



Dear Parents,

Welcome to the 2010 Peoria Swim and Dive League. We have been working hard to make changes to our swim team program that will benefit everyone involved. We would like to thank all of the people who have participated in the planning of this new league and we are excited for the season.

The Peoria Swim League consists of 4 swim teams:

Sunrise Sharks  
Centennial Stingrays  
Centennial Sea Turtles  
Peoria Piranhas

The Peoria Dive League consists of 4 dive teams:

Sunrise RED  
Sunrise PURPLE  
Peoria GREEN  
Peoria BLUE

The City of Peoria is proud to offer the swim and dive teams for the kids in our community. In order for us to have a successful season, we need the support of the families. We ask that one parent from each family volunteer to work one swim meet during the season. With the support of the families and the kids in our league, we can have a great season!

Please make sure to read this manual for swim team and dive team information. We will continue to update you with information on the swim team and dive team websites ([www.peoriaaz.gov/aquatics](http://www.peoriaaz.gov/aquatics)) and with weekly newsletters at the pools.

If you have any other questions or concerns, please let us know. Thanks and have a great season!

Sincerely,

Stacy Beadle, Aquatics Supervisor  
[Stacy.Beadle@peoriaaz.gov](mailto:Stacy.Beadle@peoriaaz.gov)  
(623) 773-5247

Seth Redden, Aquatics Coordinator  
[Seth.Redden@peoriaaz.gov](mailto:Seth.Redden@peoriaaz.gov)  
(623) 773-7143

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### Dive Team

## SWIM TEAM GOALS

We want to provide fun, safe, recreational swim teams for everyone to enjoy. Participants should work hard to improve, make new friends, cheer on others and have a fun summer.

All swimmers must realize that they are competing only against themselves. Each swimmer should give 100% in each race and workout. All swimmers and spectators should support and encourage all swimmers, including opposing teams. If everybody keeps this in mind, we will have a fun and successful season.

## COMMUNICATION

Communication with the staff/parents/swimmers is crucial for a successful season. In addition to this handbook, each swim team has their own web page at [www.peoriaaz.gov/aquatics](http://www.peoriaaz.gov/aquatics) and click on Swim Team on the left menu. We will update these pages weekly with information about your team.

A team newsletter will be created each week and posted at the pool and online on Mondays. This will include important schedule information and reviews from the past week.

If there are any issues/concerns/compliments that you would like addressed, please do not hesitate to contact us:

### Community Services Department Staff

Seth Redden, Aquatics Coordinator (623-773-7143 or [Seth.Redden@peoriaaz.gov](mailto:Seth.Redden@peoriaaz.gov))  
Stacy Beadle, Aquatics Supervisor (623-773-5247 or [Stacy.Beadle@peoriaaz.gov](mailto:Stacy.Beadle@peoriaaz.gov))

### Sunrise Sharks

Head Coach: Kori McMillin [Sharks@peoriaaz.gov](mailto:Sharks@peoriaaz.gov)  
Assistant Coaches: Josh Estfan  
Traci James  
Sammy Smart

### Centennial Sea Turtles

Head Coach: Shannon Orcutt [SeaTurtles@peoriaaz.gov](mailto:SeaTurtles@peoriaaz.gov)  
Assistant Coaches: Brian Mitchell  
Emily Dold  
Natalie Grover

### Centennial Stingrays

Head Coach: Jessi Jones [Stingrays@peoriaaz.gov](mailto:Stingrays@peoriaaz.gov)  
Assistant Coaches: Megan Estfan  
Alyssa Hanson  
Alli Gagliardi

## Peoria Piranhas

Head Coach: Kelli Orcutt [Piranhas@peoriaaz.gov](mailto:Piranhas@peoriaaz.gov)  
Assistant Coaches: Rikki Jo Chavarria  
Lindsey Moyle

## Evaluations

We appreciate any feedback that we receive regarding our programs. We have created this new City of Peoria Swim Team League based on evaluations and through focus groups and feedback from parents, coaches, staff, participants and other agencies. We will again be asking for parents to complete evaluations at the conclusion of the season and will make any changes that are possible to improve the league next year.

## **REQUIREMENTS**

Any swimmer age 18 or under on June 1, 2010 is eligible to join the swim team. Your age as of **June 1, 2010** determines your age group for the entire season. Swimmers may swim up an age group in order to fill a relay spot, but may not ever swim down an age group.

You must be registered BEFORE participating in any practice and/or swim meet.

Swimmers must be able to swim across the pool unassisted to be on swim team. A full refund will be given through May 28, 2010 for those who do not make it or those who do not wish to participate. Please call prior to May 28 to withdraw so waitlisted swimmers may be registered.

## **REGISTRATION**

Registrations will be taken on a first come, first serve basis. Full payment must be received at time of registration (scholarships are available for those in need. Please call 623-773-7137 for more information).

Resident Fee = \$80

Non-resident Fee = \$150

In order to ensure safe and productive practices and meets, team capacities have been determined. A waitlist will be kept until May 28, 2010 for any spots that may become available. Please see practice schedule for maximum capacities.

\*Family Registrations – 5 spots will be held for those with 2 or more children already registered (when their 3<sup>rd</sup> child is waitlisted). Spots will be filled on May 6 by 5:00pm based on the waitlist position. Any remaining spots will be opened back up on May 7<sup>th</sup> for those on the waitlist (without 2 siblings already registered).

## SWIM PRACTICES

Swim practices emphasize both conditioning and stroke technique. All four strokes (butterfly, backstroke, breaststroke, and freestyle) as well as starts and turns are practiced. Although not required, swimmers are encouraged to attend practices when possible.

Practices will be held Monday – Thursday from May 24 – July 16. Please check your swim team calendar for exceptions (Centennial Stingrays will practice on several Fridays due to Thursday evening meets). Swimmers should attend the practice time according to their age group. Coaches may move swimmers around to ensure the highest level of productivity at practice, but swimmers must only practice on the team they are registered for, and during one practice time.

Please do not leave small children unattended at the pool. Our coaches are very busy during practices and cannot babysit children.

### First Day of Practice

The first day of practice will be held on Monday, May 24. Swimmers should make sure to have sunscreen applied prior to practice. Goggles and a swim cap (for those with longer hair) are recommended, but not required.

Please be flexible on the first day, as coaches will be trying to learn everyone's names and get them in the right lanes.

Please see the following charts for practice times, registrations codes and maximum capacities:

## SUNRISE SHARKS

Age Group	Practice Times	Registration Code	Max Capacity	Lanes
15-18	6:45am-7:45am	58396	32	1 – 4
13-14	6:45am-7:45am	58395	32	5 – 8
11-12	7:45am-8:30am	58394	36	1 – 6
9-10	8:30am-9:15am	58393	36	1 – 6
8 & under	7:45am-8:15am	58392	32	7 – 8
	8:15am-8:45am			7 – 8
6 & under	8:45am-9:15am	58391	16	7 – 8

8 & under swimmers will be divided into 2 different groups on the first day of practice (Group A will practice from 7:45am-8:15am and Group B will practice from 8:15am-8:45am).

### CENTENNIAL SEA TURTLES

Age Group	Practice Times	Registration Code	Max Capacity	Lanes
15-18	7:45am-8:45am	58268	32	1 – 4
13-14	7:45am-8:45am	58267	32	5 – 8
11-12	8:45am-9:30am	58266	36	1 – 6
9-10	9:30am-10:15am	58265	36	1 – 6
8 & under	8:45am-9:15am	58264	32	7 – 8
	9:15am-9:45am			7 – 8
6 & under	9:45am-10:15am	58263	16	7 – 8

8 & under swimmers will be divided into 2 different groups on the first day of practice (Group A will practice from 8:45am-9:15am and Group B will practice from 9:15am-9:45am).

### CENTENNIAL STINGRAYS

Age Group	Practice Times	Registration Code	Max Capacity	Lanes
6 & under	6:15pm-6:45pm	58390	16	7 – 8
8 & under	6:45pm-7:15pm	58415	32	7 – 8
	7:15pm-7:45pm			7 – 8
9-10	6:15pm-7:00pm	58416	36	1 – 4
11-12	7:00pm-7:45pm	58417	36	5 – 8
13-14	7:45pm-8:45pm	58418	32	1 – 6
15-18	7:45pm-8:45pm	58419	32	1 – 6

8 & under swimmers will be divided into 2 different groups on the first day of practice (Group A will practice from 6:45pm-7:15pm and Group B will practice from 7:15pm-7:45pm).

### PEORIA PIRANHAS

Age Group	Practice Times	Registration Code	Max Capacity	Lanes
6 & under	3:15pm-3:45pm	58328	16	7 – 8
8 & under	3:45pm-4:15pm	58329	32	7 – 8
	4:15pm-4:45pm			7 – 8
9-10	3:15pm-4:00pm	58330	36	1 – 4
11-12	4:00pm-4:45pm	58331	36	5 – 8
13-14	4:45pm-5:45pm	58332	32	1 – 6
15-18	4:45pm-5:45pm	58333	32	1 – 6

8 & under swimmers will be divided into 2 different groups on the first day of practice (Group A will practice from 3:45pm-4:15pm and Group B will practice from 4:15pm-4:45pm).

## SWIM LESSONS/SWIM TEAM CLASSES

Swim team should not be considered a replacement for swim lessons. The classes are much smaller in swim lessons and individual needs are more easily met. Swimmers participating in both swim lessons and swim team reach their full potential quicker than others.

Swim Team Technique Classes will be offered at all 3 pools during the Summer Sessions. These classes are optional and are for those looking for additional instruction/practice.

Team	Class Time	Session 1 (May 24 – June 4)	Session 2 (June 7 – June 17)	Session 3 (June 21 – July 1)	Session 4 (July 5 – July 15)
Sunrise Sharks	9:20am-9:50am	59626	59627	59628	59629
Centennial Sea Turtles	10:20am-10:50am	59630	59631	59632	59633
Centennial Stingrays	5:35pm-6:05pm	59634	59635	59636	59637
Peoria Piranhas	2:45pm-3:15pm	59638	59639	59640	59641

Classes are held Monday-Thursday for two weeks (Centennial Stingrays will be held M, T, W, F for two weeks). \$18/residents, \$50 non-residents (non-residents at Peoria and Centennial save \$25).

## SWIM MEETS

Each team will compete in 6 regular season dual meets, a Splash & Dash and championships at the end of the season. Attendance is not required for any of the meets, but you must have swam your events at least once to qualify for championships (see CHAMPIONSHIPS on page 9).

### Dual Meets

Your team will swim with each City of Peoria Swim Team twice during the regular season (one home meet and one away meet). All meets are split into 2 sections: 10 & under (includes 6 & under, 7-8 and 9-10 age groups) and 11 & older (includes 11-12, 13-14 and 15-18 age groups).

Please make sure to arrive on-time for the meets. A warm-up period is allowed for both groups, and it is recommended that all swimmers participate in warm-up. The facility will open 15 minutes prior to the start of warm-ups. If you are in the 11 & older group, you do not need to show up until the 11 & older warm-up time.

Swimmers will swim 3 events at each meet (see Swim Meet event Breakdown on page 17 for specific events). All swimmers will be able to swim on a relay when relays are included in the meet. A swimmer may be asked to swim in a different age group to ensure everyone gets to participate in the relays.

Swimmers should stay in to or near the team area. Once the swimmer's event is called,

they should report to the coach near the blocks. Coaches will be there to assist swimmers, but it is the swimmer's responsibility to know when their race is.

Thursday Meets:

10 & under Warm-ups: 4:40pm-5:00pm (Home) 5:00pm-5:20pm (Visitors)  
 Meet Starts: 5:30pm  
 11 & older\* Warm-ups: Estimated between 6:30pm-7:00pm\*  
 Meet Starts: Estimated 7:00pm\*

Friday Meets:

10 & under Warm-ups: 4:40pm-5:00pm (Home) 5:00pm-5:20pm (Visitors)  
 Meet Starts: 5:30pm  
 11 & older\* Warm-ups: Estimated between 6:30pm-7:00pm\*  
 Meet Starts: Estimated 7:00pm\*

Saturday Meets:

10 & under Warm-ups: 6:40am-7:00am (Home) 7:00am-7:20am (Visitors)  
 Meet Starts: 7:30am  
 11 & older\* Warm-ups: Estimated between 8:30am-9:00am\*  
 Meet Starts: Estimated 9:00am\*

\*The 11 & older warm-up will begin immediately following the 10 & under meet. Times are estimated, so please be flexible.

Make sure to bring:

- Sunscreen
- Team suit/cap/goggles (if desired)
- Towel
- Water or sports drink to stay hydrated

Splash & Dash

The Splash & Dash is not required for members of the swim team, but is offered free of charge for swim team members. Please register prior to June 29 if you wish to participate.

Saturday, July 3, 2010  
 Sunrise Pool/Fields  
 7:00am-9:30am

	<b>Ages</b>	<b>Start Time</b>	<b>Distances (yards)</b>	<b>Registration Code</b>
<b>Group 1</b>	8 & under	7:00am	25 Swim / 100 Run	59662
<b>Group 2</b>	9 - 12	7:30am	100 Swim / 400 Run	59663
<b>Group 3A</b>	13 - 18	8:00am	100 Swim / 400 Run	59664
<b>Group 3B</b>	13 - 18	8:30am	400 Swim / 1600 Run	59665

The dive well will be open from 6:45am-8:30am for warm-up/cool down.

## Championships

At the completion of the dual meet season, ALL swimmers qualify for a championship meet, either the Friday Championships or the Saturday Championships.

Swimmers who meet the Saturday Championships time standards will swim at the Saturday Championships (see page 18 for Saturday Championships Time Standards). All other swimmers will swim at the Friday Championships. Each swimmer may swim up to 3 events at their Championship meet. However, you must have at least one recorded time for the event which you are entering.

If a swimmer qualifies in less than 3 events, but more than 1, they may choose either meet to participate in. A swimmer may not swim on Friday in any event that they have qualified for Saturday in. Swimmers may only swim in one championship meet. There are no relays at either championship meet. Coaches will be entering events for swimmers on Monday, July 12. Please make sure to turn in any special requests prior to that date (forms will be available the previous week at practice).

### Friday Championships: July 16 – Sunrise Pool

10 & under:

Warm-ups: 4:40pm-5:00pm (Sharks/Sea Turtles) 5:00pm-5:20pm (Piranhas/Stingrays)

Meet Starts: 5:30pm

11 & older\*:

Warm-ups: Estimated between 7:00pm-7:30pm\*

Meet Starts: Estimated 7:30pm\*

### Saturday Championships: July 17 – Sunrise Pool

10 & under:

Warm-ups: 6:40am-7:00am (Sharks/Sea Turtles) 7:00am-7:20am (Piranhas/Stingrays)

Meet Starts: 7:30am

11 & older\*:

Warm-ups: Estimated between 9:00am-9:30am\*

Meet Starts: Estimated 9:30am\*

## **PARENT VOLUNTEERS**

In order for our swim meets to run smoothly, we need the assistance of the parents. We ask that one parent from each family volunteer to help for at least one swim meet during the year (feel free to sign up for more than one!). Sign-ups will be available during the parents meeting and the first week of practice.

**Timers/Ribbon Distributors** – Best seat in the house. These volunteers are given stop watches to time the swimmers in their lane (preferably 2 timers per lane). They also assist with the distribution of ribbons to each swimmer following their race.

**Place Judges** – These volunteers write down the order of places for the swimmers and then hand off the results to the timers/ribbon distributors.

**Starter** – Is responsible for starting each race and assisting with announcements. A brief training session will be given following the parents meeting on Saturday, May 22 for all positions.

If you are unable to volunteer your time, we ask that you donate a case of bottled water for the volunteers. Water can be dropped off to the cashiers following practice.

### **AWARDS**

All swimmers will receive ribbons for each of their swim meet events which they compete. Place judges/timers/ribbon distributors (all volunteers) work together to ensure the proper place ribbons are given to each child.

Championship medals will be awarded to all participants at the Friday and Saturday Championships. An electronic timing system will be used during the Friday and Saturday Championship Meets to assist with the placement of the swimmers.

Trophies will be given to all swimmers at the end of season party on Saturday, July 17. If you are unable to attend the party, please pick up your trophy at the pool before July 30.

### **TEAM PICTURES**

Team pictures will be taken on the following dates:

Sunrise Sharks:	Wednesday, June 9
11 & up individuals	7:30am-8:30am
10 & under individuals	9:00am-10:00am
Team Picture	8:30am (Please arrive by 8:15am)
Centennial Sea Turtles:	Tuesday, June 8
11 & up individuals	8:00am-9:00am
10 & under individuals	9:30am-10:30am
Team Picture	9:00am (Please arrive by 8:45am)
Centennial Stingrays:	Tuesday, June 8
11 & up individuals	6:30pm-7:30pm
10 & under individuals	5:00pm-5:45pm
Team Picture	5:45pm (Please arrive by 5:30pm)
Peoria Piranhas:	Wednesday, June 9
11 & up individuals	4:45pm-5:15pm
10 & under individuals	3:45pm-4:30pm
Team Picture	4:30pm (Please arrive by 4:15pm)

Team pictures are taken by Sun Photography and are not mandatory. Please see page 20 for ordering information. We will update the website when the pictures are available for pick up at the pools. Please make sure to pick up your pictures prior to July 30.

## TEAM SUITS

The swim team suits will be a TYR Twilight Zone Suit this year. Team suits are not mandatory. East Valley Sports (480-832-8172) gives City of Peoria Swim Teams a discount on team suits (see flyer on page 19 for more information). East Valley Sports will be at the pools on the following dates for fittings and purchasing:

### **Saturday, May 22, 2010**

8:30am-10:30am at Centennial Pool  
8:30am-9:30am at Peoria Pool  
11:00am-12:00pm at Sunrise Pool

### **Wednesday, May 26, 2010**

8:00am-10:00am at Sunrise Pool  
5:45pm-7:45pm at Centennial Pool

 <b>All Female Sizes 22-28</b> MSRP \$59.00 w/Disc. \$41.30, w/ tax \$44.62		 <b>All Female Sizes 30-40</b> MSRP \$61.00 w/Disc. \$42.70, w/ tax \$46.14	
			
Centennial Stingrays Twilight Zone - Purple	Peoria Piranhas Twilight Zone - Blue	Centennial Sea Turtles Twilight Zone - Green	Sunrise Sharks Twilight Zone - Red
			
 <b>All Male Sizes 22-28</b> MSRP \$40.00 w/Disc. \$30.00, w/ tax \$32.42		 <b>All Male Sizes 30-40</b> MSRP \$42.00 w/Disc. \$31.50, w/ tax \$34.04	

The team suit designs will remain the same for 2 years. Prints will change in 2012, but the team colors will remain the same for each team.

## TEAM APPAREL

Optional team shirts and visors are available for purchase. These items are not mandatory. We will place an order on Tuesday, May 25<sup>th</sup> and on Tuesday, June 8<sup>th</sup>. We will update the team websites when the shirts/visors are available for pick up at the pools. Please purchase items with codes on the following chart:



	Sunrise Sharks	Centennial Sea Turtles	Centennial Stingrays	Peoria Piranhas
T-shirts (\$12)	59642	59644	59646	59648
Tank Tops (\$12)	59643	59645	59647	59649
Polo Shirts (\$30)	59650	59651	59652	59653
Visors-Adult (\$15)	59654	59656	59658	59660
Visors – Youth (\$15)	59655	59657	59659	59661

Swim caps are also available for purchase from the cashier for \$5.

### END OF SEASON PARTIES

Saturday, July 17, 5:00pm-7:00pm  
Home Pool

In celebration of a successful season, each team will have an evening of fun at the pool. We will provide pizza for swimmers and their immediate family. Trophies will be given to swimmers at the party and the pool will be available for open swim from 5:00pm-7:00pm. More details will be available in your newsletters as the date approaches.



## Have a great season!

# Sunrise Sharks

Wednesday, May 5, 6:00am

Thursday, May 6, 6:00am

Saturday, May 22, 10:00am

Monday, May 24

Thursday, June 3

Wednesday, June 9

Friday, June 11

Saturday, June 19

Saturday, June 26

Thursday, July 1

Saturday, July 3

Saturday, July 10

Tuesday, July 13

Friday, July 16

Saturday, July 17

Saturday, July 17, 5:00pm

Registration (residents, online only)

Registration (non-residents/in person)

Parents Meeting @ Sunrise

Practices Begin

Sharks @ Centennial Sea Turtles

Picture Day

Sharks @ Peoria Piranhas

Centennial Stingrays @ Sharks

Centennial Sea Turtles @ Sharks

Sharks @ Centennial Stingrays

Splash & Dash @ Sunrise

Peoria Piranhas @ Sharks

Championship Entries Due

Friday Championships

Saturday Championships

Team Party @ Sunrise



# Centennial Sea Turtles

Wednesday, May 5, 6:00am

Thursday, May 6, 6:00am

Saturday, May 22, 7:30am

Monday, May 24

Thursday, June 3

Tuesday, June 8

Thursday, June 10

Thursday, June 17

Saturday, June 26

Friday, July 2

Saturday, July 3

Thursday, July 8

Tuesday, July 13

Friday, July 16

Saturday, July 17

Saturday, July 17, 5:00pm

Registration (residents, online only)

Registration (non-residents/in person)

Parents Meeting @ Centennial

Practices Begin

Sunrise Sharks @ Sea Turtles

Picture Day

Sea Turtles @ Centennial Stingrays

Peoria Piranhas @ Sea Turtles

Sea Turtles @ Sunrise Sharks

Sea Turtles @ Peoria Piranhas

Splash & Dash @ Sunrise

Centennial Stingrays @ Sea Turtles

Championship Entries Due

Friday Championships

Saturday Championships

Team Party @ Centennial



# Centennial Stingrays

Wednesday, May 5, 6:00am

Thursday, May 6, 6:00am

Saturday, May 22, 7:30am

Monday, May 24

Friday, June 4

Tuesday, June 8

Thursday, June 10

Saturday, June 19

Thursday, June 24

Thursday, July 1

Saturday, July 3

Thursday, July 8

Tuesday, July 13

Friday, July 16

Saturday, July 17

Saturday, July 17, 5:00pm

Registration (residents, online only)

Registration (non-residents/in person)

Parents Meeting @ Centennial

Practices Begin

Stingrays @ Peoria Piranhas

Picture Day

Centennial Sea Turtles @ Stingrays

Stingrays @ Sunrise Sharks

Peoria Piranhas @ Stingrays

Sunrise Sharks @ Stingrays

Splash & Dash @ Sunrise

Stingrays @ Centennial Sea Turtles

Championship Entries Due

Friday Championships

Saturday Championships

Team Party @ Centennial



# Peoria Piranhas

Wednesday, May 5, 6:00am

Thursday, May 6, 6:00am

Saturday, May 22, 7:30am

Monday, May 24

Friday, June 4

Wednesday, June 9

Friday, June 11

Thursday, June 17

Thursday, June 24

Friday, July 2

Saturday, July 3

Saturday, July 10

Tuesday, July 13

Friday, July 16

Saturday, July 17

Saturday, July 17, 5:00pm

Registration (residents, online only)

Registration (non-residents/in person)

Parents Meeting @ Peoria Pool

Practices Begin

Centennial Stingrays @ Piranhas

Picture Day

Sunrise Sharks @ Piranhas

Piranhas @ Centennial Sea Turtles

Piranhas @ Centennial Stingrays

Centennial Sea Turtles @ Piranhas

Splash & Dash @ Sunrise

Piranhas @ Sunrise Sharks

Championship Entries Due

Friday Championships

Saturday Championships

Team Party @ Peoria Pool



# SWIM MEET BREAKDOWN

	6 & under	7-8	9-10	11 & older
Swim Meet 1	25 Free, 25 Back, 100 Free Relay	25 Free, 25 Back, 100 Free Relay	50 Free, 50 Back, 200 Free Relay	50 Free, 50 Back, 200 Free Relay
Swim Meet 2	25 Free, 25 Breast, 100 Free Relay	25 Free, 25 Breast, 100 Free Relay	50 Free, 50 Breast, 100 Medley Relay	50 Free (15-18=100 Free) 50 Breast, 200 Medley Relay
Swim Meet 3	25 Free, 25 Fly, 100 Medley Relay	25 Free, 25 Fly, 100 Medley Relay	100 IM, 50 Free, 25 Fly	100 IM, 50 Free, 50 Fly
Swim Meet 4	25 Free, 25 Back, 100 Free Relay	25 Free, 25 Back, 100 Free Relay	50 Free, 50 Back, 200 Free Relay	50 Free, 50 Back, 200 Free Relay
Splash & Dash	25 Swim/100 Run	25 Swim/100 Run	100 Swim/400 Run	100 Swim/400 Run or 400 Swim/1600 Run
Swim Meet 5	25 Free, 25 Breast, 100 Free Relay	25 Free, 25 Breast, 100 Free Relay	50 Free, 50 Breast, 100 Medley Relay	50 Free (15-18=100 Free) 50 Breast, 200 Medley Relay
Swim Meet 6	25 Free, 25 Fly, 100 Medley Relay	25 Free, 25 Fly, 100 Medley Relay	50 Free, 25 Fly, 100 IM	50 Free, 50 Back, 200 Free Relay
Friday Championships	25 Free, 25 Back, 25 Breast, 25 Fly	25 Free, 25 Back, 25 Breast, 25 Fly	50 Free, 50 Back, 50 Breast, 25 Fly	50 Free, 50 Back, 50 Breast, 50 Fly
Saturday Championships	N/A	25 Free, 25 Back, 25 Breast, 25 Fly	50 Free, 50 Back, 50 Breast, 25 Fly, 100 IM	50 Free, 50 Back, 50 Breast, 50 Fly, 100 IM, 100 Free (15-18 only)

Saturday Championship Qualifying times will be posted on  
Monday, June 14.

# 2010 City of Peoria Summer Teams

## Centennial Pool Fitting\*

May 22<sup>nd</sup> 8:30-10:30am  
May 26<sup>th</sup> 5:45-7:45pm

## Peoria Pool Fitting\*

May 22<sup>nd</sup> 8:30-9:30am

## Centennial Pool Fitting\*

May 22<sup>nd</sup> 8:30-10:30am  
May 26<sup>th</sup> 5:45-7:45pm

## Sunrise Pool Fitting\*

May 22<sup>nd</sup> 11:00am-12:00pm  
May 26<sup>th</sup> 8:00-10:00am

**\*Swimmers may attend any fitting**

### **TYR All Female Sizes 22-28**

MSRP \$59.00 w/Disc. **\$41.30**, w/ tax **\$44.62**



Centennial Stingrays  
Twilight Zone - Purple



Peoria Piranhas  
Twilight Zone - Blue

### **TYR All Female Sizes 30-40**

MSRP \$61.00 w/Disc. **\$42.70**, w/ tax **\$46.14**



Centennial Sea Turtles  
Twilight Zone - Green



Sunrise Sharks  
Twilight Zone - Red



### **TYR All Male Sizes 22-28**

MSRP \$40.00 w/Disc. **\$30.00**, w/ tax **\$32.42**

### **TYR All Male Sizes 30-40**

MSRP \$42.00 w/Disc. **\$31.50**, w/ tax **\$34.04**



480-832-8172

6306 E. Main Street  
NEC of Main and 63<sup>rd</sup> Street  
½ mile light between  
Power and Recker Roads

#### STORE HOURS

Mon. - Fri. 10:00 - 6:00  
Sat. 10:00 - 5:00  
Sun. CLOSED

#### Online Ordering at

[www.eastvalleysports.com](http://www.eastvalleysports.com)

#### ACCEPTED FORMS OF PAYMENT

Checks w/ photo ID  
Cash



All major credit cards accepted

## \$ Team Discount

Offered on all swim accessories



## \$ ½ Price Practice Suits

Male & Female, various styles and prices



NAME: \_\_\_\_\_ PARENT: \_\_\_\_\_

TEAM/CLUB: \_\_\_\_\_ PHONE: \_\_\_\_\_



14960 W. Cortez Street  
Surprise, AZ 85379  
(602) 369-3694

<b>1 – 8X10 SWIM TEAM PHOTO</b>
<b>2 – 5X7 INDIVIDUAL PHOTOS</b>
<b>6 – INDIVIDUAL WALLET SIZE PHOTOS</b>
Total Price for all above Photos..... \$20.00
\$10.00 ..... 1– 8X10 Team Only Photo

**Cash, Check or Money Order Only**

**\*\*Please make checks payable to Sun Photography\*\***