COMMUNITY RESOURCE GUIDE

Brought to you by
the City of Peoria and the City of Surprise
The City of Peoria and City of Surprise collaborated to create this quick reference guide to provide contact information for assistance with food, shelter, homelessness, domestic violence and many other local resources. This guide is intended to provide general information and is not considered to be all inclusive. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. The user assumes the risk related to the use of any of this information.

Peoria SUPPORT

📞 623.773.7070 • TTY/TDD: 623.773.7221
peoriasupport@peoriaaz.gov

City of Surprise
Human Service & Community Vitality

📞 623.222.1600 • TTY: 623.222.1002
surprisecares@surpriseaz.gov

The most up-to-date version of this guide can be located online at peoriaaz.gov/peoriaSUPPORT and surpriseaz.gov/HSCV
City of Peoria Programs

www.peoriaaz.gov
www.facebook.com/CityofPeoriaAz

Peoria Community Assistance Division ..................................623-773-7070
https://www.peoriaaz.gov/communityassistance
Emergency Home Repair Program .....................................623-773-5140
(Must be an income qualified Peoria homeowner)
HOA contact information and registration .........................623-773-5140
Community Assistance Resource Center (Human Services) ....623-773-7070
8335 W Jefferson St. Peoria, AZ 85345 Hrs. M-F, 8am – 5pm
Neighborhood Grant Program ..........................................623-773-5140
Tool Lending Program (must be a Peoria resident)..............623-773-7514
Water Payment Assistance Program ..................................623-773-7070

Peoria Attorney’s Victim Assistance Unit .........................623-773-7414
Provides support services to crime victims

Peoria Community Center ...............................................623-773-7436
www.peoriaaz.gov/communitycenter
Active Adult Program: classes, trips, health and fitness, special events, educational courses and lunches served daily M-F.
Adaptive Recreation: DES/DDD services (DTA, DTT, DTS, GSE), Special Olympics, bowling, weekly dance, special events, trips and various classes.
Food programs: Various food programs for youth, teens and families distributed throughout the week. Call for details.
Youth Programs: weekly activities, tournaments and special events.

Peoria Community Services .................................................623-773-7137
www.peoriaaz.gov/recreation
Before/after school care, preschool, teens, sports, summer programs and reduced fees for qualifying youth. Programs at Rio Vista for all ages (reduced rates for qualifying families/persons).

www.peoriaaz.gov/dialaride
After Hours: ............................................................................623-693-1043
Leave message to reserve an ADA trip.
ADA Service Hrs. M - F 4:30am– 9pm, Sat., Sun. & Holidays 6 am– 10pm
Provides curb-to-curb, advance reservation transportation of Peoria residents. Vehicles available that are wheelchair accessible. Trips can be reserved between 1 and 14 days in advance.

Peoria Rio Vista Recreation Center .................................623-773-8600
www.peoriaaz.gov/riovista
Silver Sneakers and health programs available.

Peoria Fire-Medical Administration Non-Emergency ........623-773-7279
www.peoriaaz.gov/fire
www.facebook.com/PeoriaFireMedicalDepartment
Peoria Fire-Medical Services ..................................................623-773-7919
Lock box program, smoke detector help, home safety visits, car seat inspections, CPR classes and safety education.
City of Surprise Programs

www.surpriseaz.gov

Surprise Human Services & Community Vitality
www.surpriseaz.gov/3320/Human-Service-Community-Vitality
www.facebook.com/surprisecares
Neighborhood Services..............................................................623-222-3238
Emergency Home Repair Program........................................623-222-3240
Neighborhood Grant Program ................................................623-222-3239
Water Payment Assistance Program ........................................623-222-4673
City of Surprise Resource Center ............................................623-222-1600
Resource Center (CAP Office).................................................623-222-HOPE (4673)
www.surpriseaz.gov/3588/Surprise-Resource-Center
Eviction prevention, utility assistance, Medicare benefits counseling, Veteran job club, Veteran homeless services and Veteran employment.

Surprise Senior Center ..........................................................623-222-1500
www.surpriseaz.gov/Senior-Services
15832 N. Hollyhock St. Surprise, AZ 85378
Active adult program: Congregate Meal Program, classes, trips health and fitness, Silver Sneakers, special events and educational courses.

Surprise Community Recreation Services ..........................623-222-2000
www.surpriseaz.gov/17/Community-Recreation-Services
Provides adaptive recreation: Special Olympics, bowling and weekly classes, camp, Tot time and summer camps.
Youth and Teen programming .................................................623-222-2251
Provides Weekly activities, tournaments and special events.
Aquatics Center .......................................................................623-222-2500
Countryside Recreation Center ...............................................623-222-2626
Sierra Montana Recreation Center ...........................................623-222-2600

Surprise Fire-Medical Administration Non-Emergency ......623-222-5000
www.surpriseaz.gov/8/Fire-Medical-Department

Surprise I-HELP .....................................................................623-222-1679
In partnership with Lutheran Social Services, IHELP is a unique shelter model that provides homeless individuals with hope and opportunity for a better future by offering overnight shelter, meals, showers, case management, and connections to community services.

Surprise Police Non-emergency ..............................................623-222-4000
www.surpriseaz.gov/882/Police-Department

Surprise Youth Services .........................................................623-222-8336

Surprise City Court .................................................................623-222-4800
www.surpriseaz.gov/238/City-Court
Basic Needs/Multiple Service Offerings

Arizona Suicide Prevention Coalition .............................................602-248-8337
www.azspc.org
Survivors, professionals, supporters and anyone who is interested in the issues surrounding suicide are invited to info our site for additional information.
Coalition meetings are 2nd Tuesday of every month. Call for details.

Catholic Charities Community Services.................................602-285-1999
www.CatholicCharitiesAz.org
www.facebook.com/CatholicCharitiesAZ
4747 N. 7th Ave., Phoenix, AZ 85013
Programs include domestic violence, foster care, youth programs, parenting, immigration and Westside Head Start.

Community Action Program (CAP)
www.azdes.gov
www.facebook.com/OfficialArizonaDES
Peoria 8335 W Jefferson St, Peoria 85345 ........................................623-979-3911
Surprise .................................................................623.222.HOPE (4673)
Offers assistance with: Utilities, rent, food, referral to senior services and case management.

Department of Economic Security (DES) .........................602-542-4791
www.azdes.gov
https://www.facebook.com/OfficialArizonaDES/
Services Contact Numbers:
Office of Community Engagement (1789 W Jefferson St., Phoenix) ..... 602-542-2274
Aging and Adult Services (DAAS) ........................................... 602-542-4446
Adult Protective Services ........................................ 877-SOS-ADULT (877-767-2385)
AZ Early Intervention Program (AZEIP) ................................. 602-532-9960
Benefits and Medical Eligibility (DBME)) ............................. 855-777-8590
Child Care Assistance .................................................. 602-542-4248
Child Support Services (DCSS) ........................................ 602-252-4045
Developmental Disabilities (DDD) ..................................... 602-542-0419
Employment Services .................................................. 602-542-4910
Medical Assistance .................................................... 855-432-7587
Ombudsman ...................................................................... 602-364-2860
Rehabilitation Services .................................................... 602-542-3332
Tribal Relations .............................................................. 602-542-1290
Volunteer Engagement ..................................................... 602-542-1991

DES Child Care Administration (Peoria Local Office) ...............602-771-0014
Peoria Location: 8990 W. Peoria Ave., Peoria, AZ 85345

Hours: M-F 8am – 5pm
Child Care Assistance ........................................ 602-771-0014
Dept. of Child Services ................................................. 602-771-0013
Dept. of Developmental Disabilities ................................. 602-771-0012
Family Assistance Administration ................................ 602-771-0011

Dysart Community Center ...............................................623-249-3812
www.dysartcommunitycenter.org
Hours 10:00 - 8:00 Monday through Thursday - GED, ESL, Adult Citizenship classes
After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7
First Saturday Mobile Pantry. Hours 9:00 – 11:00
Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.

**Native American Connections (Administrative Office)........602-254-3247**
www.nativeconnections.org
Improves the lives of individuals and families through Native American culturally appropriate behavioral health, affordable housing, and community development services.

- Outpatient & Assessment ........................................................................................................ 602-424-2060
- Housing Rental & Office Leasing Center ..............................................................................602-2543247

**Salvation Army Sun City..............................................................623-977-1084**
suncities.salvationarmy.org
www.facebook.com/thesalvationarmy.suncitieswestvalleycorps
www.needhelppayingbills.com
17420 N Avenue of the Arts, Surprise, AZ 85378
Hours: M-F 9am-4pm; closed 12pm-1pm for lunch
Food box assistance line .............................................................................................................623-977-1084
Offers assistance with an emergency food program, utilities and is a hydration station. Provides services to the following cities: Peoria, Youngtown, Sun City, Sun City West, Waddell, El Mirage, Surprise and Wittmann.

**St Vincent de Paul .................................................................602-266-HOPE (4673)**
www.stvincentdepaum.net/programs
www.facebook.com/StVincentdePaulPhx
Food Box Assistance Line/ Financial Assistance .................................................................602-266-4673
Medical/Dental ......................................................................................................................... 602-261-6868
Shelter/Clothing ....................................................................................................................... 602-261-6883
Medical Equipment Loan ........................................................................................................ 602-261-6896
Housing Assistance/Utility Assistance/through 211 ............................................................877-211-8661

**Zuri’s Circle ...........................................................................480-779-ZURI (9874)**
www.zuriscircle.org
https://www.facebook.com/ZurisCircle/
Provides temporary assistance during unforeseen hardship to individuals, families and the homeless. Supporting the need of food boxes, hygiene bags, clothing and furniture.

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**Behavioral Health/Substance Abuse**

**Abraham Low Self - Help Systems (Christian Church)........623-974-0566**
www.recoveryinternational.org/meetings
Weekly group meetings for people with mental health challenges (depression, anxiety, etc.) using a self-help method.

**Addiction Haven ........................................................................480-277-3408**
www.addictionhaven.com
Works with families, adolescents, adults and community stakeholders who have been impacted by substance use through community events, one on one peer support, outreach and support meetings.

**American Foundation for Suicide Prevention........888-333-AFSP (2377)**
Crisis Line (24/7) ...................................................................................................................... 800-273-TALK (8255)
www.afsp.org
www.facebook.com/AFSPnational
Not-for-Profit organization exclusively dedicated to preventing suicide.

**AZ Youth & Family Services** .............................................602-277-4833  
[www.azvfs.org](http://www.azvfs.org)
Community mental health agency serving children, adolescents and families.

**Community Bridges** .................................................. 623-643-9678  
[www.communitybridgesaz.org](http://www.communitybridgesaz.org)  
[www.facebook.com/communitybridgesaz](http://www.facebook.com/communitybridgesaz)
24/7 Access to care line
Services: Patient-centered medical home, inpatient, outpatient, access point, transition point, crisis mobile teams, stabilization, and recovery unit, opioid treatment and residential treatment.

**Crystal Meth Anonymous** ................................. 602-235-0955/ 800-877-METH  
[www.CMAAZ.org](http://www.CMAAZ.org)
A fellowship of people who share their experience, strength and hope with each other, so they may solve their common problem and help others recover from addiction to crystal meth.

**Family Involvement Center** ....................... 602-288-0155 / 877-568-8468  
[www.familyinvolvementcenter.org](http://www.familyinvolvementcenter.org)  
[www.facebook.com/FollowFIC](http://www.facebook.com/FollowFIC)
Support & resources for parents who are navigating behavioral and physical health, schools, developmental disabilities, juvenile justice, child welfare and other systems to meet their child’s and family’s needs.

**Intensive Treatment Systems** ................................. 855-245-6350  
[www.itsofaz.com](http://www.itsofaz.com)
Access Point Clinic in Phoenix open 24 hours a day - 7 days a week.
We provide Medication Assisted Treatment (MAT) for Drug and Alcohol Addiction. Our outpatient clinic offers MAT, Counseling, 1-1, individual and group, IOP, Integrated Care and Peer Support Services.
Transportation is available for appointments. We work with all 7 Medicaid Health Plans, TriWest for Veterans, AIHP and have funding available for people who do not have insurance or who are under insured.

**Marc Community Resources** ................................. 480-994-4407  
[www.marccr.com/arizona-mental-behavioral-health-information-resources/](http://www.marccr.com/arizona-mental-behavioral-health-information-resources/)
Provides information and resources. Helping people navigate the often confusing world of the Arizona mental health system, locating the professionals and organizations best able to assist the individuals.

**Mercy Maricopa Integrated Care** 24/7 ....602-586-1841/ 800-564-5465  
[www.mercymaricopa.org](http://www.mercymaricopa.org)  
[www.facebook.com/MercyMaricopa](http://www.facebook.com/MercyMaricopa)
Helping connect residents in Maricopa County and parts of Pinal County to behavioral health, substance use and crisis care services.

**MIKID (Mentally Ill Kids in Distress)** .......................... 602-253-1240  
[www.mikid.org](http://www.mikid.org)  
[www.facebook.com/MIKIDarizona](http://www.facebook.com/MIKIDarizona)
Hours: M-F 8am - 4pm
Provides: case management, individual/group respite, living skills individual/group, youth peer support, family support, chronic disease self-management, SafeTALK and signs of suicide training, mental health first aid program and cultural competency training.
Mental Health America of Arizona
www.mhaarizona.org
www.facebook.com/mentalhealthamericafarizona
Promotes mental health and well-being for all Arizonans through education, advocacy and the shaping of public policy.

NAMI Valley of the Sun Office
www.namivalleyofthesun.org
5025 East Washington Street, Suite 112, Phoenix, AZ 85034
NAMI advocates for access to services, treatment, support and research. Committed to raising awareness and building a community of hope. Also, provides education programs at no cost throughout Maricopa County to qualified individuals.

Partners in Recovery
www.partnersinrecovery.us.com/WestValley/WestValleyHome.htm
Outpatient mental health provider that assists individuals in becoming healthy and stable as well as achieving personal goals and dreams. A tool on your pathway to recovery.

Recovery Empowerment Network
www.renaz.org
Provides adult behavioral health services.

RI International
www.riinternational.com
Peoria Recovery Response Center (RRC).......................... 602-650-1212
Fax:............................................................................. 623-972-6173
11361 N. 99th Avenue, Suite 402, Peoria, AZ 85345
Crisis Respite.................................................................. 602-636-4380
11361 N. 99th Avenue, Suite 107, Peoria, AZ 85345
Serving those with mental illness and/or substance abuse through our Crisis Observation and Stabilization Unit, inpatient hospitalization, crisis respite services, as well as outpatient and peer support/educational services for those transitioning back into the community after hospitalization or incarceration.

Southwest Behavioral & Health Services
www.sbhservices.org
Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education.

Touchstone Behavioral Health
www.touchstonehs.org
Provides integrated behavioral & health services to children, adolescents and adults.

STAR (Stand Together and Recover)
www.thestarcenters.org
Hours: M – Th 7:30am - 7:30pm, F 7:30am - 3:30pm, Sat. 7:30am - 2:00pm
Mission is to empower adults diagnosed with a mental illness by providing non-clinical peer-run support services.

Terros Health
www.terros.org
Hours: M – F 8am - 5pm
Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education.
Integrated health providing mental, behavioral health and pediatric medicine for children and youth—birth to 17 years old.

Employment/Training Resources

**Adult Education Services/ Dysart Community Center** ........................................623-249-3812
  [www.dysartcommunitycenter.org](http://www.dysartcommunitycenter.org)
  Hours: M-Th 10:00am – 8:00pm
  Provides GED, ESL, and citizenship classes for adult learners

**ARIZONA@WORK: Maricopa County** ............................................................602-372-4200
  [www.arizonaatwork.gov](http://www.arizonaatwork.gov)
  [https://www.facebook.com/azatworkmaricopa](https://www.facebook.com/azatworkmaricopa)
  West Valley Career Center: 4425 West Olive Ave, Ste.200, Glendale AZ...602-372-4200
  Youth Hub: 8335 W Jefferson St, Peoria, AZ serves ages 16-24.......623-878-0416
  Provides services including job placement, skills assessments, job training, career counseling and resume development.

**Arizona Training & Evaluation** .................................................................623-412-2888
  [www.aztec1.org](http://www.aztec1.org)
  [https://www.facebook.com/aztec1.org](https://www.facebook.com/aztec1.org)
  7400 W. Olive Avenue, Suite 24, Peoria, AZ 85345
  Hours: M-F, 8:00am – 4:30pm
  Provides day activity, educational, home and community based employment and residential services and support. AZTEC’s programs are provided in the West Valley.

**AWEE Advancing Arizona’s Workforce** ...............................................602-601-7200
  [www.awee.org](http://www.awee.org)
  [www.facebook.com/aweeworks](https://www.facebook.com/aweeworks)
  4520 N Central Ave, Phoenix, AZ 85006
  Hours: M-F 9am - 12pm holiday hours vary
  Provides workforce development strategy and offers tools for change, independence, self-reliance, and community revitalization to advance Arizona’s Workforce.

**Beacon Group** ........................................................................................602-685-9703
  Career Center: 2222 N. 24th St.
  Assisting people with disabilities or other barriers to employment in searching for work, filling-out applications, building resumes, and interviewing for a position.

**Goodwill of Central & Northern Arizona** ........................................602-535-4444
  [MyCareerAdvisor.com](http://www.MyCareerAdvisor.com)
  Career Center: 6750 W Peoria, AZ .................................................623-486-4400
  Hours: M-Th 9am - 3pm, F 9am - 1pm (Additional centers listed on the website)
  From resume and interview skills development to digital trainings and on-site hiring events, the Career Services at goodwill of Central and Norther are here, free of charge, to help you land a job.

**Hope Women’s Center** .................................................................623-875-4549
  [www.hopewomenscenter.org/west-valley-center/](http://www.hopewomenscenter.org/west-valley-center/)
  Hours: W-Th 9am-2pm
  West Valley Center: 12101 Grand Ave, El Mirage, AZ 85335
Serves women and teen girls facing any difficult life situation such as domestic violence, abuse, poverty, mental health, family conflict, single parenting, job readiness, substance abuse recovery, etc., to move them through crisis and teach the tools needed for long term positive life changes.

**Jobs for Arizona Graduates** ..........................................................602-216-9503
www.jagaz.org
https://www.facebook.com/JagArizona/
Assists youth to remain in school and acquire the academic, personal and leadership skills required for success after graduation.

**Literacy Volunteers of Maricopa County**
www.literacyvolunteers-maricopa.org
1616 E Indian School Rd, Suite 200, Phoenix 85016.................... 602-274-3430
Office Hours: M-F 8am - 4pm
Class hours: M-Th, 8am - 8pm; F 8 am – 4 pm
729 E Hatcher Rd, Phoenix 85020........................................... 602-943-7332
Office Hours: M-Th, 8am - 4pm
Class hours: M-Th, 8am - 8pm; F 8 am – 4pm
*Improve adult reading, writing and mathematical skills to prepare for the GED; English language acquisition classes for adults.*

**Phoenix Job Corps** ..........................................................602-254-5921
https://phoenix.jobcorps.gov/
https://www.facebook.com/doljobcorps
Helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training.

**St. Joseph the Worker** ..........................................................602-417-9854
www.sjwjobs.org
Removes employment barriers by providing the resources necessary to gain and maintain employment.
Mobile Employment Specialist................................................. 602-223-3469

**St. Mary’s Food Bank Alliance’s Community Kitchen** ........602-343-3183
www.firstfoodbank.org/learn/programs/community-kitchen/
Life skills and food service training for those with barriers to employment. Info sessions are held every Wednesday at 10:00am and are mandatory to proceed to the next step in the enrollment process.

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**Family Services**

**AASK – Aid to adoption of Special Kids**..............................602-254-2275
www.aask-az.org
https://www.facebook.com/AidtoAdoptionofSpecialKids/
Aid to adoption of special kids by strengthening families for the children in Arizona’s foster care system. "Ensuring every child has someone who cares!"

**Arizona Child and Adolescent Survivor Initiative (ACASI)** 602-298-4037
https://nau.edu/family-violence-institute/welcome-acasi/
Provides specialized services and support to children who have a lost a parent to intimate partner homicide (IPH).

**Arizona Facts of Life** ..........................................................602-254-2704
www.azfactsoflife.org
https://www.facebook.com/AzFactsOfLife
Provide and nourish an environment where youth and families discover healthy solutions to life situations.

**Catholic Charities**

*Head Start and Early Head Start* .................................................................623-486-9868  
*Westside Head Start* .................................................................................623-932-3517  
[www.catholiccharitiesaz.org/all-locations/youth-development](http://www.catholiccharitiesaz.org/all-locations/youth-development)  
[www.azheadstart.org](http://www.azheadstart.org)

7400 W. Olive Ave. Suite 10, Peoria, AZ 85345

Early Head Start serves children from pregnancy to 3 years and Head Start for children 3 to 5 years. Services available in Peoria, El Mirage, Surprise, Glendale, Tolleson, Avondale, Buckeye and Palo Verde

**Pregnancy, Parenting, & Adoption Counseling Hotline** ......................888-818-4445  
[www.catholiccharitiesaz.org/all-locations/pregnancy-counseling](http://www.catholiccharitiesaz.org/all-locations/pregnancy-counseling)

Free counseling for women and men experiencing an unexpected pregnancy who need help, please call or text.

**Child Care Resources (PAT Home Visitation Program) ......602-234-3941**  
[www.childfamilyresources.org/](http://www.childfamilyresources.org/)

Home visitation program for families with children up to 48 months of age in the West Valley; providing parent support, child development skills, and connection to resources. The program is free, confidential, voluntary, and the quality services are provided by early childhood professionals.

**Child & Family Resources (Main line)................................................800-308-9000**  
[www.azccrr.com](http://www.azccrr.com)

A statewide program that can assist you in locating childcare that meets your family’s individual needs a no cost to you.

**DMG Children’s Rehabilitative Services ..................602-914-1520**  
[www.DMGCRS.org](http://www.DMGCRS.org)

Address: 3141 N Third Ave., Ste 100 Phoenix, AZ

Meets the health care requirements of children with special needs by offering nearly all types of specialty and primary care in a state-of-the-art facility.

**Family Bridges .................................................................877-412-7434**  
[www.familybridgesusa.com](http://www.familybridgesusa.com)  
[https://www.facebook.com/familybridges](https://www.facebook.com/familybridges)

Provides resources, workshops and events to strengthen marriages and families.

**Family Services/ Dysart Community Center ..................623-249-3812**  
[www.dysartcommunitycenter.org](http://www.dysartcommunitycenter.org)

After School Program, ages 4-18

Hours: Monday 1:00pm – 7:00pm; Tues-Thurs 3:00pm – 7:00pm

**First Things First .................................................................602-771-5100**  
[www.firstthingsfirst.org](http://www.firstthingsfirst.org)  
[https://www.facebook.com/AZFirstThingsFirst/](https://www.facebook.com/AZFirstThingsFirst/)

First Things First is a voter-created organization dedicated to helping Arizona kids five and younger receive the quality early learning, healthcare and family support they need to arrive at kindergarten healthy and ready to succeed.

**Helping Families in Need ..........................................................800-298-4346**  
[www.hfinaz.com](http://www.hfinaz.com)  
[https://www.facebook.com/Hfinaz/](https://www.facebook.com/Hfinaz/)

Program, which seeks to improve early education and health, services for children.
Jewish Family & Children’s Service (JFCS) .......................... 602-279-7655
www.jfcsaz.org  
https://www.facebook.com/JFCSAZ
Provides behavioral health services for children, youth and adults; services for victims of domestic violence; foster care youth transitioning to adulthood; older adult case management and counseling and services for the Jewish Community. Services are provided with a goal of improving coping skills and emotional health while encouraging self-determination, independence and resiliency.

Peoria Unified School District Family Resource Center .......................... 623-773-6679
www.peoriaunified.org/Page/490  
email: PUSDFamilyResourceCE@pusd11.net
Sky View Elementary School, 8624 W. Sweetwater Avenue, Peoria, AZ 85381
Hours: M-F 8am - 4pm
Helps families with children 0-5 years identify available resources to support children in their earliest years.

Southwest Human Development
Birth to Five Helpline ........................................... 877-705-KIDS (5437) call or text
www.birthtofivehelpline.org  
www.swhd.org/helpline  
www.facebook.com/SouthwestHumanDevelopment
Hours: M-F 8am - 8pm Assist with questions or concerns about children birth to five years of age.

Teen Challenge .............................................................. 800-346-7859
www.tcaz.org  
https://www.facebook.com/TeenChallengeArizona
Faith-based solutions for youth, adults and families struggling with life controlling problems.

Hope Community Services .................................................. 623-848-8863
https://hcs-az.org  
https://www.facebook.com/HopeCommunityServicesAZ/
Provides counseling services, supervised visitation of minors that are court ordered in addition to foster care and adoption services.

Food/Meals Assistance

Animals in Disasters, Empty Bowl Pet Food Pantry .......................... 602-909-7153
www.emptybowlpetfoodpantry.org  
https://www.facebook.com/emptybowl/petfoodpantry/
Helps owners facing financial challenges and disaster victims by providing pet food and supplies.

Association of Arizona Food Banks ........................................... 602-528-3434
www.azfoodbanks.org  
https://www.facebook.com/azfoodbanks
Online resource to find a food bank closest to you by zip code, city or title.

Community Hope Center at Fresh Start Church ........................... 623-979-4392
www.freshstartaz.com  
https://www.facebook.com/freshstartchurchaz
Food boxes and utility assistance on Wednesday at 10am. Mobile food pantry is the 2nd Thursday each month at 8am, closed during holiday weeks.

Food Services/ Dysart Community Center .................................. 623-249-3812
First Saturday Mobile Pantry offered 9:00am – 11:00am

Harvest Compassion Center ...............................................................602-788-2444
www.harvestcompassioncenter.org
https://www.facebook.com/MitchellSwabackCharities
4744 E Thunderbird Rd, Suite 9, Phoenix 85032
Hours: M, W, & Sat 9am – 11:30am
Harvest Compassion Maryvale ............................................................623-247-0039
Harvest Compassion Chandler ...........................................................480-686-8408
Bring two forms of ID. Local food and clothing bank to serve families in need.
Guests may visit once every 30 days for free groceries, hygiene, baby and clothing items.

Hope for Hunger Food Bank ..............................................................602-773-4344
www.hopeforhugerfb.org
https://www.facebook.com/hopeforhunger
5605 N 55th Ave, Glendale 85301
Hours: M–Th; 8am - 12pm
Committed to feeding families.

ICM Food & Clothing Bank ...............................................................602-254-7450
www.icmaz.org
https://www.facebook.com/ICMFoodandClothingBank
Hours: M-Sa 9am – 11am
Services: Food boxes, clothing, toiletries and household goods.
Mission: Providing an immediate response to basic human need.

Operation Care Food Bank ..............................................................602-866-0135
www.operationcarefoodbank.org
1827 W Grovers, Phoenix 85023
Hours: Tu&Th 9am - 11:30am
Food and clothing to help those in need.

St Charles Borromeo ........................................................................623-979-8059
https://scbpeoria.org/
https://www.facebook.com/scbpeoria/?fref=ts
8615 W Peoria Ave, Peoria, AZ
Hours: Open to serve the community M-Thu; 8:30 am-5:30 pm
(closed for lunch 12-1 pm)
Food box assistance - Serves zip codes: 85345, 85351 and 85381.
Located in St. John’s Room at St. Charles Borromeo Church.

St Mary’s Food Bank Alliance .........................................................602-242-FOOD (3663)
www.firstfoodbank.org
https://www.facebook.com/firstfoodbank
Programs designed to help those in need receive food and other types of assistance and offer opportunities for individuals and organizations to get involved, make financial donations, and volunteer their time, effort and resources.

St Vincent de Paul ............................................................................www.stvincentdepaul.net
https://www.facebook.com/StVincentdePaulPhx
Provides food via charitable dining rooms and a food bank to those who need help.
El Mirage Dining Room .................................................................602-850-6746
14013 N Verbena St, El Mirage 85335
Hours: M-F 10am - 11:30am
Sunnyslope Dining Room................................................. 602-944-0139
9227 N 10th Ave, Phoenix 85021
Hours: M-F 11am - 12:30pm, 4:30pm - 5:30pm, Sa-Sun 4:30pm - 5:30pm
Family Dining Room...................................................... 602-254-3338
420 W Watkins Rd, Phoenix 85003
Hours: M-F 4:45pm - 6pm, activities and tutoring are available after dinner.
Free shuttle is available.
Human Services Campus Dining Room ................................... 602-850-6746
1075 W Jackson St, Phoenix 85007
Hours: Weekdays 7am-8am, 11am-12:45pm; open weekends 11am-12:45pm

United Food Bank .................................................................... 480-926-4897
www.unitedfoodbank.org
https://www.facebook.com/UnitedFoodBank
Food distribution warehouse serving almost 200 agencies in a five county service area. Direct client service providing emergency food boxes and other services to those in need.

Valley View Food Bank ............................................................ 623-933-3358
www.feedingaz.org
12321 NW Grand Ave, El Mirage, AZ 85335
Hours: M–F; 9am - 1pm

Vineyard Church ..................................................................... 623-934-4000
www.vineyardnorthphoenix.com/foodbank
https://www.facebook.com/vineyardnorthphoenix/
6250 W Peoria Ave, Glendale, AZ 85302
Hours: Sa, Su & W 9am; M, Tu, & Th 7pm; F closed
Provides clothing and food boxes.

West Valley Community Food Pantry ...................................... 623-848-8278
www.stjchurchaz.org
https://www.facebook.com/stjchurchaz
7205 N 51st Ave, Glendale 85301
Hours: M, W, Th 9am - 12:00pm
Emergency food pantry, providing up to five boxes per year to each household. Accepting appointments for possible utility assistance: Call 480-654-4539

Wildfire .................................................................................. 602-604-0640
www.wildfireaz.org
340 E Palm Lane, Ste 315 Phoenix, AZ 85004
Statewide network of community and faith-based organizations working on SNAP (Supplemental Nutrition Assistance Program) outreach and/or application assistance and committed to using a holistic approach to address hunger.

Grief Support Services

Billy’s Place ............................................................................ 623-414-9838
www.billysplace.me
https://www.facebook.com/billysplaceme/
Grief support groups for Children ages 3 to 30 and their families.

HealGrief .............................................................................. 888-489-9654
www.HealGrief.org
HealGrief® providing tools and resources to guide one’s journey with grief into a healthy post bereavement growth. Offering facilitated virtual support for grieving adults.

Actively Moving Forward® (AMF) provides supportive grief services for young adults, aged 18-30. Through the AMF App, grieving young adults connect, support, and empower each other in a way most comfortable to them, virtually and 24/7. AMF also provides facilitated virtual support groups FREE of charge to App community members; small fee for non-app members. Learn more at HealGrief.org/AMF-App

Stepping Stones of Hope ................................................................. 602-264-7521
www.steppingstonesofhope.org
info@steppingstonesofhope.org
4000 North 7th Street, Suite 108 Phoenix, AZ 85014
Stepping Stones of Hope is an Arizona 501c3 dedicated to supporting grieving families after the loss of a loved one.

TAPS ....................................................................................... 800-959-8277 (TAPS)
www.taps.org
info@taps.org
Offering comfort and care to all those grieving the death of a military loved one and fostering collaboration and understanding for those seeking to support the military community.

Tears Foundation ................................................................. 623-225-8317
www.thetearsfoundation.org/arizona
arizonachapter@thetearsfoundation.org
Helping bereaved families honor the life of a child by providing emotional support groups, referrals and financial assistance to help with infant burial or cremation expenses.

Health and Welfare/Medical Assistance

Adelante Healthcare ............................................................... 877-809-5092
www.adelantehealthcare.com
www.facebook.com/AdelanteHealthcare/
Peoria Location: 15525 N 83rd Ave #104
WIC and eligibility services available at Peoria Community Resource Center (call for an appointment)..........................623-773-7070
Hours: M-F 8am – 5pm, closed during lunch
Offers primary medical care for the whole family, including family and internal medicine, pediatrics, on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance. Additional locations may also provide dental.

American Cancer Society .................................................... 800-227-2345
www.cancer.org
www.facebook.com/AmericanCancerSociety
Tender Loving Care (publication offering affordable hair loss and mastectomy products and advice on how to use them): ......................................................... 800-850-9445
Provides personalized cancer information, wigs, head coverings, support groups and community resource referrals to cope with cancer. Assists cancer patients, their caregivers and/or their family members at no cost.

Prescription Assistance Program (PAP) provided through Safeway and CVS/Pharmacy
As a resident of Arizona, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your FREE discount prescription drug card from the website listed above.

**Arizona Department of Child Safety (DCS) Abuse Hotline 888-767-2445**
Local number for general information................................................. 602-255-2500
dcs.az.gov/
www.facebook.com/arizonadcsc

**AZ Dept. of Public Health Services........................................602-542-1025**
www.azdhs.gov
www.facebook.com/azdhs
To promote, protect and improve health and wellness of individuals and communities in Arizona.

**Arizona Division of Problem Gambling.................................602-542-8998**
Helpline ...................................................................................... 800-Next Step (639-8783)
www.problemgambling.az.gov
www.facebook.com/Arizona-Office-of-Problem-Gambling-431670023533035
Provide and support effective problem gambling prevention, treatment and education programs.

**AZ Health Care Cost Containment System (AHCCCS) ...........855-432-7587**
www.azahcccs.gov
Hours: M-F 8am - 5pm
Arizona’s Medicaid agency offering health care programs to serve Arizona residents.

**Barrow Neurological Foundation (Dignity Health) ...............602-271-9961**
www.BarrowNeuro.org/prevention
Provides medical education, clinical programs and support groups for those facing devastating neurological trauma or disease at Barrow Neurological Institute.

**Boys and Girls Club Dental Clinic .......................................602-271-9961**
www.bgcmp.org/programs/bgcmp-dental-clinic
https://www.facebook.com/BGCMP
1601 W Sherman St, Phoenix 85007. Hours: Tu- F 7am - 6pm
Full-service facility for children 5-18 who lack dental insurance and do not qualify for state assistance.

**Brain Injury Alliance...............................................................602-508-8024**
www.biaaz.org
Provides support, resource and referrals to children, adults and families with any type of brain injury.

**Cancer Support Community Arizona ..................................602-712-1006**
www.cscaz.org
www.facebook.com/CSCArizona
Provides psychosocial support and services to people diagnosed with cancer and their friends and families in Arizona. Services include support services, healthy lifestyle activities, educational seminars, social connections, resources, and referrals.

**Care 1st Resource Center......................................................623-333-2703**
www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/resource-center
328 W Western Ave, Avondale 85323 Hrs. M-Th 8am - 7pm; F 9am - 5pm,
Third Saturday each month 9 am-1 pm
Offers a variety of human services; from programs for parents with children 0-5, to assistance with applying for AHCCCS.

**Family Assistance Administration (FAA) ..................................602-771-0011**
[des.az.gov/services/basic-needs/family-assistance](des.az.gov/services/basic-needs/family-assistance)

*Peoria Location: 8990 W Peoria  Hours: M-F 8am - 5pm*

Family assistance – possible nutrition, cash and/or medical assistance benefits.

**First Teeth First........................................... see various locations below**

*Glendale WIC 5141 W. Lamar Rd .................................................623-939-0989*
*St. Mary’s WIC 3003 W. Thomas Rd., Phoenix ..........................602-278-3201*
*Sunnyslope WIC 8828 N. Central Ave., #100, Phoenix ..............602-331-8311*
*Thunderbird WIC 5422 W. Thunderbird Rd., #6, Glendale ..........602-993-5010*
*Constitution WIC 18440 N 15th Ave, Phoenix .........................602-482-7174*

Maricopa County Office of Oral Health provides dental screenings, parent education, fluoride varnish and referrals for children five years of age and younger.

**Health-e-Arizona ........................................855-432-7587 / 855-HEAPlus**
[www.healthearizonaplus.gov](www.healthearizonaplus.gov)

Single on-line application for medical and nutrition assistance.

*Maricopa County Dept of Public Health (MCDPH).............602-506-6900*
[www.WeArePublicHealth.org (English)](www.WeArePublicHealth.org)
[Facebook.com/MCDPH (English)](Facebook.com/MCDPH)

Main Number .......................................................... 602-506-6767
West Valley Immunization Clinic .................................. 623-474-2290

1850 N 95th Ave, Suite 184, Phoenix 85037
Hours: M-F 8am - 4:30pm (closed 12pm-1pm and every fourth Wednesday morning of the month, to reopen at 1 p.m. that day)

**Maricopa County Dept of Public Health (MCDPH)(cont) ....602-506-6900**

Immunization Clinic .................................................. 602-506-8815

1645 E Roosevelt St, Phoenix 85006

Other locations in Maricopa County...................................... 602-839-2289

Provides free immunizations to children age 0-18 years old. Educates parents, guardians, day care and school staff to reduce/eliminate the transmission of vaccine preventable diseases.

Nurse-Family Partnership program.................................. 602-224-1740 / 602-359-7083

Provides a nurse to visit you in your home throughout your 1st pregnancy and until your child is 2 years of age. Working together to have a healthy pregnancy and child, become a better parent, make your home a safe place, get referrals to support services and set goals for your future.

**Maricopa Integrated Health System Family Health Centers (MIHS)**
[www.mihs.org/family-health-center](www.mihs.org/family-health-center)
[www.facebook.com/mihs.az](www.facebook.com/mihs.az)

Avondale Family Health Center 950 E Van Buren .......................... 623-344-6800

*Hours: M-F 7:30am - 5pm; Sat 7:30am – 4:30pm (closed for lunch 11:15-12:15)*

**Adult Dental..........................................................623-344-6809**

*Hours: 7:30am - 4:00pm*

Glendale Family Health Center ........................................... 623-344-6700
5141 W. Lamar Glendale, AZ 85301
Hours: M-F 7am - 5pm
Pediatric Dental................................................................. 602-344-2522
Hours: 7:30am - 4:30pm
Routine exams, Family Medicine and lab services.

Mission of Mercy .......................................................... 602-861-2233
 www.aMissionofMercy.org
Provides free mobile health care and medications without insurance. Filling the gaps for those that have fallen through the cracks of the healthcare system.

Mobile Dentistry of Arizona ........................................... 480-313-3310
 www.mobilizedentistryofaz.com
Provides full dental services for people of all ages, including individuals with physical and cognitive constraints that make it difficult to get to the dentist. This service is provided at your home.

Mountain Park Health Center ........................................ 602-243-7277
 www.mountainparkhealth.org
 www.facebook.com/MountainParkHealthCenter
6601 W Thomas Rd, Phoenix 85033
Hours: M-F 7:30am - 8pm; Sa 7:30am - 4:30pm
Can schedule appointments 24/7
Provides Women’s Healthcare, Pediatrics, Internal/Family Medicine, Dental, Labs, Pharmacy, WIC and more!

Medical Lending Center (Youngtown Community Fund) ..623-977-4661
 www.youngtowncommunityfund.com
Short-term loan of medical equipment.

Mission of Mercy .......................................................... (602) 861-2233
 www.amissionofmercy.org/arizona (Other locations listed on website)
 www.facebook.com/missionofmercyaz/
Avondale Appointment Line ............................................ 623-932-2723
Appointment Line Hours Tu & Th; 9am - 2pm.
First Southern Baptist Church, 1001 N. Central Ave, Avondale
Clinic open on Mondays, 8am-2pm
Maryvale & Central Phoenix Appointment Line .................... 602-486-7798
Appointment Line Hours Tu 1pm-6pm and Th 9am - 2pm.
Maryvale - Church of the Nazarene, 3201 N. 51st Ave, Phoenix, AZ
Clinic open on 1st & 3rd Tuesdays, 8am - 2pm
Murphy Education & Health Center, 3140 W Buckeye Rd. Phoenix, AZ
Clinic open on 2nd and 4th Friday
Central Phoenix -Shepherd of the Valley Lutheran Church, 1500 W Maryland
Clinic open on Wednesdays, 8am - 2pm
All locations provide free healthcare and free prescription medications to the uninsured, underinsured and those who "fall through the cracks" of the healthcare system. Appointment lines and locations also offer bi-lingual assistance.

Native Health Centers ......................................................... 602-787-3352
 www.nativehealthphoenix.org
 www.facebook.com/nativehealthphoenix
4041 N Central Ave Building C, Phoenix .................................. 602-279-5262
Hours: M – F 8am - 7pm
2423 W Dunlap Ave, Suite 140, Phoenix .............................. 602-279-5351
Hours: M – F 8am - 7pm
Full medical and dental services, WIC, HIV testing and AHCCCS enrollment assistance. Free transportation may be available.

Neighborhood Outreach Access to Health (NOAH)

Central scheduling phone number for all locations ..........480-882-4545

www.Noahhelps.org

Copperwood Center: 11815 N. 51st Ave., Ste. B110, Glendale, AZ 85304
Hours: M–Th 7am - 7pm; F 7am-5pm

Desert Mission Community Health Center: 9201 N 5th St, Phoenix, AZ 85020
Hours: M–F 8am - 5 pm

Sierra Health Center: 6206 W Bell Rd, Glendale, AZ 85308
Hours: M-F 8am - 5pm

Medical, dental, pediatric, behavioral health and psychiatric, nutrition services, prenatal and community resources. Additional locations listed online.

Nutritional Services (WIC) .................................................800-252-5942

www.azdhs.gov/prevention/azwic/families/index.php
www.facebook.com/azdhs/

Peoria Mobile (WIC) through Adelante Healthcare .................623-236-4622
8335 W Jefferson St, Peoria
Hours: Tu & W 8am - 5pm

Supplemental nutrition program for low-income women.

Phoenix College Dental Clinic..............................................602-285-7323

http://www.phoenixcollege.edu/community/community-services/dental-clinic
3144 N 7th Ave, Phoenix, AZ 85013
Hours: M-Th 8:30am - 4:30pm

Dental hygiene services offered include cleansings, deep scaling, x-rays, sealants and fluoride. $35 for adults, $25 for kids (ages 3 to 15) and $10 per sealant.

Smiles by Delivery ......................................................... 623-584 GRIN (4746)

www.SmilesByDelivery.com

Mobile dental practice in Arizona providing cutting-edge technology in a patient's home at rates up to 30 percent lower than traditional dental practices.

Social Security ........................................................................800-772-1213

www.ssa.gov
www.facebook.com/socialsecurity

Official Social Security website online services and retirement estimator.

Solecito Services.................................................................623-876-5331

Medical equipment rental.

Southwest Lending Closet .....................................................623-932-1016

www.southwestlendingcloset.org
www.facebook.com/SouthwestLendingCloset

Lends durable medical equipment for up to 90 days.

Housing Rehabilitation

Ability360.................................................................main office 602-256-2245

www.ability360.org
www.facebook.com/Ability360

Provides removal of architectural barriers in the homes of residents with disabilities
Maricopa County Housing Programs ......................602-506-5911
Provides weatherization for homes owned by low-income persons, particularly elderly, disabled and persons with minor children. The goal of weatherization is to increase energy efficiency by reducing energy usage and improving the health and safety of the home. Inquiry form at www.maricopa.gov/4119

Housing Assistance

Administration of Resources and Choices (ARC) ...............602-374-2226
www.arc-az.org/housing-counseling/
HUD Certified agency providing a path to successful home ownership through Mortgage Readiness Review and Assistance, Also, providing foreclosure prevention counseling for principal reduction, monthly mortgage subsidy assistance to qualified Arizona homeowners, Reverse Mortgage Counseling, assisting homeowners 62 or older.

Arizona Attorney General .....................................................602-542-5025
Consumer Information and Complaints...............................602-542-5763
Task Force Against Senior Abuse (TASA) .........................602-542-2124
www.azag.gov/seniors/TASA
Resources for Seniors............................................................www.azag.gov/seniors

Arizona Department of Housing (ADOH)...............................602-771-1000
www.housing.az.gov
www.facebook.com/azhousing/
Programs include: Foreclosure and homeless assistance, fair housing, affordable housing, Section 8, rentals and housing counseling.

Save Our Home AZ (foreclosure assistance) .....................602-771-1000
Housing Counselor ...............................................................877-448-1211
Offers principal reduction assistance, monthly mortgage subsidy assistance for underemployed and unemployed Arizonans, second lien elimination and short sale assistance to qualified Arizona homeowners.

Arizona Fair Housing Center .............................................602-548-1599
www.azfairhousing.net
www.facebook.com/pg/Arizona-Fair-Housing-Center-265710680205759/
Mission is to eliminate housing discrimination and fair housing/civil rights complaints. Individuals who believe they are victims of discrimination should submit a complaint.

Catholic Charities Affordable Housing .........................602-285-1999
www.housingforhopeaz.org
www.CatholicCharitiesAz.org
Phoenix (2 locations) .....................................................602-840-0898 and 602-290-0459
Glendale ..........................................................623-934-7579
Offers affordable housing for qualifying families in three housing communities throughout the Valley.

Delia Foundation (Blu Village Connect) ......................480-600-7950
www.deliafoundation.org/bluevillageconnect.html/
Creating solutions and connections for low income seniors and veterans. Positively impacting isolation, independence, health and wellness. Giving guidance, resources and support.

Habitat for Humanity Central Arizona .......................623-583-2417
www.habitatcaz.org
www.facebook.com/HabitatCAZ
Peoria Location: 9133 NW Grand Ave, Suite 1, Peoria, AZ 85345
New home construction, home repairs, neighborhood revitalization and contract services for public and nonprofit industries.

**Homeless I.D. Project**
[www.AZHomeless.org](http://www.AZHomeless.org)
Phoenix: 206 S 12tg Ave. .......................................................... 602-223-3527
*Hours: M-F 7:30am – 10am*
Helping homeless people rebuild their lives beginning with identification retrieval assistance.

**Housing Authority of Maricopa County**
[www.maricopahousing.org/programs/](http://www.maricopahousing.org/programs/)
Peoria Property: 10950 N 87th Ave ....................................................... 602-744-4590
*Hours: M-F 8am - 5pm*
Providing HUD affordable housing for low-income eligible families and/or single persons.
  Housing Choice Voucher-Section 8 .................................................. 602-744-4500
  *Location: 8910 N 78th Ave, Building D, Peoria*
  *Hours: M-F 8am - 5pm*
Provides rent subsidy to income eligible individuals and families.

**Save the Family**
[www.savethefamily.org](http://www.savethefamily.org)
[www.facebook.com/SavetheFamilyAZ](http://www.facebook.com/SavetheFamilyAZ)
Affordable Rental Movement .......................................................... 480-898-0228 ext 100
Transitional housing and supportive services for homeless families with children.

**Trellis** .......................................................................................... 602-258-1659
[www.trellisaz.org](http://www.trellisaz.org)
[www.facebook.com/TrellisAZ1](http://www.facebook.com/TrellisAZ1)
Pre and post-purchase, reverse mortgage housing counseling; financial coaching, money management and budget workshops; homebuyer education; down payment assistance and flexible lending products; and affordable single-family homes.

**Legal/Financial Services**

**ACESDV** ...................................................................................... 602-279-2900
Toll-free .......................................................... 800-782-6400
[www.acesdv.org](http://www.acesdv.org)
[www.facebook.com/ACESDV](http://www.facebook.com/ACESDV)
Information, publications and resources related to legal issues and areas of State and Federal law.

**Arizona Center for Disability Law** ................................................. 602-274-6287
[www.azdisabilitylaw.org](http://www.azdisabilitylaw.org)
[www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046](http://www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046)
Protect and advocate for individuals with disabilities.

**CASA of Maricopa County** .......................................................... 602-506-4083
[www.maricopacasa.org](http://www.maricopacasa.org)
[www.facebook.com/CASActory](http://www.facebook.com/CASActory)
Court appointed special advocates; adult volunteers appointed by judge to advocate for abused and neglected children in court.
Catholic Charities Community Services, Familias Unidas Legal Services, Immigration and Family Reunification ..........................602-749-4415
www.catholiccharitiesaz.org/all-locations/immigration
Provides various legal services including immigration and family reunification.
NOTE: Leave a message and someone will return your call. NOTA: Deje mensaje y alguien le regresara su llamada.
Community Legal Services ..................................................602-258-3434
www.clsaz.org
www.facebook.com/communitylegalservicesarizona
Arizona law firm providing legal services to program eligible residents living with lower incomes and experiencing legal problems with our practice areas: Family Law, Housing Law, Consumer Law, Farm Worker, Employment & Tax Law, and Health and Economic Stability. Works to ensure access to justice for all.
Internal Revenue Service (IRS) Volunteer Income Tax Assistance (VITA)
www.irs.gov
Offers free tax help.
Lawyer Referral Service ..................................................602-257-4434
www.maricopalawyers.org/about-us/
Services meeting the legal needs of our community.
Legal Services for Crime Victims in Arizona (LSCVA) ..........623-471-6401
www.lscva.org
www.facebook.com/LSCVA.org
Provides free legal representation in criminal cases to victims of crime in Arizona, with priority to victims of domestic and/or sexual violence. LSCVA asserts and seeks enforcement of crime victims’ rights and provides social services to facilitate healing in the aftermath of crime.
Maricopa County Attorney
www.maricopacountyattorney.org/serving-victims/brochures-forms-information
Maricopa County Victim Compensation ...............................623-506-4955
Assists victims and their families dealing with the financial harm caused by crime.
Take Charge America ......................................................866-750-9612
Additional toll free number listed on website .......................866-528-0588
www.takechargeamerica.org
www.facebook.com/TakeChargeAmerica
Guidance with credit, bankruptcy, housing, student loans and debt management. HUD certified.
VITA through A New Leaf
https://www.turnanewleaf.org/services/vita.html
The Volunteer Income Tax Assistance program offers free tax help.

LGBTQ Services
One Community Foundation .............................................480-355-0088
onecommunityfoundation.org
Shaping the future of LGBTQ and allied leadership.
One-n-Ten .................................................................602-400-2601
www.onenten.org
www.facebook.com/onentenphoenix?fref=ts&ref=br_tf

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Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Has several feature programs targeting education, employment and housing.  

**PFLAG**
602-843-1404
www.pflagphoenix.org

*PFLAG promotes the* health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education and advocacy.

**Phoenix Pride**
602-27-PRIDE/ 602-277-7433
www.phoenixpride.org

*PFLAG promotes the* health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education and advocacy.

**Safe Out**
602-685-6006
SafeOutAZ.org

Focused on substance use and suicide prevention among LGBTQ youth and young adults ages 13-26.

**Southwest Center for HIV/AIDS**
602-307-5330
www.swcenter.org

Leader in providing HIV/AIDS services in Phoenix AZ, including: HIV and STD testing, LGBTQ-friendly medical care.

### Miscellaneous Services

**Bureau of Vital Records**
602-364-1300
www.azdhs.gov/licensing/vital-records (only Arizona)
www.Vitalchek.com (paid service for most states and some international agencies)

**Homeless ID Project**
211 or 877-211-8661
www.azhomeless.org

Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification.

**Organization for non-violence education**
623-934-0696
www.oneincusa.org

Provides individual and group counseling for anger management and domestic violence.

**Rape, Abuse and Incest National Network**
800-656-4673
www.rainn.org

Information, referrals and telephone or online support for victims of rape or abuse.

**Safelink Wireless Service through TracFone**
800-Safelink (723-3546)

*Technical Support ONLY:* 800-378-1684
Provides households a wireless phone, eligibility requirements must be met, which are set by each State where the service is provided. This service is limited to one person per household.

**Science Care** ................................................................. **800-417-3747**
[www.sciencecare.com](http://www.sciencecare.com)

Hope Program is a no cost pre-screening program that allows patients, families, and healthcare providers to know with certainty if a donor meets current research criteria before the time of passing.

**The National Domestic Violence Hotline** ................. **800-799-7233**
[www.thehotline.org](http://www.thehotline.org)

Hotline advocates are available for victims, and anyone calling on their behalf, to provide crisis intervention, and safety planning. Information is offered in both English and Spanish.

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**Referral Services**

**2-1-1 Arizona Services** ............................................. **211 or 877-211-8661**
[www.211arizona.org](http://www.211arizona.org)

Community information and referral service.

**Affordable Housing Online**
[affordablehousingonline.com/](http://affordablehousingonline.com/)
[www.facebook.com/AffHsgOnline/](http://www.facebook.com/AffHsgOnline/)

Provides ability to search for affordable housing in a specific area by City, County or Zip code and also allows individuals to signup for waitlist alerts.

**AZ Caregiver Coalition** ............................................ **888-737-7494**
[www.azcaregiver.org](http://www.azcaregiver.org)
[www.facebook.com/azcaregiver/](http://www.facebook.com/azcaregiver/)

Supports family caregivers.

**Arizona Community Action Association**
[www.azcaa.org](http://www.azcaa.org)

Comprehensive listing of free and low-cost services and programs for low-income families and individuals.

*North West Area Utility Assistance Line* ........................................... 602-372-0728
(Serving Peoria, El Mirage, Sun Cities and surrounding area)

*Hours:* M-F 8am–5pm, Please call to make an appointment.

*Peoria:* 8335 W Jefferson St, Peoria 85345 ............................. 623-979-3911

*Surprise* ............................... 623.222.HOPE(4673)

**Arizona Self Help (Benefit referral)**
[www.arizonaselfhelp.org/programs/](http://www.arizonaselfhelp.org/programs/)

Free and easy way to find out if your family can get help from several different health and human services programs.

**BenefitsCheckUp®**
[www.benefitscheckup.org](http://www.benefitscheckup.org)

Free service that helps find benefit programs based on your needs.
(ex: medication, food, utility, legal, health care, housing, etc)

**Child Care Resource and Referral** ................................... **800-308-9000**
[www.arizonachildcare.org](http://www.arizonachildcare.org)
[www.facebook.com/arizonachildcare/](http://www.facebook.com/arizonachildcare/)
Referrals to families who need assistance locating regulated childcare.

**Crisis Response Network**

- [www.crisisnetwork.org](http://www.crisisnetwork.org)
- [www.facebook.com/CrisisNetworkAZ/](http://www.facebook.com/CrisisNetworkAZ/)
- Central Arizona warm Line………………………………………………… 602-347-1100
- Central Arizona crisis Line …………………………………… local 602-222-9444
- Central Arizona crisis Line …………………………………… 800-631-1314
- Central Arizona crisis Line …………………………………… (TTY) 800-327-9254
- SMI determination ……………………………………………………. 855-832-2866

24/7 crisis response network to assist children and adults connect with the help they need for qualifying individuals and families looking for services: medical, legal, affordable housing and more.

**Find Help Phoenix**

- [www.findhelpphx.org](http://www.findhelpphx.org)
- [www.findhelpphx.org/es](http://www.findhelpphx.org/es) (Spanish language partner site)

Free and low-cost services in Maricopa County.

**Research For Life** ……………………………………………………………… 480-940-1310

- [www.researchforlife.org](http://www.researchforlife.org)

Whole body donation organization working to bridge the gap between donors and medical educators and disease researchers.

**Senior Guidance.org**

- [www.seniorguidance.org/assisted-living/arizona/](http://www.seniorguidance.org/assisted-living/arizona/)

Provides resources on senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and other long term senior care options, including memory care such as Alzheimer’s or Dementia.

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**Senior Services**

**About Seniors** ………………………………………………………………… 602-772-6490

- [www.aboutseniorsaz.com](http://www.aboutseniorsaz.com)
- [www.facebook.com/aboutseniorsaz](http://www.facebook.com/aboutseniorsaz)

Provides seniors and their families assistance in finding quality communities and/or care in Arizona. In addition, offers Grief Support Services and Support Group Facilitation to clients, organizations and those in need.

**Alzheimer’s Association** ………………………………………………………… 602-528-0545

- Helpline 24/7 ……………………………………………………………… 800-272-3900
- [www.alz.org](http://www.alz.org)
- [www.facebook.com/actionalz](http://www.facebook.com/actionalz)

Purpose is to empower and support individuals, families, care partners and communities affected by dementia.

**Area Agency on Aging** ………………………………………………………… 602-241-6118

- Peoria SUPPORT at Community Assistance Resource Center ……… 602-773-6909
- Surprise Resource Center …………………………………………………… 623-866-4214
- Banner Olive Branch Senior Center (Sun City) ……………………….. 623-465-6005
- [www.aaaphx.org](http://www.aaaphx.org)

FREE Medicare, Medicaid and ALTCS counseling funded by Federal agencies, not affiliated with the insurance industry, offered to everyone interested in understanding the Medicare system.
**Assisted Living**

A community organization that offers resources and information to assist seniors living with disabilities.

**Beatitudes Campus**

Not-for-profit life plan community for active independent senior living in Phoenix, Arizona, plus a full spectrum of health services.

**Foundation for Senior Living**

In-home care, adult day care, affordable housing and senior centers.

**Banner Sun Health Research Institute**

Located in the West Valley, the Institute conducts research, clinical care, prevention and education in memory disorders such as Alzheimer’s and movement disorders, such as Parkinson’s disease.

**Benevilla**

Life Enrichment Adult Day Programs for older adults and adults with intellectual and developmental disabilities, free caregiver support groups, resources and educational events, free home services such as grocery shopping, transportation, friendly visitors, phone pals and home delivered meals.

**Delia Foundation**

Consulting with seniors and their family members to connect them with resources and housing options.

**Duet**

Support groups, workshops, group activities, respite, legal guidance and information and referral for grandparents raising grandchildren. Transportation, friendly visits, grocery shopping to or from and paperwork assistance for the elderly and/or disabled.

**Home Assist Health**

Provides home care assistance for the elderly and/or disabled adults and children with long-term illnesses. Approved to provide DDD (Division of Developmentally Disabled) services as well as Arizona Long Term Care System (ALTCS).
Hospice of the Valley ...............................................................602-530-6900
www.hov.org
https://www.facebook.com/HospiceoftheValley/

Medicare and Medicaid Benefits Assistance Program.................................................................602-264-2255
www.aapx.org
Provides free Medicare/Medicaid counseling by Medicare Certified Counselors (SHIP Counselors) at Senior Centers.

Senior Citizens Law Project.............................................602-252-6710
www.azlawhelp.org/resourceprofile.cfm?id=12
Provides legal services.

Stepping Up for Seniors.................................623-866-4214/ 480-588-4910
www.steppingupforseniors.org
Provides referrals and financial assistance to low income seniors facing a critical medical issue resulting in a financial crisis. Apply online at the above referenced web page.

Sun City Community Assistance Network (CAN)........623-933-7530
www.suncitycan.org
10195 W Coggins Dr., Sun City, Arizona
An organization providing free assistance to low-income seniors, disabled persons and others to meet their basic needs. Examples of services offered are utility discounts, prescription drug programs, food stamps, Medicare and social security guidance, legal consultations, income tax preparation, and property tax refunds. Several other services are available. Please call to make an appointment with a counselor and let Sun City CAN connect you with resources that will enhance your standard of living.

Sun Health .................................................................................623-832-9355
www.sunhealthwellbeing.org
www.facebook.com/sunhealth
Center for Health and Wellness..........623-832-9355 (WELL)
Memory Care Navigator .........................623-832-9300
14719 W Grand Ave, Surprise, Arizona
Hours: M-F 8:30am – 5pm
Nonprofit center providing education on diabetes, nutrition, weight loss, physical fitness and improving strength and balance. Individual counseling available with registered dietitians, certified diabetes educators, exercise physiologist and health coach. Acupuncture and massage therapy also available. Provides support and resources for patients and families dealing with Alzheimer’s disease and dementia.

Services For Persons With Disabilities

AZ Assist .................................................................480-779-0899
www.facebook.com/azassist
West Valley Contact .................................................................602-615-9473
West Valley Support Group meetings are held at the Peoria Community Center on the 1st Thursday of every month from 6:30pm-8:30pm.
Provides social activities for the teens and young adults on the autism spectrum, and information on autism topics related to these age groups, for parents and guardians.

**Ability360** .................................................................602-256-2245
Glendale Office .............................................................. 602-424-4100
wwwABILITY360.org
www.facebook.com/Ability360

Programs to empower people with disabilities.

**ACCEL (Education & life skills school)** ................................602-995-7366
www.accel.org
www.facebook.com/ACCELArizona
10251 N 35th Ave, Phoenix, AZ 85051

**Arizona Center for the Blind & Visually Impaired** ..........602-273-7411
www.acbvi.org
www.facebook.com/acbvi
3100 E Roosevelt St, Phoenix 85008
Hours: M-F 8am - 4:30pm
Membership fee based on ability to pay; charges for some special events.

**Arizona Spinal Cord Injury Association** …………602-507-4209/ 888-889-2185
www.azspinal.org
5025 East Washington St., Ste 110, Phoenix, AZ 85034
Dedicated to enhancing the lives of individuals with spinal cord injuries and their families.

**Assisted Living** ............................................................ 855-221-9611
www.assistedliving.org
A community organization that offers resources and information to assist seniors living with disabilities.

**AZ Developmental Disabilities Planning Council** ..........602-542-8973
addpc.az.gov
www.facebook.com/ADDPC
Provides research and financial support to innovative projects focusing on employment opportunities, self-advocacy and promoting inclusion for people with developmental disabilities.

**AZ Disability Coalition** .............................................. 602-262-2900
www.azdisabilitycoalition.org
www.facebook.com/Arizona-Disability-Coalition-ADC-109920866153575/
ADC advances the rights, choices and value of people with disabilities through their individual and collective advocacy and education efforts.

**AZ Recreation Center for the Handicapped (ARCH)** ………602-230-2226
www.archaz.org
www.facebook.com/ARCHAZ.ORG
1550 W Colter St, Phoenix, AZ 85015
Provides services to enable handicapped individuals to obtain higher levels of physical well-being, pride, independence and self-esteem.

**Civilian Foundation, Inc** ................................................. 602-953-2944
www.civitanfoundationaz.org
www.facebook.com/CivitanFoundationInc
12635 N 42nd St, Phoenix, AZ 85032
Provides respite, habilitation, attendant care, day treatment for adults (DTA), home and community based services, (HCBS), group supported employment
(GSE), recreational events such as CAMP in Williams, Arizona and weekend social events in Phoenix. Transportation is offered to and from services.

**Delia Foundation**

www.deliafoundation.org

480-600-7950

Serves as a center for non-formal education, addressing the universal needs to improve the lives of children with disabilities.

**DES Developmental Disabilities (Peoria)**

602-771-0012

des.az.gov/services/disabilities/developmental-disabilities

Peoria location: 8990 W Peoria Ave, 2nd Floor, Peoria, AZ 85345

**Developmental Enrichment Center**

602-314-4214

www.dec-az.org

16809 N 53rd Ave Suite 1-3, Glendale, AZ 85306

Provides Life Skills training programs for children and adults with developmental disabilities which includes fixed route transportation to and from the Day Program facility. In addition, we offer in-home care services of Habilitation hourly support, attendant care and respite services.

**Gompers**

www.gompers.org/programs

www.facebook.com/gompersaz

Blythe Center Campus

623-245-8332 ext 305

7565 W Peoria Avenue, Suite A Peoria, AZ 85345

Hours: M-F, 7:15am-4:00pm

Provides individuals ages 5 through 85 educational, adult day programming, employment training and in-home programs. Also, provides accessible vehicles to transport individuals to and from Gompers and to various community activities.

**MOSAI C**

602-864-6030

www.mosaicinfo.org

Provides host home living arrangements for people of all ages with intellectual and developmental disabilities. We focus on What Matters Most to help people grow.

**One Step Beyond**

623-215-2449

After Hours on call phone

9299 W Olive Ave, Suite 311, Peoria 85345

15527 N Reems Rd., Surprise 85374

Provide Intellectual Disabilities training on how to live independently, seek employment and participate in their communities. Engaging their talents and interests by empowering them to set and achieve personal goals. OSBI may provide transportation from home to program and vice versa.

**Raising Special Kids**

800-237-3007

www.raisingpecialkids.org

Provides information, training, resources and support to families of children with disabilities and special health care needs.

**The Children’s Center for Neurodevelopment Studies**

623-915-0345

www.thechildrenscenteraz.org

5430 West Glenn Dr, Glendale, AZ 85301

Non-profit school and therapy center for children with autism and other developmental delays.
VALLEYLIFE .................................................................................................................. 602-371-0806
www.ValleyLifeAz.org
www.facebook.com/Valleylifeaz/
Provides group homes, home and community based services, day programs and vocational programs for developmentally disabled individuals who are placed in our care by the State of Arizona.

Shelters and Homeless Services

A New Leaf .................................................................................................................. 480-969-4024
www.turnanewleaf.org
www.facebook.com/anewleaf
  Faith House crisis shelter for women and children .............................................. 623-939-6798
  24-hr emergency shelter for women in crisis
    Domestic Violence Centralized Screening hotline ........................................... 480-890-3039
    24/7 English/Spanish resource ...................................................................... 844-SAFEDVS (723-3387)
  The 7 days a week, 24-hour English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If a shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of domestic violence and their children while they await the availability of beds in domestic violence shelters countywide.

2-1-1 Toll free in Maricopa County ......................... 1-800-799-7739
Brian Garcia Welcome Center ................................................................. 602-759-5356
  Assist in finding housing for homeless

Central Arizona Shelter Services (CASS) .................. 602-256-6945
www.cassaz.org
www.facebook.com/CentralArizonaShelterServices
  230 S 12th Ave, Phoenix, AZ 85007
  Emergency shelter and supportive services for homeless persons.

Chrysalis ............................................................................................................. 602-955-9059
www.noabuse.org
www.facebook.com/chrysalisaz/
  Comprehensive services for women, men and children impacted by domestic violence. Programs include shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment.

Community Care Emergency Shelter .................. 623-755-2284
  Provides free emergency shelter for women and children, including meals and supportive services. Fee based transitional and permanent housing available for families. Program for Homeless to Home Owner.

Deep Within Rehab ................................................................. 623-334-6813
www.DeepWithinRehab.com
www.facebook.com/DeepWithinRehab/
  11773 N 91st Ave, Peoria, AZ 85345
  Drug/Alcohol recovery program that provides clean and sober living environment; including basic hygiene items, shelter, 3 meals a day, 12 step/life skills meetings.

Eve's Place ........................................................................................................ 623-537-5380
  Outside Maricopa County: ................................................................. 844-301-7908
  www.evesplace.org
NOT a shelter. Provides supportive mobile services to victims of domestic violence & sexual abuse.

**Family Housing Hub** ................................................................. 602-595-8700
  www.fhhub.org
Screens individuals for emergency shelter at UMOM, Watkins, CASS-Vista Colina and Salvation Army family shelters. Families will be screened for shelter and placed on service priority list. Intake will contact family when shelter is available.

**Gift of Mary Women’s Shelter** .................................................. 602-254-8424
  1406 S 17th Ave, Phoenix, AZ 85007
Provides emergency shelter for women age 18 and older and women with girls age 1 to 12 or boys age 4 and younger who are homeless. Night Shelter only, opens at 3:30pm daily.

**Heavens Healing Hands** ....................................................... 480-826-9769
  www.Heavenshealinghandsphx.org
Provides basic needs services to the homeless such as mobile showers, clothing, and other essential items. Uplifting hospitality shown to those in need to restore dignity while transforming homelessness to bridge services and create hope.

**Homeward Bound** .................................................................. 602-263-7654
  www.homewardboundaz.org
  www.facebook.com/homewardboundaz/
Transitional housing for homeless families with children.

**House of Refuge Sunnyslope** ..................................................... 602-678-0223
  https://refugesunnyslope.com
  _email: info@refugeandhope.com
  9835 N. 7th St., Phoenix, AZ 85020
Transitional housing for single women, single men and mothers with children.

**National Homeless Veterans Resource Line** 877-4AI-D-VET (424-3838)
  www.va.gov/homeless/nationalcallcenter.asp
Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters can call trained counselors to talk confidentially 24 hours a day, 7 days a week.

**National Violence Hotline** ...................................................... 800-799-SAFE (7233)
  www.theline.org
  www.facebook.com/NationalDomesticViolenceHotline
Trained advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources.

**New Life Center** ................................................................... 623-932-4404
  www.newlifectr.org
  www.facebook.com/NewLifeCtr
Domestic Violence crisis shelter for women and children fleeing domestic abuse. Provides emergency shelter, transportation, childcare, domestic violence education, safety planning, lay-legal advocacy, case management, 24-hour crisis hotline, referral services and community education.

**Phoenix Rescue Mission** ....................................................... 602-233-3000
  www.phoenixrescuemission.org
  www.facebook.com/phoenixrescuemission/
  outreach@phoenixrescuemission.org
Transformation Lives Center ....................................................... 602-346-3390
1801 S 35th Ave., Phoenix, AZ 85006 (Intake M-F, call for appointment)
Residential Recovery Program for men from life controlling problems. Other services available include: food boxes, clothing and case management for men, women and families in need.

Changin Lives Center .......................................................... 602-688-6219
338 N 15th Ave. Phoenix, AZ 85007 (Intake M-F, call for appointment)
Residential Recovery Program for women and mothers with children up to age 12.

Hope for Hunger Food Bank ............................................. 602-773-4344
5605 N 55th Ave., Glendale, AZ 85301 (M-F, 8 am – 12 pm)
Call for service area eligibility.

Safe DVS ........................................................................ 480-890-3039
This domestic violence shelter hotline has up to date information regarding beds available to those fleeing domestic violence.

Salvation Army
  www.salvationarmyphoenix.org/domestic-violence-shelter
ELIM House .................................................................... 602-267-4143
Domestic violence shelter; supports women and children by providing safety, shelter and comprehensive services.

Crisis Line .................................................................... 602-267-4111

Homeless Outreach to place & empower ...................... 602-302-8862/602-263-8861
Provides medical care and preventive education.

Shelter Listing
  www.shelterlistings.org
Provides a website that will show shelter locations close to a specific address.

Shoebox Ministry .......................................................... 480-905-1610
  www.shoeboxministry.org
  www.facebook.com/pg/shoeboxministry/about/
13645 N 32nd St, Phoenix, AZ 85032
Agencies serving local homeless and working poor can apply to receive toiletry kits and undergarments.

St Vincent de Paul .......................................................... 602-266-4673
  www.stvincentdepaul.net/programs/ozanam-manor
Ministry to the Homeless - FOR REFERRALS ..................... 602-261-6883
Ozanam Manor - calls for intake/prescreening/eligibility, Criteria below 602-850-6900
1730 E Monroe, Phoenix 85034
Serving homeless men and women who are 50 and older or 18 and older with a disability, either mental and/or physical, move into permanent housing while providing temporary shelter.

Sojourner Center .......................................................... 602-244-0089
  www.sojournercenter.org
  www.facebook.com/SojournerCenter
Provides domestic violence crisis shelter, transitional housing, case management, safety planning, trauma education, 24-hour crisis hotline, lay legal advocacy, referral services, on-site health clinic and behavioral health services, child development center and pet companion shelter. Also, community-based prevention/awareness activities, and all above services, available to community-based participants.

Streetlight USA .......................................................... 623-435-0900 ext 8102
  www.streetlightusa.org
  www.facebook.com/StreetLightUSA
Provides housing and coordinated care services for adolescent females who are victims of child sex trafficking and sexual trauma.

**Transportation Services**

**Benevilla** ..........................................................623-584-4999
www.benevilla.org
www.facebook.com/BenevillaFamilyResourceCenter

*Hours: M-F 8am - 4:30pm*

Adult day centers, caregiver support groups, in-home services, home delivered meals and assistance to developmentally disabled. Two adult day centers and two resource offices located in Peoria.

www.peoriaaz.gov/dialaride

*ADA Service Hours: M - F 4:30am – 9pm, Sa, Su & Holidays 6am –10pm*

Leave message to reserve an ADA trip.

Provides curb-to-curb, advance reservation transportation of Peoria residents with wheelchair accessible vehicles.

**Crisis Response Network** ..................................................602-222-9444
www.crisisnetwork.org
www.facebook.com/CrisisNetworkAZ/

**ComTrans** ........................................................................602-231-0102
www.gocomtrans.com

Special needs, non-emergency medical transportation and private pay.

**National Kidney Foundation of Arizona** .................................602-840-1644
www.azkidney.org
www.facebook.com/azkidney

Provides free transportation to and from dialysis treatments in Maricopa County.

**Northwest Valley Connect** ..................................................623-282-9300
www.NorthwestValleyConnect.org
www.facebook.com/nvconnect

Assists seniors, veterans and people with disabilities in finding public, private and volunteer transportation resources based on individual need.

**Quality Transport Services of Arizona** .................................602-371-1000
www.qtsaz.com
www.facebook.com/QTSaz

Available 24/7

Non-emergency transportation for wheelchair, stretcher & ambulatory needs, available 24 hours, 7 days a week, servicing the entire valley.

**St Vincent de Paul Transient Aid** .........................................602-261-6852
www.stvincentdepaul.net/programs/aid-to-stranded-travelers

*420 W Watkins Rd, Phoenix 85003*

*Hours: M-F 9am - 12pm*

Travel assistance to non-residents who find themselves in crisis, stranded in the Phoenix area.

**Valley Metro Public Transportation** .................................602-253-5000

.......................................................... TTY 602-251-2039
www.valleymetro.org

Reduced fares on local bus routes and light rail are available to youth ages 6-18, seniors age 65 and older, people with disabilities and Medicare clients.
Valley Metro Dial-a-Ride
www.valleymetro.org/accessibility/dial_a_ride
Transportation Hours: 5am - 10pm, Reservation Hours: 6am - 7:30pm
Regional ADA Paratransit Service .......................................................... 602-716-2200
Application for ADA ............................................................................. 602-716-2100
Eligible residents may travel beyond the area served by the local Dial-a-Ride provider without making a transfer. Reservations can be made every day.

Utility Assistance/Discount Programs

www.aps.com/e3
Limited income programs.

Community Action Program (CAP)
www.azdes.gov
www.facebook.com/OfficialArizonaDES
Peoria: 8335 W Jefferson St, Peoria, AZ 85345 ......................... 623-979-3911
Surprise .................................................................623.222.HOPE(4673)
Offers assistance with: Utilities, rent, food, referral to senior services and case management.

Community Hope Center at Fresh Start Church ..........623-979-4392
www.freshstartaz.com/
14185 N 83rd Ave, Peoria 85381
Food Boxes on Wednesday and utility assistance starting at 10am.

Cox Internet Connect2Compete.................................855-222-3252
www.cox.com/aboutus/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity
Program offers low-cost home internet for families that have a K-12 student and receive government assistance.

Lutheran Social Services of the Southwest...............480-654-4539
www.lss-sw.org
No walk-ins, appointments only. Offer assistance with utilities, employment and Supplemental Nutrition Assistance Program (SNAP) sign-up.

Salvation Army - Sun Cities/ West Valley Corps ..........623-977-1084
www.suncities.salvationarmy.org/sun_cities_corps
17420 N Ave of the Arts Blvd, Surprise 85378
Hours: M-F 9am - 11:30am; M – Th: 1pm - 4pm
Offers assistance with APS, SRP & SW Gas utility bills and limited rental assistance.

Southwest Gas.................................................................877-860-6020
www.swgas.com/en/az-special-programs
Arizona special programs & assistance.

SRP Discount Plan .........................................................602-236-8888
www.srpnet.com/prices/economy.aspx
Enrollment line open 24 hours a day, there are eligibility requirements to participate in the program.

Veteran Services

America’s Mighty Warriors .........................623-537-5322
America’s Mighty Warriors is a registered 501(c)3 non-profit corporation that honors our troops, the fallen and their families with programs that improve quality of life, resiliency, and recovery. Funds donated allow us to offer programs that help those who served and families of the fallen through hyperbaric oxygen treatment, Gold Star Respite and more.

**American Legion Department of AZ** .......................... 602-264-7706  
[www.azlegion.org](http://www.azlegion.org)  
[www.facebook.com/ArizonaLegion](http://www.facebook.com/ArizonaLegion)  
Disability claims and rental/utility assistance.

**AZ Chapter, Paralyzed Veterans of America, Inc**  ........ 602-244-9168  
*Toll Free number* ................................................................. 800-621-9217  
[www.azpva.org](http://www.azpva.org)  
[www.facebook.com/AZPVA](http://www.facebook.com/AZPVA)  
*Hours: M–F; 8am - 4:00pm*  
Non-profit veteran service organization.

**AZ Coalition for Military Families** ................................. 602-753-8802  
[www.arizonacoalition.org](http://www.arizonacoalition.org)  
[www.facebook.com/ArizonaCoalition/](http://www.facebook.com/ArizonaCoalition/)  
Information includes a starting point for key military, government and community resources available to service members, veterans and family members in each of may have eligibility guidelines.

**AZ Dept of Veterans’ Services** ................................. 602-255-3373  
[www.dvs.az.gov](http://www.dvs.az.gov)  
Assists veterans and their dependents.

**Disabled American Veterans, Glendale Chapter 20**  .... 623 931-7320  
*email: dav20glendale@gmail.com*  
Provides free professional assistance to veterans and their families with claims.

**Cutrano AZ Troop Run**  .................................................. 602-577-9789  
[www.aztrooprun.com](http://www.aztrooprun.com)  
[www.facebook.com/cutranaoaztrooprun](http://www.facebook.com/cutranaoaztrooprun)  
Provides extra curricular educational funding to children of Arizona’s fallen military heroes.

**Catholic Charities MANA House** ................................. 602-254-6785  
*(formerly Madison Street Veterans Assoc.)*  
[www.manahouseaz.org](http://www.manahouseaz.org)  
[www.facebook.com/pg/MANAHouseAZ/](http://www.facebook.com/pg/MANAHouseAZ/)  
*400 East Willetta Street, Phoenix, AZ 85006*  
Provides transitional living center for veterans experiencing homelessness offering personal, individualized basic resources, community and advocacy for all veterans.

**Military and Veteran Success Center** ............................. 480-384-9874  
1532 North Commissary Road, Glendale, AZ 85307  
At Luke Air Force Base. MVSC is the nation’s first community supported, case-managed, holistic support center for transitioning service members, veterans and their dependents. Services offered by the MVSC are free of charge.

**Military Assistance Mission** ................................. 602-246-6429  
[www.azmam.org](http://www.azmam.org)  
[www.facebook.com/pg/azmam.org](http://www.facebook.com/pg/azmam.org)
Provides financial and morale aid to our current Arizona active duty military, their families and wounded warriors regardless of overseas deployment status.

**Operation Shockwave** ................................................................. 480-259-1212
www.operationshockwave.org
ajones@operationshockwave.org
Suicide prevention offered through veteran-to-veteran mentorship. Empowering veterans to choose life and become examples of success in their community. Educate the public on tools and techniques that can be used for PTSD, depression, trauma and more.

**Pets for Patriots** ........................................................................... 877-473-8223
www.petsforpatriots.org
Facebook: https://facebook.com/petsforpatriots
Twitter: https://twitter.com/petsforpatriots
Instagram: https://instagram.com/petsforpatriots
Helps veterans adopt shelter dogs and cats for companionship and emotional support; operates nationwide.

**Reveille** ......................................................................................... 602-592-9461
www.reveillefoundation.org
Supports underserved populations to include US military, veterans, Native Americans, and formerly incarcerated. Utilizes holistic, case management creating individual plans for success bringing a community of resources together to execute their plan.

**Soldier’s Best Friend** ...................................................................... 623-218-6486
www.soldiersbestfriend.org
www.facebook.com/SoldiersBestFriend
Provides US military veterans living with combat-related Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI) with Service or Therapeutic Companion Dogs, most of which are rescued from shelters.

**The Ripple Effect- Helping Veterans and Families Heal**..... 260-312-3756
www.therippleeffectaz.com
www.facebook.com/therippleeffectaz
Offers resources to assist veterans and their families with reintegration into civilian life.

**The Veterans Directory** ................................................................
www.theveteransdirectory.org
www.facebook.com/theveteransdirectory/
Provides a comprehensive, user-friendly, web-based directory of services that benefits military Veterans and their families.

**Tragedy Assistance Program for Survivors** ............. 800-959-TAPS (8277)
www.taps.org
www.facebook.com/TAPSorg/
24/7-Providing services to those who have lost a loved one in the military.

**Surprise VA Outpatient Clinic** ...................................................... 623-251-2884
#101 Northwest Veterans Affairs Health Care Clinic
13985 W. Grand Ave Surprise AZ 85374
Provides primary Care, Mental Health, Physical Therapy, X-Rays. Other services offered, please call. There is also an enrollment office on-site. Must bring DD-214 to enroll.

**United States Veterans Initiative** ............................................. 602-717-6682
www.usvetsinc.org/phoenix
www.facebook.com/usvetsinitiativephoenix
3507 North Central Avenue, Suite 302, Phoenix, AZ 85012
Veterans Seeking Housing ................................................................. 602-757-9723
Veterans Seeking Employment Assistance ........................................ 602-717-6682
Veterans Seeking Other Services .................................................... 602-757-9723
Provides housing, employment assistance, access to veterans benefits and treatment for mental and physical health problems and substance abuse. Also counseling services to our nation’s veterans from all branches of the armed forces who have served from World War II to the current conflicts.

**Veteran Tickets Foundation** ....................................................... 602-314-8414
www.vettix.org (must create a free online account to get tickets)
www.facebook.com/VetTix
Provides veterans, service members, and immediate family of those killed in action with free tickets to sports events, concerts, family events as well as a diverse mix of other ticketed events, supporting community reintegration and personal health and happiness.

**Vet’s Community Connections** .............................................. 602-324-2817
Veterans, Military and Spouses ...................................................... 211/844-VET-CONX (838-2669)
www.vetscommunityconnections.org
Connecting those who have served with other community members for answers to questions about life in Maricopa County.

**Vets4Warriors** ................................................................. 24/7/365 peer support 855-838-8255
www.vets4warriors.com
www.facebook.com/Vets4Warriors/
24/7 Provides peer support services for Veterans, soldiers and their families via phone, chat, social media and texting. Live answer by another Veteran.

**Vet Center Combat Call Center** ................................. 877-WAR-VETS (927-8387)
www.facebook.com/VAVetCenters/
24/7 - Call-in counseling services for veterans. Beneficial for after-hours: crisis calls and other mental health related calls
West Valley Vet Center .............................................................. 623-398-8854
14050 N 83rd Ave Suite 170, Peoria 85381
www.facebook.com/pages/West-Valley-Vet-Center/
Readjustment Counseling services for active duty combat veterans and separated combat veterans, veterans subjected to military sexual trauma, UAV pilots, mortuary affairs, veterans who served in conflict zones and their family members.

**Veterans Crisis Line** .......................................................... 800-273-8255 press 1
Text ........................................................................................................ 838255
www.veteranscrisisline.net
www.facebook.com/pg/veterans.crisisline.1/
Free, confidential help for veterans available

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**Volunteer Opportunities**

**NOTE:** Most organizations listed in this guide welcome volunteers

**Arizonans for Children** .......................................................... 602-252-2270
www.arizonansforchildren.org
Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care. Always in need of volunteers.
City of Peoria Neighborhood Pride
e-mail communityassistance@peoriaaz.gov
Designed to help established neighborhoods maintain their appearance and value through exterior maintenance. Large projects held two to three times annually.

Dysart Community Center
www.dysartcommunitycenter.org
Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency.

Hands on Phoenix
www.facebook.com/HandsOnGreaterPhoenix
A nonprofit volunteer management organization.

Hospice of the Valley
www.hov.org
www.facebook.com/HospiceoftheValley/
Volunteers visit and read with patients, run errands, and offer emotional support. May work at White Dove Thrift Shoppes, make pet therapy visits, honor veterans and make a difference in others’ lives.

Just Serve
www.JustServe.org
www.facebook.com/JustServe.org
Matches faith, nonprofit, community and governmental organizations with volunteers.

Volunteer Match
www.VolunteerMatch.org
www.facebook.com/VolunteerMatch
Listing of volunteer opportunities.

Youth/Teen Programs

A Mighty Change of Heart..............................................623-308-5428
www.amchaz.org
Foster youth support organization in Surprise, AZ providing individualized duffle bags, school supplies, and more for foster kids.

AGUILA Youth Leadership Institute.................................602-518-0612
www.aguilayouth.org
www.facebook.com/AGUILAYouth
Provides youth (grades 9-12) with a comprehensive program in preparation for success in college, career and life.

Arizonans for Children..................................................602-252-2270
www.arizonansforchildren.org
Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care.

Big Brothers Big Sisters of Central AZ..............................602-264-9254
www.bbbsaz.org
www.facebook.com/BBBSAZ/
Matches youth in the community ages 6 to 18 with caring, supportive adult mentors who help them realize their potential. Families and youth can enroll online. Volunteers are needed in the Peoria area.

**BLOOM 365** .................................................................................. **888-606-HOPE (4673)**

[www.bloom365.org/intervention](http://www.bloom365.org/intervention)

The Youth Violence Intervention and Prevention Project (Y-VIPP) provides community and school based case management, intervention, lifeskills education and peer support for 13-24 year old young people who are at risk for or who have exhibited abusive or violent behaviors.

[www.bloom365.org/advocacy](http://www.bloom365.org/advocacy)

Community and school based direct advocacy services, case management, weekly peer support groups, TEXT/CHAT help, safety planning and resource connections for 13-24 year old young people who have witnessed or experienced teen dating violence, domestic violence, sexual violence, or gender based violence victimization.

[www.bloom365.org/education](http://www.bloom365.org/education)

Community and school based outreach and education to remove help seeking barriers for teens, prevent the root causes of teen dating violence/sexual violence and promote healthy and safe relationships. Includes delivery of a 7-Dose curriculum in schools, a bi-annual Peer Advocate Training Academy for teens, quarterly Study Circles community dialogues and Trusted Adult Ally Trainings for parents/caregivers, school personnel, law enforcement, youth service providers and more.

**Boys and Girls Clubs** .................................................................................. **623-979-3559**

[www.bgcmp.org](http://www.bgcmp.org)

[www.facebook.com/BGCMP](http://www.facebook.com/BGCMP)

11820 North 81st Avenue, Peoria 85345

Provides after-school, summer programs, tutoring, sports, arts, health, life skills and character building activities.

**Child Crisis Arizona** .................................................................................. **480-834-9424**

[www.childcrisisaz.org](http://www.childcrisisaz.org)

Headquarters – 817 N Country Club Dr., Mesa AZ

Provides emergency shelter, foster care, adoption, counseling, early education, home visitation, and parenting support services to Arizona’s most vulnerable children and families.

**Childhelp** .................................................................................. **800-790-2445**

[www.childhelp.org](http://www.childhelp.org)

Headquarters – 4350 E. Camelback Road, F250, Phoenix, AZ 85018...480-922-8212

Southwest Family Advocacy Center – 2333 N. Pebblecreek Pkwy, Suite A200, Goodyear AZ, 85395..................................................................................................................623-333-7900

Childhelp Children's Center of Arizona – 2120 North Central Ave. Suite 130, Phoenix, AZ 85004.................................................................602-271-4500

Provides therapeutic intervention for children who have been victims of sexual, physical and emotional abuse, and/or neglect, exposure to severe trauma or victimized as a result of parental substance use/abuse.

**Dysart Community Center** ........................................................................... **Dysart Community Center** .......................... **623-249-3812**

[www.dysartcommunitycenter.org](http://www.dysartcommunitycenter.org)

Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes

After School Program ages 4 - 18, Hours:  Mon 1-7, Tue - Thurs 3-7
First Saturday Mobile Pantry. Hours 9:00 – 11:00
Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.

**Dysart Unified School District (DSD)**

**Homeless Education Liaison** – 623-876-7072
School provided staff person to serve as a liaison for students experiencing homelessness.

**Empowered Young Parents Program**

**Arizona’s Children Association**

Full training and support provided, hours to suit volunteer.

School provided staff person to serve as a liaison for students experiencing homelessness.

**Empowered Young Parents Program**

**Arizona’s Children Association**

Assists pregnant or parenting youth between the ages of 12-24 who are currently or previously involved with the foster care or juvenile court system. Will provide on-on-one assistance with education, parenting skills, financial independence, healthcare, employment, education, counseling, and other community resources.

**Eve’s Place**

Outside Maricopa County:

Provides food, clothing, school supplies and toiletries for at-risk/homeless teens

**Heart for the City**

Free after-school, summer and sports programs, job skills training for teens and community gardening.

**Homeless Youth Connection (HYC)**
After Hours Phone..............................................................602-633-4844
www.hycaz.org
www.facebook.com/HomelessYouthConnectionAZ/
Provides homeless youth ages 13-19 with resources so they can stay in school and graduate. Assistance includes case management, necessities, life skills training, mentors and housing assistance for homeless youth.

Kaity’s Way .................................................................602-740-2734
www.kaitysway.org
www.facebook.com/kaitysway.org
Community based organization that educates about the importance of healthy relationship and brings awareness to the issue to teen dating violence in an effort to prevent abuse. Monthly workshops hosted in Peoria.

Kickstart Mentorship Academy...........................................623-217-5284
www.Kickstartmentorshipacademy.org
www.facebook.com/1kickstartama
Community based organization challenging and inspiring youth to become self-sufficient and goal oriented through life skills training and education.

New Song Center for Grieving Children ............................480-951-8985
www.newsongcenter.org
info@newsongcenter.org
No-cost program open to any child, teen or young adult who is grieving the death of a loved one.

Ombudsman Charter School ...........................................800-833-9235
www.arizonadiploma.com
Arizona Charter .................................................................602-317-0837
Peoria Location: 9516 W. Peoria Ave., #18-21.......................623-878-4503
Provides an alternative to traditional high school for those at risk of dropping out or who have dropped out of school and want to return and earn their diploma. Their four-hour school day allows time for family, friends, work and school and prepares students for college, career – for life – after high school. They “re-engage the disengaged.” At no cost to the kids or parents.

One-n-Ten.................................................................602-400-2601
www.onenten.org
www.facebook.com/onentenphoenix?fref=ts&ref=br_tf
Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Has several feature programs targeting education, employment and housing.

OCJ Kids ........................................................................602-439-2171
www.ocjkids.org
www.facebook.com/ocjkidsaz/
Connecting at-risk and foster youth with caring communities for support and assurance. Volunteer opportunities for those who cannot foster or adopt.

Peoria Unified School District (PUSD)
www.peoriaunified.org/domain/105
www.facebook.com/peoriaunified
Student Services Coordinator .......................623-486-6058
School-provided staff person to serve as a liaison for homeless students.

School Connect
www..org
Mailing address: 14240 N 43rd Ave., Glendale, AZ 85306 ..............602-496-0215
Researches and develops the best practices to build a supportive, collaborative community around schools.

**Scott Foundation** ................................................................. 480-689-3355
  www.SCOTT-FOUNDATION.org
  Mailing address: P.O. Box 4927 Cave Creek, AZ 85327
Growing next generation Thought & Service Leaders, invests in the initial 4-year future of Arizona foster youth who wish to make the world better than they found it. With a focus on developing inner wealth, produces year-round experiential learning that help kids develop their own purposeful vision with a mindful social impact.

**Teen LifeLine** ................................................................. 602-248-8336
  https://teenlifeline.org
  Peer counseling suicide hotline from 3-9 p.m. daily. Life skills development training for teens interested in becoming peer counselors. Awareness, education, prevention materials and training opportunities are available.

**Teen Outreach** ................................................................. 877-882-2881
  https://azyp.org
  www.facebook.com/topsaz
  West location: 6610 N. 47th Ave. Ste12, Glendale, AZ ....................... 623-334-1501
Focuses on the needs of pregnant and parenting teens. Includes pregnancy testing, pregnancy prevention and education, childbirth classes, a Dad’s program, parenting classes and support groups.

**VOICES for CASA** ............................................................... 480-685-4888
  www.Voicesfor CASAChildren.org
  Address: 4300 N. Miller Rd., Ste 116 Scottsdale, AZ 85251
Provides Court Appointed Special Advocates (CASA) volunteers to be the voice for a child in foster care, advocating for his or her best interest, helping them find a safe, permanent home.

**YMCA** .................................................................................. 602-404-9622
  www.valleyymca.org
  www.facebook.com/ValleyYMCA
  14711 N 59th Ave, Glendale, AZ 85306 ............................................ 602-588-9622
  12450 W Cinnabar Ave, El Mirage, AZ 85335 .................................. 602-688-5335
Programs that build a healthy spirit, mind and body.

**YWCA (corporate office)** ......................................................... 602-258-0990
  www.ywcaaz.org
  www.facebook.com/ywcaAZ
  YWCA - West Valley Senior center: 8561 N 61st Ave, Glendale, AZ ...... 623-931-7436
This site offers meals and meals on wheels.
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The cities of Peoria and Surprise operate their programs and services without regards to race, color, religion, sex, sexual orientation, gender identity, marital status, age, handicap, familial status or national origin.

Additional resources may be available at www.211arizona.org, a statewide information and referral service.