise Swordfish @ Sunrise Sharks	9-10 50 Back 25 Breast 200 Free Relay	
		Centennial Sea Turtles @ Surprise Tsunami	11-12 50 Back 50 Breast 200 Free Relay 13-14, 15-18 50 Back 50 Breast 200 Free Relay	
Splash & Dash	SAT, JUN 21	See reverse for more information	Sunrise Pool	
Meet 5	THU, JUNE 26	Peoria Piranhas @ Centennial Sea Turtles	6 & u, 7-8 100 Medley Relay 25 Free 25 Fly	
	FRI, JUNE 27	Centennial Stingrays @ Sunrise Sharks	9-10 100 IM 50 Free 25 Fly	
		Surprise Tsunami @ Surprise Swordfish	11-12 100 IM 50 Free 50 Fly 13-14, 15-18 100 IM 50 Free 50 Fly Optional 15-18 100 Free	
Distance Challenge	SAT, JULY 5	See reverse for more information		
10 & Under Champs	FRI, JULY 11	Tsunami / Sharks / Piranhas	Meet Starts: 5:30pm	Sunrise Pool
	SAT, JULY 12	Sea Turtles / Swordfish / Stingrays	Meet Starts: 8:00am	Sunrise Pool
11 & Older Champs	THU, JULY 17	All Teams	Meet Starts: 5:30pm	Surprise Pool
Finals	SAT, JULY 19	Top 8 swimmers from Champs	Meet Starts: 8:00am	Surprise Pool

SPLASH & DASH

SAT, JUN 21

GROUP	AGES	DISTANCE	START TIME*
1	6 & under	25 yard Swim / 100 yard Run	7:00am
2	7 - 8	25 yard Swim / 100 yard Run	7:15am
3	9 - 10	50 yard Swim / 400 yard Run	7:30am
4	11 - 12	50 yard Swim / 400 yard Run	7:45am
5	13 - 18	400 yard Swim / 1600 yard Run	8:00am
6	Adults	400 yard Swim / 1600 yard Run	8:30am

Sunrise Pool &
Sunrise Mountain
High School Field

*Start times are estimated. Actual times will be based on number of participants

DISTANCE CHALLENGE

SAT, JULY 5

Surprise Tsunami

@

Surprise Swordfish

Super Sprint Triathlon Distance	17 lengths
Sprint Triathlon Distance	33 lengths
Olympic Triathlon Distance	66 lengths
Half Ironman Distance	83 lengths
Ironman Distance	166 lengths

Centennial Stingrays

@

Sunrise Sharks

8 & Under 7:30am-8:30am

9-10 8:30am-9:45am

11 & Older 9:45am-11:45am

Centennial Sea Turtles

@

Peoria Piranhas

Swimmers will "snake" swim using all 8 lanes, climb out and go through the course as many times as possible/desired in the time allotted. Awards will be given out for the distance achieved for each swimmer.

CHAMPIONSHIPS

At the completion of the dual meet season, ALL swimmers will qualify for a Prelims Meet. Swimmers may swim up to 3 events during the meet. Coaches will work with swimmers to determine best/favorite events to swim. Coaches will enter enters for swimmers on July 5, so please make sure to turn in any special requests prior to that date. Times will be combined from the Prelims meets and top 8 overall times in each event will qualify for finals on Saturday, July 19.

10 & UNDER

Tsunami
Sharks
Piranhas

Friday, July 11
Sunrise Pool

Warm-ups:
Sharks 4:55-5:10pm
Tsunami/Piranhas 5:10-5:25pm
Meet starts: 5:30pm

6 & U

25 Free
25 Back
25 Breast
25 Fly

7-8

25 Free
25 Back
25 Breast
25 Fly

9-10

100 IM
50 Free
50 Back
25 Breast
25 Fly

10 & UNDER

Sea Turtles
Stingrays
Swordfish

Saturday, July 12
Sunrise Pool

Warm-ups:
Stingrays/Sea Turtles 7:25-7:40am
Swordfish 7:40-7:55am
Meet starts: 8:00am

11 & OLDER

All Teams

Thursday, July 17 Meet Starts: 5:30pm
Surprise Pool

Warm-ups: Piranhas/Sharks 4:40pm-4:55pm
Stingrays/Sea Turtles 4:55pm-5:10pm
Swordfish/Tsunami 5:10pm-5:25pm

11-12

100 IM
50 Free
50 Back
50 Breast
50 Fly

13-14

100 IM
50 Free
50 Back
50 Breast
50 Fly

15-18

100 IM
50 Free
50 Back
50 Breast
50 Fly
100 Free

FINALS

All Teams

Saturday, July 19 Meet Starts: 8:00am
Surprise Pool

Warm-ups: Swordfish/Tsunami 7:10am-7:25am
Stingrays/Sea Turtles 7:25am-7:40am
Piranhas/Sharks 7:40am-7:55am

Results from July 11 and July 12 will be combined and only the top 8 overall times will advance to the Finals (for 10 & unders). The top 8 from the 11 & older July 17 meet will also advance.

Heat sheets will be posted on team websites on Friday, July 18 by 2:00pm.

Meets will not be made up if cancelled due to inclement weather.* Rainout hotline (623) 773-5080.

*Prelims will take the place of Finals if one or more days of prelims is cancelled.

www.peoriaaz.gov/aquatics OR www.surpriseaz.gov