



ADULT INDOOR VOLLEYBALL RULES AND REGULATIONS

Welcome all coaches, officials, participants, and fans to the Peoria Adult Indoor Volleyball program. This program is based on good sportsmanship, fun, and exercise for all individuals involved. We hope that you will enjoy your experience in our program, just as we are looking forward to cooperating and communicating with you throughout the season. Our staff would like to take this time to wish you the best of luck this season.

PLAYING REGULATIONS

REGULATION 1: ROSTERS and CAPTAIN'S MEETINGS

1. All teams must be represented at the pre-season captain's meeting. If a team is not represented:
 - A: The team may be required to forfeit their first regular season match.
2. Players must be at least 16 years old prior to the start of the season.
 - A: Players ages 16 or 17 years of age must complete an Age Waiver Form before they compete.
3. Each team roster is to be submitted by the manager/coach at the time of registration. A team must have a minimum of six (6) players and a maximum of twelve (12) players on its roster to start the season.
4. The coach must be listed on the roster if he/she intends to play in ANY games.
5. A team may add up to 5 players throughout the course of the regular season.
 - A: No players will be added during the playoffs.
 - B: To add a player, please see any official before the start of your game.
6. Players may play for only one team per division.

REGULATION 2: ELIGIBILITY OF PLAYERS

1. A team captain may request ONLY one (1) eligibility check per game. An official will make a stoppage of time and the request must be made known to the league supervisor/official.
2. Eligibility requests MUST be made **prior** to the start of the start of the 2nd game of the match.
3. A player is illegal/ineligible if:
 - A: The player does not have a valid ID in possession (on bench),
 - B: The player's name does not appear on the roster or drop/add forms,
 - C: The player does not meet the age requirements, or
 - D: The player appears on more than one roster in the same division.

PENALTY

The illegal/ineligible player is automatically ejected from the game and the team using the illegal/ineligible player forfeits the game. A second ejection for the same player during the season **may** result in a suspension for the remainder of the season. All decisions made by the league supervisor/official in this matter are final.

REGULATION 3: PARTICIPANT CONDUCT

1. The supervisor and/or official have the authority to forfeit any game, eject players, coaches or fans **WITHOUT WARNING** from the game for any conduct deemed unbecoming or detrimental to the game.
2. **ALL COACHES ARE RESPONSIBLE FOR THE BEHAVIOR OF ANY PLAYERS, ASSISTANTS, OR FANS IN ATTENDANCE.**
3. The players' **Code of Conduct** is strictly enforced and will govern incidents and occurrences.
4. The consumption of alcoholic beverages by any player, coach, spectator, or other person attending the game, match or recreation activity **will not be tolerated**. Any individual that consumes or appears to have consumed alcohol will be asked to leave immediately. If the individual does not comply with the field supervisor's request to leave, that player's team will automatically forfeit the game and further consequences may be imposed. Alcohol is not allowed within the entire facility, including the adjacent parking lots, sidewalks, streets or alleys.
5. All conduct matters will be presented to the league coordinator for further consideration.

REGULATION 4: LEAGUE STANDINGS and TOURNAMENT FORMAT

1. Standings will be available at www.peoriaaz.gov/sports and will be updated weekly.
2. All teams will be seeded for the tournament, based on their regular season record. In the event of identical records, the following tie breaker system will be in effect:
 - A: Amount of Games Forfeited
 - B: Head to Head Match-Up
 - C: Number of Games Won
 - D: Number of Overall Points Scored
 - E: Coin Flip
3. If you know ahead of time that you will not be able to field a team please call the League Coordinator at
 - A: 623-773-7027 by 5:00p on that, or the previous, business day.

REGULATION 5: FORFEIT TIME

1. Scheduled start time is game time. If a team is not prepared to play:
 - A: Team will have a five minute grace period for the start of the first game of the match to reach the player requirements. After the first five minutes have expired the first game of the match will be declared a loss for that team.



- B:** Another five minutes will be granted. Once that second five minute time period has expired the second game of the match will also be declared a loss for that team.
 - C:** Another five minutes will be allowed. Once that third and final five minute time period has expired the third and final game of that match will be declared a loss for that team.
2. If a team forfeits three times, the team may be dropped from the league.
 3. If a team forfeits twice, the team will lose the right to pre-register for the following season.
 4. It is the team's responsibility to be at the court before the scheduled start time.

REGULATION 6: SITE SUPERVISOR and SCOREKEEPER

1. Each team captain must report to the Site Supervisor/Official at least ten (10) minutes prior to scheduled game time to report line-up and check-in.
2. The league director/officials will be responsible for keeping the score of each match.
 - A:** Captain's will be responsible for signing the official scorecard at the conclusion of each match.

REGULATION 7: PROTESTS

1. Official's judgment decisions cannot be protested.
2. All rule protests must be made before the start of the next play.
3. All decisions made by the league supervisor/official are final.

REGULATION 8: COMMUNICATION/GAME CANCELLATIONS

1. The Peoria Community Services Department reserves the right to adjust league format during the season.
 - A:** Unavoidable game cancellations due to facility issues and other factors will be rescheduled by the League Coordinator, unless unable due to prior facility conflicts. In the event that games are cancelled, pro-rated refunds may be given.
 - B:** Make-up games may be played on a night different than that of your league.
 - C:** Captains will be contacted by the City of Peoria in the event of a cancellation.
2. It is the responsibility of each captain to maintain regular communication with the League Coordinator for newsletters, flyers, rescheduling of games, tournament brackets, rulings, and standings.

PLAYING RULES

The officials will have final authority on all rules not covered in this document. This league will be governed by National Federation High School (NFHS) rules with the following modifications found in the document below. The Peoria Sports Office reserves the right to alter or modify rules as needed at any time during the season.

RULE 1: GAME/MATCH

1. A regulation match will consist of three (3) individual games.
 - A:** Each game will be worth one point in the overall standings.
2. The first two games of a regular season match will consist of rally scoring to twenty five (25) points.
3. The third game of a regular season match will consist of rally scoring to eighteen (18) points.
4. A post season tournament match will consist of a best two out of three game match.
 - A:** The first two games of a post season tournament match will consist of rally scoring to twenty five (25) points with a cap of thirty (30).
 - B:** The third game of a post season tournament match will consist of rally scoring to eighteen (18) points with a cap of twenty-one (21).
5. Teams will flip a coin prior to the first game of each match.
 - i. The winner of the coin flip shall receive the choice of serve/receive or which side of the court they would prefer play on.
 - B:** The team losing the coin flip will receive the opposite choice.
 - C:** The team not serving in game one will serve to start game two.
 - D:** Another coin flip will occur prior to the start of the third game of the match.
 - E:** The process of the coin flip will be repeated prior to each match.
 - F:** During the post season tournament the choice will automatically go to the higher seeded team.
6. Teams shall switch sides at the conclusion of the first game.

RULE 2: PLAYER REQUIREMENTS

1. All teams must have a minimum of three (3) players from the roster on the court.
 - A:** Coed teams must still have a minimum of two (2) females to start a match.
 - i. The third player may be either a man or a woman.
2. For coed matches there may never be more than four male players on the court at one time.
3. The number of female players allowed on the court is unlimited.
 - A:** A minimum of two (2) women need to be on the court at all times.
4. If at anytime a team cannot meet these requirements the match will be declared a forfeit.

RULE 3: SUBSTITUTIONS

1. There are no regulations on when and where a player can substitute on the court. Free substitution is allowed throughout the entire match. A player may only serve once per six person rotation.
 - A:** EXCEPTION: A team playing with fewer than six players.
2. Players may either substitute for another player or rotate into at particular spot on the floor.
 - A:** That spot must remain consistent for the duration of the game.
 - B:** When a player chooses to substitute for a specific player they may only go in and out of the game for that player.
3. All players must be in their legal playing position prior to the ball being served.
4. Teams are required to meet minimum player requirements at all times.

RULE 4: GAME PLAY

1. The player serving may do so from anywhere behind the end line.
2. The server is a back row player and **CANNOT** attack the ball above the horizontal plane of the net from in front of the ten foot line.
 - A:** If a male or female team is playing with only three (3) players, the server is still considered a back row player.
3. A player may only serve once in a team's six person rotation.
 - A:** This means that a minimum of five other players will serve prior to a player serving again for a second time during a game.
 - i. EXCEPTION: A team playing with fewer than six players.
4. The ball may contact any part of the body as long as it is legally hit. This includes any double contact on the first hit from any time a team is receiving the ball.
5. Players may set a serve.
6. A ball that hits the net and goes over is considered a legal serve and will count as a point if it lands inside the court of play.
7. A ball that hits the ceiling will be considered playable if it comes down in the court of play on that team's side.
 - A:** A ball that hits a side wall of the base of the track inside the gym at Rio Vista will be considered out of play.
8. Each team will receive a single one (1) minute time out for each game of the match.
 - A:** Timeouts do not carry over from one game to another.

RULE 5: CO-ED RULES

1. There are no special co-ed rules for purposes of this league.

RULE 6: JEWELRY

1. All jewelry must be removed before the start of the match.
2. Any ear or facial piecing unable to be removed may be taped with the approval of the site supervisor.
3. The game official may stop the match to ask a player to remove or conceal jewelry.
4. A player not complying with these rules will be asked to leave the court to resolve the issue with the supervisor.

RULE 7: COMMUNICATION and CONDUCT

1. Children must be supervised at all times.
 - A:** Children are required to stay in the bleachers/seats and must not play on any apparatus in the gym, in the foyers, or restrooms of the gym.
 - B:** If children are not kept in the bleachers/seats, under direct adult supervision, the gym supervisor will stop/forfeit the game if necessary.
2. Any communication to the officials or league director must be through the team captain or coach only.
 - A:** The captain or coach must identify him/herself to the game official prior to the game starting.
3. Any communication to the officials or league director must be done during a break in the game.
 - A:** DO NOT approach the league director during play to question him/her.



CODE OF CONDUCT - SPORTSMANSHIP

ALL RULES WILL BE STRICTLY ENFORCED. THE TERM "INDIVIDUAL" INCLUDES THE FOLLOWING: COACH, MANAGER, PLAYER, OR SPECTATOR. A TEAM IS RESPONSIBLE FOR THE CONDUCT OF ITS INDIVIDUAL PLAYERS AND SPECTATORS. MISCONDUCT MAY RESULT IN PENALIZING AN INDIVIDUAL OR TEAM FROM ALL CITY OF PEORIA LEAGUES AND TOURNAMENTS. THE TERM "OFFICIAL" INCLUDES THE FOLLOWING: UMPIRE, LEAGUE DIRECTOR, OR CITY STAFF.

No Individual Shall:

1. At any time lay a hand upon, shove, strike or threaten an official or individual.
 Minimum Penalty: Removed from league play for (1) calendar year and placed on (2) year probation.
 Maximum Penalty: Banned from the City of Peoria Sports Programs and assault charges filed.
2. Be guilty of objectionable demonstration of dissent by throwing gloves, balls, bats - or any other forceful actions.
 Minimum Penalty: Warning by official.
 Maximum Penalty: Ejection from game and playing field and a (1) game suspension..
3. Be guilty of using unnecessary rough tactics in the play of the game.
 Minimum Penalty: Ejected from game and playing area and (1) game suspension.
 Maximum Penalty: Banned from the City of Peoria Sports Programs and assault charges filed.
4. Be guilty of an abusive verbal attack upon any official or individual on or off the field of play.
 Minimum Penalty: Ejected from the game and playing area, (2) game suspension and probation for the remainder of the season.
 Maximum Penalty: Suspension for one full year and placed on probation for (6) months after reinstatement.
5. Use profane, obscene or vulgar language in any manner at any time on or off the playing field/court.
 Minimum Penalty: Warning by league official or umpire.
 Maximum Penalty: Ejection from game, (2) game suspension and probation for the remainder of the season.
6. Appear on the field in an intoxicated condition or under the influence of any type of drug that will infringe on the player's safety or the safety of others.
 Minimum Penalty: Ejection from game and probation for the remainder of the season.
 Maximum Penalty: Banned from the City of Peoria Sports Program.
7. Drink alcoholic beverages during a scheduled game.
 Minimum Penalty: Warning by official.
 Maximum Penalty: Team forfeits game and placed on probation for the remainder of season.
8. Be guilty of any demonstration of unsportsmanlike conduct.
 Minimum Penalty: Warning by official
 Maximum Penalty: Banned from the City of Peoria Sports Programs.

NOTE: Players, coaches, or managers who are on probation when another incident occurs can have their penalty increased to the maximum. If a player coach or manager is suspended from play and is found to be playing on another team, the penalty can be extended beyond the original time limit. The severity of the infraction will determine the penalty. Penalties can fall between the minimum and maximum. City staff, Recreation Coordinator and/or the Recreation Supervisor will determine the penalty within a reasonable amount of time.

As Team Manager, I have read the above sportsmanship conditions and have informed my players and coaches of the conditions, restrictions, and penalties.

Team Name _____

Manager Name (Print) _____

Manager Signature _____ Email _____

Date _____