



COMMUNITY RESOURCE GUIDE



Brought to you by
the **City of Peoria** and the **City of Surprise**



**PEORIA
SUPPORT**

Services Uniting to Provide People
with Opportunities, Resources & Training



**HUMAN
SERVICE
& COMMUNITY
VITALITY**
CITY OF SURPRISE

The City of Peoria and City of Surprise collaborated to create this quick reference guide to provide contact information for assistance with food, shelter, homelessness, domestic violence and many other local resources. This guide is intended to provide general information and is not considered to be all inclusive. While every effort is made to ensure the accuracy of the information, we make no guarantees. The inclusion of an organization or service does not imply an endorsement of the organization or service, nor does exclusion imply disapproval. The user assumes the risk related to the use of any of this information.

Peoria SUPPORT

 **623.773.7070 • TTY/TDD: 623.773.7221**

peoriasupport@peoriaaz.gov

City of Surprise

Human Service & Community Vitality

 **623.222.1600 • TTY: 623.222.1002**

surprisecares@surpriseaz.gov

The most up-to-date version of this guide can be located online at
peoriaaz.gov/peoriaSUPPORT and surpriseaz.gov/HSCV

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City of Peoria Programs

www.peoriaaz.gov

www.facebook.com/CityofPeoriaAz

Peoria Community Assistance Division	623-773-7070
https://www.peoriaaz.gov/communityassistance	
Emergency Home Repair Program	623-773-5140
<i>(Must be an income qualified Peoria homeowner)</i>	
HOA contact information and registration	623-773-5140
Community Assistance Resource Center (Human Services)	623-773-7070
<i>8335 W Jefferson St. Peoria, AZ 85345 Hrs. M-F, 8am – 5pm</i>	
Neighborhood Grant Program	623-773-5140
Tool Lending Program (must be a Peoria resident)	623-773-7514
Water Payment Assistance Program	623-773-7070
Peoria Attorney’s Victim Assistance Unit	623-773-7414
Provides support services to crime victims	
Peoria Community Center	623-773-7436
www.peoriaaz.gov/communitycenter	
Active Adult Program: classes, trips, health and fitness, special events, educational courses and lunches served daily M-F.	
Adaptive Recreation: DES/DDD services (DTA, DTT, DTS, GSE), Special Olympics, bowling, weekly dance, special events, trips and various classes.	
Food programs: Various food programs for youth, teens and families distributed throughout the week. Call for details.	
Youth Programs: weekly activities, tournaments and special events.	
Peoria Community Services	623-773-7137
www.peoriaaz.gov/recreation	
Before/after school care, preschool, teens, sports, summer programs and reduced fees for qualifying youth. Programs at Rio Vista for all ages (reduced rates for qualifying families/persons).	
Peoria Dial-A-Ride/Dial-A-Ride Plus	623-773-7435
www.peoriaaz.gov/dialaride	
After Hours:	623-693-1043
<i>Leave message to reserve an ADA trip.</i>	
<i>ADA Service Hrs. M - F 4:30am– 9pm, Sat., Sun. & Holidays 6 am– 10pm</i>	
Provides curb-to-curb, advance reservation transportation of Peoria residents. Vehicles available that are wheelchair accessible. Trips can be reserved between 1 and 14 days in advance.	
Peoria Rio Vista Recreation Center	623-773-8600
www.peoriaaz.gov/riovista	
Silver Sneakers and health programs available.	
Peoria Fire-Medical Administration Non-Emergency	623-773-7279
www.peoriaaz.gov/fire	
www.facebook.com/PeoriaFireMedicalDepartment	
Peoria Fire-Medical Services	623-773-7919
Lock box program, smoke detector help, home safety visits, car seat inspections, CPR classes and safety education.	

Peoria Police Non-Emergency623-773-8311
www.peoriaaz.gov/police
www.facebook.com/PeoriaPoliceDepartmentArizona
 Peoria Police Victim Assistance..... 623-773-7019
 Domestic Violence support and meetings.

City of Surprise Programs

www.surpriseaz.gov

Surprise Human Services & Community Vitality
www.surpriseaz.gov/3320/Human-Service-Community-Vitality
www.facebook.com/suprisecares

Neighborhood Services 623-222-3238
Emergency Home Repair Program..... 623-222-3240
Neighborhood Grant Program 623-222-3239
Water Payment Assistance Program 623-222-4673
City of Surprise Resource Center..... 623-222-1600
Resource Center (CAP Office)..... 623-222-HOPE (4673)

www.surpriseaz.gov/3588/ Surprise-Resource-Center

Eviction prevention, utility assistance, Medicare benefits counseling, Veteran job club, Veteran homeless services and Veteran employment.

Surprise Senior Center..... 623-222-1500
www.surpriseaz.gov/Senior-Services

15832 N. Hollyhock St. Surprise, AZ 85378

Active adult program: Congregate Meal Program, classes, trips health and fitness, Silver Sneakers, special events and educational courses.

Surprise Community Recreation Services 623-222-2000
www.surpriseaz.gov/17/Community-Recreation-Services

Provides adaptive recreation: Special Olympics, bowling and weekly classes, camp, Tot time and summer camps.

Youth and Teen programming..... 623-222-2251

Provides Weekly activities, tournaments and special events.

Aquatics Center..... 623-222-2500

Countryside Recreation Center..... 623-222-2626

Sierra Montana Recreation Center..... 623-222-2600

Surprise Fire-Medical Administration Non-Emergency..... 623-222-5000

www.surpriseaz.gov/8/Fire-Medical-Department

Surprise I-HELP 623-222-1679

In partnership with Lutheran Social Services, IHELP is a unique shelter model that provides homeless individuals with hope and opportunity for a better future by offering overnight shelter, meals, showers, case management, and connections to community services.

Surprise Police Non-emergency 623-222-4000
www.surpriseaz.gov/882/Police-Department

Surprise Youth Services 623-222-8336

Surprise City Court 623-222-4800
www.surpriseaz.gov/238/City-Court

Basic Needs/Multiple Service Offerings

Arizona Suicide Prevention Coalition 602-248-8337

www.azspc.org

Survivors, professionals, supporters and anyone who is interested in the issues surrounding suicide are invited to info our site for additional information. Coalition meetings are 2nd Tuesday of every month. Call for details.

Catholic Charities Community Services.....602-285-1999

www.CatholicCharitiesAz.org

www.facebook.com/CatholicCharitiesAZ

4747 N. 7th Ave., Phoenix, AZ 85013

Programs include domestic violence, foster care, youth programs, parenting, immigration and Westside Head Start.

Community Action Program (CAP)

www.azdes.gov

www.facebook.com/OfficialArizonaDES/

Peoria 8335 W Jefferson St, Peoria 85345623-979-3911

Surprise623.222.HOPE (4673)

Offers assistance with: Utilities, rent, food, referral to senior services and case management.

Department of Economic Security (DES)602-542-4791

www.azdes.gov

<https://www.facebook.com/OfficialArizonaDES/>

Services Contact Numbers:

Office of Community Engagement (1789 W Jefferson St., Phoenix)602-542-2274

Aging and Adult Services (DAAS).....602-542-4446

Adult Protective Services.....877-SOS-ADULT (877-767-2385)

AZ Early Intervention Program (AZEIP)602-532-9960

Benefits and Medical Eligibility (DBME)855-777-8590

Child Care Assistance.....602-542-4248

Child Support Services (DCSS).....602-252-4045

Developmental Disabilities (DDD)602-542-0419

Employment Services.....602-542-4910

Medical Assistance.....855-432-7587

Ombudsman602-364-2860

Rehabilitation Services.....602-542-3332

Tribal Relations602-542-1290

Volunteer Engagement602-542-1991

DES Child Care Administration (Peoria Local Office).....602-771-0014

Peoria Location: 8990 W. Peoria Ave., Peoria, AZ 85345

Hours: M-F 8am – 5pm

Child Care Assistance.....602-771-0014

Dept. of Child Services.....602-771-0013

Dept. of Developmental Disabilities.....602-771-0012

Family Assistance Administration.....602-771-0011

Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes

After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7

First Saturday Mobile Pantry. Hours 9:00 – 11:00

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.

- Native American Connections (Administrative Office).....602-254-3247
www.nativeconnections.org
 Improves the lives of individuals and families through Native American culturally appropriate behavioral health, affordable housing, and community development services.
 Outpatient & Assessment 602-424-2060
 Housing Rental & Office Leasing Center.....602-2543247
- Salvation Army Sun City..... 623-977-1084
suncities.salvationarmy.org
www.facebook.com/thosalvationarmy.suncitieswestvalleycorps
www.needhelp-payingbills.com
 17420 N Avenue of the Arts, Surprise, AZ 85378
 Hours: M-F 9am-4pm; closed 12pm-1pm for lunch
- Food box assistance line..... 623-977-1084
 Offers assistance with an emergency food program, utilities and is a hydration station. Provides services to the following cities: Peoria, Youngtown, Sun City, Sun City West, Waddell, El Mirage, Surprise and Wittmann.
- St Vincent de Paul 602-266-HOPE (4673)
www.stvincendepaul.net/programs
www.facebook.com/StVincendePaulPhx
 Food Box Assistance Line/ Financial Assistance 602-266-4673
 Medical/Dental 602-261-6868
 Shelter/Clothing 602-261-6883
 Medical Equipment Loan 602-261-6896
 Housing Assistance/Utility Assistance/through 211 877-211-8661
- Zuri’s Circle** 480-779-ZURI (9874)
www.zuriscircle.org
<https://www.facebook.com/ZurisCircle/>
 Provides temporary assistance during unforeseen hardship to individuals, families and the homeless. Supporting the need of food boxes, hygiene bags, clothing and furniture.

Behavioral Health/Substance Abuse

- Abraham Low Self - Help Systems (Christian Church) 623-974-0566
www.recoveryinternational.org/meetings
 Weekly group meetings for people with mental health challenges (depression, anxiety, etc.) using a self-help method.
- Addiction Haven 480-277-3408
www.addictionhaven.com
 Works with families, adolescents, adults and community stakeholders who have been impacted by substance use through community events, one on one peer support, outreach and support meetings.
- American Foundation for Suicide Prevention..... 888-333-AFSP (2377)
 Crisis Line (24/7)..... 800-273-TALK (8255)
www.afsp.org
www.facebook.com/AFSPnational
 Not-for-Profit organization exclusively dedicated to preventing suicide.
- AZ Youth & Family Services..... 602-277-4833
www.azyfs.org
 Community mental health agency serving children, adolescents and families.

- Community Bridges623-643-9678
www.communitybridgesaz.org
www.facebook.com/communitybridgesaz
24/7 Access to care line
Services: Patient-centered medical home, inpatient, outpatient, access point, transition point, crisis mobile teams, stabilization, and recovery unit, opioid treatment and residential treatment.
- Crystal Meth Anonymous..... 602-235-0955/800-877-METH
www.CMAAZ.org
A fellowship of people who share their experience, strength and hope with each other, so they may solve their common problem and help others recover from addiction to crystal meth.
- Family Involvement Center602-288-0155 / 877-568-8468
www.familyinvolvementcenter.org
www.facebook.com/FollowFIC
Support & resources for parents who are navigating behavioral and physical health, schools, developmental disabilities, juvenile justice, child welfare and **other systems to meet their child's and family's needs.**
- Marc Community Resources480-994-4407
www.marccr.com/arizona-mental-behavioral-health-information-resources/
Provides information and resources. Helping people navigate the often confusing world of the Arizona mental health system, locating the professionals and organizations best able to assist the individuals.
- Mercy Maricopa Integrated Care 24/7602-586-1841/ 800-564-5465
www.mercymaricopa.org
www.facebook.com/MercyMaricopa
Helping connect residents in Maricopa County and parts of Pinal County to behavioral health, substance use and crisis care services.
- MIKID (Mentally Ill Kids in Distress)602-253-1240
www.mikid.org
www.facebook.com/MIKIDarizona
Hours: M-F 8am - 4pm
Provides: case management, individual/group respite, living skills individual/group, youth peer support, family support, chronic disease self-management, SafeTALK and signs of suicide training, mental health first aid program and cultural competency training.
- Mental Health America of Arizona480-994-4407 x10
www.mhaarizona.org
www.facebook.com/mentalhealthamericaofarizona
Promotes mental health and well-being for all Arizonans through education, advocacy and the shaping of public policy.
- NAMI Valley of the Sun Office 602 244-8166
www.namivalleyofthesun.org
5025 East Washington Street, Suite 112, Phoenix, AZ 85034
NAMI advocates for access to services, treatment, support and research. Committed to raising awareness and building a community of hope. Also, provides education programs at no cost throughout Maricopa County to qualified individuals.
- Partners in Recovery623-583-0232
www.partnersinrecovery.us.com/WestValley/WestValleyHome.htm

Outpatient mental health provider that assists individuals in becoming healthy and stable as well as achieving personal goals and dreams. A tool on your pathway to recovery.

Recovery Empowerment Network.....602-248-0368

www.renaz.org
www.facebook.com/renaz.org

Provides adult behavioral health services.

RI International.....866-481-5361

www.rijinternational.com

Peoria Recovery Response Center (RRC) 602-650-1212

Fax: 623-972-6173

11361 N. 99th Avenue, Suite 402, Peoria, AZ 85345

Crisis Respite 602-636-4380

11361 N. 99th Avenue, Suite 107, Peoria, AZ 85345

Serving those with mental illness and/or substance abuse through our Crisis Observation and Stabilization Unit, inpatient hospitalization, crisis respite services, as well as outpatient and peer support/educational services for those transitioning back into the community after hospitalization or incarceration.

Southwest Behavioral & Health Services602-265-8338

www.sbhservices.org
www.facebook.com/SBHServices/?ref=ts

Providing integrated behavioral & health services to children, adolescents and adults.

STAR (Stand Together and Recover).....623-882-8463

www.thestarcenters.org

Hours: M – Th 7:30am - 7:30pm, F 7:30am - 3:30pm, Sat. 7:30am - 2:00pm

Mission is to empower adults diagnosed with a mental illness by providing non-clinical peer-run support services.

Terros Health602-685-6000

www.terros.org

Hours: M – F 8am - 5pm

Provides culturally responsive, integrated and evidence-based primary care services, addiction and mental health treatment, mobile psychiatric crisis services, and community prevention and education.

Touchstone Behavioral Health866-207-3882

www.touchstonehs.org
www.facebook.com/touchstoneaz

Integrated health providing mental, behavioral health and pediatric medicine for children and youth-birth to 17 years old.

Employment/Training Resources

Adult Education Services/Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

Hours: M-Th 10:00am – 8:00pm

Provides GED, ESL, and citizenship classes for adult learners

ARIZONA@WORK: Maricopa County602-372-4200

www.arizonaatwork.gov
<https://www.facebook.com/azatworkmaricopa>

West Valley Career Center: 4425 West Olive Ave, Ste.200, Glendale AZ...602-372-4200
Youth Hub: 8335 W Jefferson St, Peoria, AZ serves ages 16-24.....623-878-0416
Provides services including job placement, skills assessments, job training, career counseling and resume development.

Arizona Training & Evaluation623-412-2888

www.aztec1.org
<https://www.facebook.com/aztec1.org>

7400 W. Olive Avenue, Suite 24, Peoria, AZ 85345

Hours: M-F, 8:00am – 4:30pm

Provides day activity, educational, home and community based employment and residential services and support. AZTEC’s programs are provided in the West Valley.

AWEE Advancing Arizona’s Workforce602-601-7200

www.awee.org
www.facebook.com/aweeworks

4520 N Central Ave, Phoenix, AZ 85006

Hours: M-F 9am - 12pm holiday hours vary

Provides workforce development strategy and offers tools for change, independence, self-reliance, and community revitalization to advance Arizona’s Workforce.

Beacon Group602-685-9703

www.BeaconGroup.org

Career Center: 2222 N. 24th St.

Assisting people with disabilities or other barriers to employment in searching for work, filling-out applications, building resumes, and interviewing for a position.

Goodwill of Central & Northern Arizona.....602-535-4444

MyCareerAdvisor.com

Career Center: 6750 W Peoria, AZ 623-486-4400

Hours: M-Th 9am - 3pm, F 9am - 1pm (Additional centers listed on the website)

From resume and interview skills development to digital trainings and on-site hiring events, the Career Services at goodwill of Central and Northern are here, free of charge, to help you land a job.

Hope Women’s Center623-875-4549

www.hopewomenscenter.org/west-valley-center/

Hours: W-Th 9am-2pm

West Valley Center: 12101 Grand Ave, El Mirage, AZ 85335

Serves women and teen girls facing any difficult life situation such as domestic violence, abuse, poverty, mental health, family conflict, single parenting, job readiness, substance abuse recovery, etc., to move them through crisis and teach the tools needed for long term positive life changes.

Jobs for Arizona Graduates.....602-216-9503

www.jagaz.org
<https://www.facebook.com/JagArizona/>

Assists youth to remain in school and acquire the academic, personal and leadership skills required for success after graduation.

Literacy Volunteers of Maricopa County

www.literacyvolunteers-maricopa.org

1616 E Indian School Rd, Suite 200, Phoenix 85016..... 602-274-3430

Office Hours: M-F 8am - 4pm

Class hours: M-Th, 8am - 8pm; F 8 am – 4 pm

729 E Hatcher Rd, Phoenix 85020 602-943-7332

Office Hours: M-Th, 8am - 4pm

Class hours: M-Th, 8am - 8pm; F 8am – 4pm

Improve adult reading, writing and mathematical skills to prepare for the GED; English language acquisition classes for adults.

Phoenix Job Corps 602-254-5921

<https://phoenix.jobcorps.gov/>

<https://www.facebook.com/doljobcorps>

Helps young people ages 16 through 24 improve the quality of their lives through vocational and academic training.

St. Joseph the Worker 602-417-9854

www.sjwjobs.org

Removes employment barriers by providing the resources necessary to gain and maintain employment.

Mobile Employment Specialist 602-223-3469

St. Mary’s Food Bank Alliance’s Community Kitchen 602-343-3183

www.firstfoodbank.org/learn/programs/community-kitchen/

Life skills and food service training for those with barriers to employment. Info sessions are held every Wednesday at 10:00am and are mandatory to proceed to the next step in the enrollment process.

Family Services

AASK – Aid to adoption of Special Kids 602-254-2275

www.aask-az.org

<https://www.facebook.com/AidtoAdoptionofSpecialKids/>

Aid to adoption of special kids by strengthening families for the children in **Arizona’s foster care system.** "Ensuring every child has someone who cares!"

Arizona Child and Adolescent Survivor Initiative (ACASI) 602-298-4037

<https://nau.edu/family-violence-institute/welcome-acasi/>

Provides specialized services and support to children who have a lost a parent to intimate partner homicide (IPH).

Arizona Facts of Life 602-254-2704

www.azfactsoflife.org

<https://www.facebook.com/AzFactsOfLife>

Provide and nourish an environment where youth and families discover healthy solutions to life situations.

Catholic Charities

Head Start and Early Head Start 623-486-9868

Westside Head Start 623-932-3517

www.catholiccharitiesaz.org/all-locations/youth-development

www.azheadstart.org

7400 W. Olive Ave. Suite 10, Peoria, AZ 85345

Early Head Start serves children from pregnancy to 3 years and Head Start for children 3 to 5 years. Services available in Peoria, El Mirage, Surprise, Glendale, Tolleson, Avondale, Buckeye and Palo Verde

Pregnancy, Parenting, & Adoption Counseling Hotline 888-818-4445

www.catholiccharitiesaz.org/all-locations/pregnancy-counseling

Free counseling for women and men experiencing an unexpected pregnancy who need help, please call or text.

- Child Care Resources (PAT Home Visitation Program)602-234-3941
www.childfamilyresources.org/
Home visitation program for families with children up to 48 months of age in the West Valley; providing parent support, child development skills, and connection to resources. The program is free, confidential, voluntary, and the quality services are provided by early childhood professionals.
- Child & Family Resources (Main line).....800-308-9000
www.azccrr.com
A statewide program that can assist you in locating childcare that meets your family's individual needs a no cost to you.
- DMG Children's Rehabilitative Services**602-914-1520
www.DMGCRS.org
Address: 3141 N Third Ave., Ste 100 Phoenix, AZ
Meets the health care requirements of children with special needs by offering nearly all types of specialty and primary care in a state-of-the-art facility.
- Family Bridges877-412-7434
www.familybridgesusa.com
<https://www.facebook.com/familybridges>
Provides resources, workshops and events to strengthen marriages and families.
- Family Services/Dysart Community Center623-249-3812
www.dysartcommunitycenter.org
After School Program, ages 4-18
Hours: Monday 1:00pm – 7:00pm; Tues-Thurs 3:00pm – 7:00pm
- First Things First.....602-771-5100
www.firstthingsfirst.org
<https://www.facebook.com/AZFirstThingsFirst/>
First Things First is a voter-created organization dedicated to helping Arizona kids five and younger receive the quality early learning, healthcare and family support they need to arrive at kindergarten healthy and ready to succeed.
- Helping Families in Need800-298-4346
www.hfinaz.com
<https://www.facebook.com/Hfinaz/>
Program, which seeks to improve early education and health, services for children.
- Jewish Family & Children's Service (JFCS).....602-279-7655
www.jfcsaz.org
<https://www.facebook.com/JFCSAZ>
Provides behavioral health services for children, youth and adults; services for victims of domestic violence; foster care youth transitioning to adulthood; older adult case management and counseling and services for the Jewish Community. Services are provided with a goal of improving coping skills and emotional health while encouraging self-determination, independence and resiliency.
- Peoria Unified School District Family Resource Center.....623-773-6679
www.peoriaunified.org/Page/490
[email: PUSDFamilyResourceCE@pusd11.net](mailto:PUSDFamilyResourceCE@pusd11.net)
Sky View Elementary School, 8624 W. Sweetwater Avenue, Peoria, AZ 85381
Hours: M-F 8am - 4pm
Helps families with children 0-5 years identify available resources to support children in their earliest years.
- Southwest Human Development
Birth to Five Helpline 877-705-KIDS (5437) call or text

www.birthtofivehelpline.org
www.swhd.org/helpline
www.facebook.com/SouthwestHumanDevelopment

Hours: M-F 8am - 8pm Assist with questions or concerns about children birth to five years of age.

Teen Challenge800-346-7859

www.tcaz.org
<https://www.facebook.com/TeenChallengeArizona>

Faith-based solutions for youth, adults and families struggling with life controlling problems.

Hope Community Services.....623-848-8863

<https://hcs-az.org>
<https://www.facebook.com/HopeCommunityServicesAZ/>

Provides counseling services, supervised visitation of minors that are court ordered in addition to foster care and adoption services.

Food/Meals Assistance

Animals in Disasters, Empty Bowl Pet Food Pantry602-909-7153

www.emptybowlpetfoodpantry.org
<https://www.facebook.com/emptybowlpetfoodpantry/>

Helps owners facing financial challenges and disaster victims by providing pet food and supplies.

Association of Arizona Food Banks.....602-528-3434

www.azfoodbanks.org
<https://www.facebook.com/azfoodbanks>

Online resource to find a food bank closest to you by zip code, city or title.

Community Hope Center at Fresh Start Church.....623-979-4392

www.freshstartaz.com
<https://www.facebook.com/freshstartchurchaz>

Food boxes and utility assistance on Wednesday at 10am. Mobile food pantry is the 2ndnd Thursday each month at 8am, closed during holiday weeks.

Food Services/Dysart Community Center623-249-3812

www.dysartcommunitycenter.org

First Saturday Mobile Pantry offered 9:00am – 11:00am

Harvest Compassion Center602-788-2444

www.harvestcompassioncenter.org
<https://www.facebook.com/MitchellSwabackCharities>

4744 E Thunderbird Rd, Suite 9, Phoenix 85032

Hours: M, W, & Sat 9am – 11:30am

Harvest Compassion Maryvale..... 623-247-0039

Harvest Compassion Chandler..... 480-686-8408

Bring two forms of ID. Local food and clothing bank to serve families in need
Guests may visit once every 30 days for free groceries, hygiene, baby and clothing items.

Hope for Hunger Food Bank602-773-4344

www.hopeforhungerfb.org
<https://www.facebook.com/hopeforhunger>

5605 N 55th Ave, Glendale 85301

Hours: M–Th; 8am - 12pm

Committed to feeding families.

- ICM Food & Clothing Bank.....602-254-7450
www.icmaz.org
<https://www.facebook.com/ICMFoodandClothingBank>
 Hours: M-Sa 9am – 11am
 Services: Food boxes, clothing, toiletries and household goods.
 Mission: Providing an immediate response to basic human need.
- Operation Care Food Bank.....602-866-0135
www.operationcarefoodbank.org
 1827 W Grovers, Phoenix 85023
 Hours: Tu&Th 9am - 11:30am
 Food and clothing to help those in need.
- St Charles Borromeo.....623-979-8059
<https://scbpeoria.org/>
<https://www.facebook.com/scbpeoria/?fref=ts>
 8615 W Peoria Ave, Peoria, AZ
 Hours: Open to serve the community M-Th: 8:30 am-5:30 pm
 (closed for lunch 12-1 pm)
 Food box assistance - Serves zip codes: 85345, 85351 and 85381.
 Located in **St. John’s Room at St. Charles Borromeo Church.**
- St Mary’s Food Bank Alliance**..... 602-242-FOOD (3663)
www.firstfoodbank.org
<https://www.facebook.com/firstfoodbank>
 Programs designed to help those in need receive food and other types of assistance and offer opportunities for individuals and organizations to get involved, make financial donations, and volunteer their time, effort and resources.
- St Vincent de Paul
www.stvincentdepaul.net
<https://www.facebook.com/StVincentdePaulPhx>
 Provides food via charitable dining rooms and a food bank to those who need help.
- El Mirage Dining Room.....602-850-6746
 14013 N Verbena St, El Mirage 85335
 Hours: M-F 10am - 11:30am
- Sunnyslope Dining Room602-944-0139
 9227 N 10th Ave, Phoenix 85021
 Hours: M-F 11am - 12:30pm, 4:30pm - 5:30pm, Sa-Sun 4:30pm - 5:30pm
- Family Dining Room.....602-254-3338
 420 W Watkins Rd, Phoenix 85003
 Hours: M-F 4:45pm - 6pm, activities and tutoring are available after dinner.
 Free shuttle is available.
- Human Services Campus Dining Room.....602-850-6746
 1075 W Jackson St, Phoenix 85007
 Hours: Weekdays 7am-8am, 11am-12:45pm; open weekends 11am-12:45pm
- United Food Bank480-926-4897
www.unitedfoodbank.org
<https://www.facebook.com/UnitedFoodBank>
 Food distribution warehouse serving almost 200 agencies in a five county service area. Direct client service providing emergency food boxes and other services to those in need.
- Valley View Food Bank623-933-3358
www.feedingaz.org

12321 NW Grand Ave, El Mirage, AZ 85335

Hours: M-F; 9am - 1pm

Vineyard Church 623-934-4000

www.vineyardnorthphoenix.com/foodbank
<https://www.facebook.com/vineyardnorthphoenix/>

6250 W Peoria Ave, Glendale, AZ 85302

Hours: Sa, Su & W 9am; M, Tu, & Th 7pm; F closed

Provides clothing and food boxes.

West Valley Community Food Pantry 623-848-8278

www.stjchurchaz.org
<https://www.facebook.com/stjchurchaz>

7205 N 51st Ave, Glendale 85301

Hours: M, W, Th 9am - 12:00pm

Emergency food pantry, providing up to five boxes per year to each household.

Accepting appointments for possible utility assistance: Call 480-654-4539

Wildfire 602-604-0640

www.wildfireaz.org

340 E Palm Lane, Ste 315 Phoenix, AZ 85004

Statewide network of community and faith-based organizations working on SNAP (Supplemental Nutrition Assistance Program) outreach and/or application assistance and committed to using a holistic approach to address hunger.

Grief Support Services

Billy's Place 623-414-9838

www.billysplace.me
<https://www.facebook.com/billysplaceme/>

Grief support groups for Children ages 3 to 30 and their families.

HealGrief 888-489-9654

www.HealGrief.org

HealGrief® **providing tools and resources to guides one's journey with grief into a healthy post bereavement growth.** Offering facilitated virtual support for grieving adults.

Actively Moving Forward® (AMF) provides supportive grief services for young adults, aged 18-30. Through the AMF App, grieving young adults connect, support, and empower each other in a way most comfortable to them, virtually and 24/7. AMF also provides facilitated virtual support groups FREE of charge to App community members; small fee for non-app members. Learn more at

HealGrief.org/AMF-App

Stepping Stones of Hope 602-264-7521

www.steppingstonesofhope.org
info@steppingstonesofhope.org

4000 North 7th Street, Suite 108 Phoenix, AZ 85014

Stepping Stones of Hope is an Arizona 501c3 dedicated to supporting grieving families after the loss of a loved one.

TAPS 800-959-8277 (TAPS)

www.taps.org
info@taps.org

Offering comfort and care to all those grieving the death of a military loved one and fostering collaboration and understanding for those seeking to support the military community.

Tears Foundation623-225-8317
www.thetearsfoundation.org/arizona
arizonachapter@thetearsfoundation.org

Helping bereaved families honor the life of a child by providing emotional support groups, referrals and financial assistance to help with infant burial or cremation expenses.

Health and Welfare/Medical Assistance

Adelante Healthcare877-809-5092
www.adelantehealthcare.com
www.facebook.com/AdelanteHealthcare/

Peoria Location: 15525 N 83rd Ave #104

WIC and eligibility services available at Peoria Community Resource Center (call for an appointment).....623-773-7070

Hours: M-F 8am – 5pm, closed during lunch

Offers primary medical care for the whole family, including family and internal medicine, pediatrics, on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance. Additional locations may also provide dental.

American Cancer Society800-227-2345

www.cancer.org

www.facebook.com/AmericanCancerSociety/

Tender Loving Care (publication offering affordable hair loss and mastectomy products and advice on how to use them):800-850-9445

Provides personalized cancer information, wigs, head coverings, support groups and community resource referrals to cope with cancer. Assists cancer patients, their caregivers and/or their family members at no cost.

Prescription Assistance Program (PAP) provided through Safeway and CVS/Pharmacy

<https://www.arizonarxcard.com/>

As a resident of Arizona, you and your family have access to a statewide Prescription Assistance Program (PAP). Create and print your *FREE* discount prescription drug card from the website listed above.

Arizona Department of Child Safety (DCS) Abuse Hotline 888-767-2445

Local number for general information.....602-255-2500

dcs.az.gov/

www.facebook.com/arizonadcs

AZ Dept. of Public Health Services602-542-1025

www.azdhs.gov

www.facebook.com/azdhs

To promote, protect and improve health and wellness of individuals and communities in Arizona.

Arizona Division of Problem Gambling602-542-8998

Helpline 800-Next Step (639-8783)

www.problemgambling.az.gov

www.facebook.com/Arizona-Office-of-Problem-Gambling-431670023533035

Provide and support effective problem gambling prevention, treatment and education programs.

AZ Health Care Cost Containment System (AHCCCS)855-432-7587

www.azahcccs.gov

Hours: M-F 8am - 5pm

Arizona's Medicaid agency offering health care programs to serve Arizona residents.

Barrow Neurological Foundation (Dignity Health)602-271-9961
www.BarrowNeuro.org/prevention

Provides medical education, clinical programs and support groups for those facing devastating neurological trauma or disease at Barrow Neurological Institute.

Boys and Girls Club Dental Clinic602-271-9961
www.bgcmp.org/programs/bgcmp-dental-clinic
<https://www.facebook.com/BGCMP>

1601 W Sherman St, Phoenix 85007. Hours: Tu- F 7am - 6pm

Full-service facility for children 5-18 who lack dental insurance and do not qualify for state assistance.

Brain Injury Alliance.....602-508-8024
www.biaaz.org

Provides support, resource and referrals to children, adults and families with any type of brain injury.

Cancer Support Community Arizona602-712-1006
www.cscaz.org
www.facebook.com/CSCArizona

Provides psychosocial support and services to people diagnosed with cancer and their friends and families in Arizona. Services include support services, healthy lifestyle activities, educational seminars, social connections, resources, and referrals.

Care 1st Resource Center623-333-2703
www.avondaleaz.gov/government/departments/neighborhood-family-services/family-services/resource-center

328 W Western Ave, Avondale 85323 Hrs. M-Th 8am - 7pm; F 9am - 5pm, Third Saturday each month 9 am-1 pm

Offers a variety of human services; from programs for parents with children 0-5, to assistance with applying for AHCCCS.

Family Assistance Administration (FAA)602-771-0011
des.az.gov/services/basic-needs/family-assistance
www.facebook.com/OfficialArizonaDES

Peoria Location: 8990 W Peoria Hours: M-F 8am - 5pm

Family assistance – possible nutrition, cash and/or medical assistance benefits.

First Teeth Firstsee various locations below
www.maricopa.gov/publichealth/programs/oral/FTF/default.aspx

Glendale WIC 5141 W. Lamar Rd 623-939-0989

St. Mary's WIC 3003 W. Thomas Rd., Phoenix 602-278-3201

Sunnyslope WIC 8828 N. Central Ave., #100, Phoenix 602-331-8311

Thunderbird WIC 5422 W. Thunderbird Rd., #6, Glendale..... 602-993-5010

Constitution WIC 18440 N 15th Ave, Phoenix 602-482-7174

Maricopa County Office of Oral Health provides dental screenings, parent education, fluoride varnish and referrals for children five years of age and younger.

Health-e-Arizona 855-432-7587 /855-HEAPlus
www.healtharizonaplus.gov

Single on-line application for medical and nutrition assistance.

Statewide Fax Queue: 602-257-7031

Maricopa County Dept of Public Health (MCDPH)602-506-6900
www.WeArePublicHealth.org (English)
www.SomosSaludPublica.org (Spanish)
[Facebook.com/MCDPH](https://www.facebook.com/MCDPH) (English)

Main Number 602-506-6767
 West Valley Immunization Clinic 623-474-2290
 1850 N 95th Ave, Suite 184, Phoenix 85037
 Hours: M-F 8am - 4:30pm (closed 12pm-1pm and every fourth Wednesday morning of the month, to reopen at 1 p.m. that day)

Maricopa County Dept of Public Health (MCDPH)(cont)602-506-6900
 Immunization Clinic.....602-506-8815
 1645 E Roosevelt St, Phoenix 85006

Other locations in Maricopa County.....602-839-2289
 Provides free immunizations to children age 0-18 years old. Educates parents, guardians, day care and school staff to reduce/eliminate the transmission of vaccine preventable diseases.

Nurse-Family Partnership program..... 602-224-1740 / 602-359-7083
 Provides a nurse to visit you in your home throughout your 1st pregnancy and until your child is 2 years of age. Working together to have a healthy pregnancy and child, become a better parent, make your home a safe place, get referrals to support services and set goals for your future.

Maricopa Integrated Health System Family Health Centers (MIHS)

www.mihs.org/family-health-center
www.facebook.com/mihs.az

Avondale Family Health Center 950 E Van Buren 623-344-6800
 Hours: M-F 7:30am - 5pm; Sat 7:30am – 4:30pm (closed for lunch 11:15-12:15)

Adult Dental.....623-344-6809
 Hours: 7:30am - 4:00pm

Glendale Family Health Center 623-344-6700
 5141 W. Lamar Glendale, AZ 85301
 Hours: M-F 7am - 5pm

Pediatric Dental.....602-344-2522
 Hours: 7:30am - 4:30pm

Routine exams, Family Medicine and lab services.

Mission of Mercy602-861-2233
www.aMissionofMercy.org

Provides free mobile health care and medications without insurance. Filling the gaps for those that have fallen through the cracks of the healthcare system.

Mobile Dentistry of Arizona480-313-3310
www.mobiledentistryofaz.com

Provides full dental services for people of all ages, including individuals with physical and cognitive constraints that make it difficult to get to the dentist. This service is provided at your home.

Mountain Park Health Center602-243-7277
www.mountainparkhealth.org
www.facebook.com/MountainParkHealthCenter

6601 W Thomas Rd, Phoenix 85033
 Hours: M-F 7:30am - 8pm; Sa 7:30am - 4:30pm
 Can schedule appointments 24/7

Provides Women’s Healthcare, Pediatrics, Internal/Family Medicine, Dental, Labs, Pharmacy, WIC and more!

Medical Lending Center (Youngtown Community Fund) ..623-977-4661
www.youngtowncommunityfund.com
Short-term loan of medical equipment.

Mission of Mercy..... (602) 861-2233
www.amissionofmercy.org/arizona (Other locations listed on website)
www.facebook.com/missionofmercyaz/

Avondale Appointment Line 623-932-2723

Appointment Line Hours Tu & Th: 9am - 2pm.
First Southern Baptist Church, 1001 N. Central Ave, Avondale
Clinic open on Mondays, 8am-2pm

Maryvale & Central Phoenix Appointment Line 602-486-7798

Appointment Line Hours Tu 1pm-6pm and Th 9am - 2pm.
Maryvale - Church of the Nazarene, 3201 N. 51st Ave, Phoenix, AZ
Clinic open on 1st & 3rd Tuesdays, 8am - 2pm
Murphy Education & Health Center, 3140 W Buckeye Rd. Phoenix, AZ
Clinic open on 2nd and 4th Friday

Central Phoenix -Shepherd of the Valley Lutheran Church, 1500 W Maryland
Clinic open on Wednesdays, 8am - 2pm

All locations provide free healthcare and free prescription medications to the uninsured, underinsured and those who "fall through the cracks" of the healthcare system. Appointment lines and locations also offer bi-lingual assistance.

Native Health Centers602-787-3352
www.nativehealthphoenix.org

www.facebook.com/nativehealthphoenix
4041 N Central Ave Building C, Phoenix 602-279-5262
Hours: M – F 8am - 7pm

2423 W Dunlap Ave, Suite 140, Phoenix..... 602-279-5351
Hours: M – F 8am - 7pm

Full medical and dental services, WIC, HIV testing and AHCCCS enrollment assistance. Free transportation may be available.

Neighborhood Outreach Access to Health (NOAH)

Central scheduling phone number for all locations480-882-4545
www.Noahhelps.org

Copperwood Center: 11815 N. 51st Ave., Ste. B110, Glendale, AZ 85304
Hours: M–Th 7am - 7pm; F 7am-5pm

Desert Mission Community Health Center: 9201 N 5th St, Phoenix, AZ 85020
Hours: M–F 8am - 5 pm

Sierra Health Center: 6206 W Bell Rd, Glendale, AZ 85308
Hours: M-F 8am - 5pm

Vendor Health Center: 20440 N. 27th Avenue, Phoenix, AZ 85027
Hours: M–F 8am - 5 pm

Medical, dental, pediatric, behavioral health and psychiatric, nutrition services, prenatal and community resources. Additional locations listed online.

Nutritional Services (WIC)800-252-5942
www.azdhs.gov/prevention/azwic/families/index.php

www.facebook.com/azdhs/
Peoria Mobile (WIC) through Adelante Healthcare..... 623-236-4622
8335 W Jefferson St, Peoria

Hours: Tu & W 8am - 5pm

Supplemental nutrition program for low-income women.

- Phoenix College Dental Clinic.....602-285-7323
<http://www.phoenixcollege.edu/community/community-services/dental-clinic>
 3144 N 7th Ave, Phoenix, AZ 85013
 Hours: M-Th 8:30am - 4:30pm
 Dental hygiene services offered include cleanings, deep scaling, x-rays, sealants and fluoride. \$35 for adults, \$25 for kids (ages 3 to 15) and \$10 per sealant.
- Smiles by Delivery 623-584 GRIN (4746)
www.SmilesByDelivery.com
- Mobile dental practice in Arizona providing cutting-edge technology in a **patient's** home at rates up to 30 percent lower than traditional dental practices.
- Social Security800-772-1213
www.ssa.gov
www.facebook.com/socialsecurity
- Official Social Security website online services and retirement estimator.
- Solecito Services.....623-876-5331
 Medical equipment rental.
- Southwest Lending Closet623-932-1016
www.southwestlendingcloset.org
www.facebook.com/SouthwestLendingCloset
- Lends durable medical equipment for up to 90 days.

Housing Rehabilitation

- Ability360.....main office 602-256-2245
www.ability360.org
www.facebook.com/Ability360
- Provides removal of architectural barriers in the homes of residents with disabilities
- Maricopa County Housing Programs602-506-5911
www.maricopa.gov/faq.aspx?qid=254
- Provides weatherization for homes owned by low-income persons, particularly elderly, disabled and persons with minor children. The goal of weatherization is to increase energy efficiency by reducing energy usage and improving the health and safety of the home. Inquiry form at www.maricopa.gov/4119

Housing Assistance

- Administration of Resources and Choices (ARC)602-374-2226
www.arc-az.org/housing-counseling/
HUD Certified agency providing a path to successful home ownership through Mortgage Readiness Review and Assistance. Also, providing foreclosure prevention counseling for principal reduction, monthly mortgage subsidy assistance to qualified Arizona homeowners, Reverse Mortgage Counseling, assisting homeowners 62 or older.
- Arizona Attorney General602-542-5025
 Consumer Information and Complaints 602-542-5763
 Task Force Against Senior Abuse (TASA)..... 602-542-2124
www.azag.gov/seniors/TASA
 Resources for Seniors www.azag.gov/seniors
- Arizona Department of Housing (ADOH)602-771-1000

www.housing.az.gov
www.facebook.com/azhousing/

Programs include: Foreclosure and homeless assistance, fair housing, affordable housing, Section 8, rentals and housing counseling.

Save Our Home AZ (foreclosure assistance)..... 602-771-1000
Housing Counselor 877-448-1211

Offers principal reduction assistance, monthly mortgage subsidy assistance for underemployed and unemployed Arizonans, second lien elimination and short sale assistance to qualified Arizona homeowners.

Arizona Fair Housing Center.....602-548-1599
www.azfairhousing.net
www.facebook.com/pg/Arizona-Fair-Housing-Center-265710680205759/

Mission is to eliminate housing discrimination and fair housing/civil rights complaints. Individuals who believe they are victims of discrimination should submit a complaint.

Catholic Charities Affordable Housing **602-285-1999**
www.housingforhopeaz.org
www.CatholicCharitiesAZ.org

Phoenix (2 locations)..... 602-840-0898 and 602-290-0459
Glendale 623-934-7579

Offers affordable housing for qualifying families in three housing communities throughout the Valley.

Delia Foundation (Blu Village Connect) 480-600-7950
www.deliafoundation.org/bluevillageconnect.html

Creating solutions and connections for low income seniors and veterans. Positively impacting isolation, independence, health and wellness. Giving guidance, resources and support.

Habitat for Humanity Central Arizona.....623-583-2417
www.habitatcaz.org
www.facebook.com/HabitatCAZ

Peoria Location: 9133 NW Grand Ave, Suite 1, Peoria, AZ 85345

New home construction, home repairs, neighborhood revitalization and contract services for public and nonprofit industries.

Homeless I.D. Project
www.AZHomeless.org

Phoenix: 206 S 12th Ave. 602-223-3527
Hours: M-F 7:30am – 10am

Helping homeless people rebuild their lives beginning with identification retrieval assistance.

Housing Authority of Maricopa County
www.maricopahousing.org/programs/

Peoria Property: 10950 N 87th Ave 602-744-4590
Hours: M-F 8am - 5pm

Providing HUD affordable housing for low-income eligible families and/or single persons.

Housing Choice Voucher-Section 8 602-744-4500
Location: 8910 N 78th Ave, Building D, Peoria

Hours: M-F 8am - 5pm

Provides rent subsidy to income eligible individuals and families.

Save the Family

www.savethefamily.org
www.facebook.com/SavetheFamilyAZ

Affordable Rental Movement..... 480-898-0228 ext 100

Transitional housing and supportive services for homeless families with children.

Trellis602-258-1659

www.trellisaz.org
www.facebook.com/TrellisAZ1

Pre and post-purchase, reverse mortgage housing counseling; financial coaching, money management and budget workshops; homebuyer education; down payment assistance and flexible lending products; and affordable single-family homes.

Legal/Financial Services

ACESDV602-279-2900

Toll-free.....800-782-6400

www.acesdv.org
www.facebook.com/ACESDV

Information, publications and resources related to legal issues and areas of State and Federal law.

Arizona Center for Disability Law602-274-6287

www.azdisabilitylaw.org
www.facebook.com/Arizona-Center-for-Disability-Law-134193483284046

Protect and advocate for individuals with disabilities.

CASA of Maricopa County602-506-4083

www.maricopacasa.org
www.facebook.com/CASAofArizona

Court appointed special advocates; adult volunteers appointed by judge to advocate for abused and neglected children in court.

Catholic Charities Community Services, Familias Unidas Legal Services, Immigration and Family Reunification.....602-749-4415

www.catholiccharitiesaz.org/all-locations/immigration

Provides various legal services including immigration and family reunification.

NOTE: Leave a message and someone will return your call. NOTA: Deje mensaje y alguien le regresara su llamada.

Community Legal Services602-258-3434

www.clsaz.org
www.facebook.com/communitylegalservicesarizona

Arizona law firm providing legal services to program eligible residents living with lower incomes and experiencing legal problems with our practice areas: Family Law, Housing Law, Consumer Law, Farm Worker, Employment & Tax Law, and Health and Economic Stability. Works to ensure access to justice for all.

Internal Revenue Service (IRS) Volunteer Income Tax Assistance (VITA)

www.irs.gov

Offers free tax help.

Lawyer Referral Service.....602-257-4434

www.maricopalawyers.org/about-us/

Services meeting the legal needs of our community.

Legal Services for Crime Victims in Arizona (LSCVA)623-471-6401

www.lscva.org

www.facebook.com/LSCVA.org

Provides free legal representation in criminal cases to victims of crime in Arizona, with priority to victims of domestic and/or sexual violence. LSCVA **asserts and seeks enforcement of crime victims’ rights and provides social services** to facilitate healing in the aftermath of crime.

Maricopa County Attorney

www.maricopacountyattorney.org/serving-victims/brochures-forms-information

Maricopa County Victim Compensation 602-506-4955

Assists victims and their families dealing with the financial harm caused by crime.

Take Charge America.....866-750-9612

Additional toll free number listed on website..... 866-528-0588

www.takechargeamerica.org

www.facebook.com/TakeChargeAmerica

Guidance with credit, bankruptcy, housing, student loans and debt management. HUD certified.

VITA through A New Leaf

<https://www.turnanewleaf.org/services/vita.html>

The Volunteer Income Tax Assistance program offers free tax help.

LGBTQ Services

One Community Foundation.....480-355-0088

onecommunityfoundation.org

Shaping the future of LGBTQ and allied leadership.

One-n-Ten.....602-400-2601

www.oneten.org

www.facebook.com/onetenphoenix?fref=ts&ref=br_tf

Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Has several feature programs targeting education, employment and housing.

PFLAG602-843-1404

www.pflagphoenix.org

PFLAG promotes the health and well-being of gay, lesbian, bisexual and transgender persons, their families and friends through support, education and advocacy.

Phoenix Pride 602-27-PRIDE/602-277-7433

www.phoenixpride.org

Pride promotes unity, visibility and self-esteem among gay, lesbian, bisexual, transgender and queer persons: and promotes a positive image in the Valley of the Sun and throughout Arizona through community activities and services.

Safe Out602-685-6006

SafeOutAZ.org

Focused on substance use and suicide prevention among LGBTQ youth and young adults ages 13-26.

Southwest Center for HIV/AIDS602-307-5330

www.swcenter.org

Leader in providing HIV/AIDS services in Phoenix AZ, including: HIV and STD testing, LGBTQ-friendly medical care.

Miscellaneous Services

Bureau of Vital Records602-364-1300

www.azdhs.gov/licensing/vital-records (*only Arizona*)

www.Vitalchek.com(paid service for most states and some international agencies)

Homeless ID Project 211 or 877-211-8661

www.azhomeless.org

[email: info@azhomeless.org](mailto:info@azhomeless.org)

206 S 12th Avenue, Phoenix, AZ 85007

Cross Streets: 12th Avenue and Madison Street

Hours: M-F 7:30am – 9:00am (20 individuals will be served at each sign up time and on a first come, first serve basis)

Provides help to men, women, and children experiencing homelessness to rebuild their lives by obtaining their identification.

Organization for non-violence education 623-934-0696

www.oneincusa.org

Provides individual and group counseling for anger management and domestic violence.

Rape, Abuse and Incest National Network 800-656-4673

www.rainn.org

Information, referrals and telephone or online support for victims of rape or abuse.

Safelink Wireless Service through TracFone.....800-Safelink (723-3546)

www.safelinkwireless.com/Enrollment/Safelink/en/NewPublic/index.html

Technical Support ONLY: 800-378-1684

Provides households a wireless phone, eligibility requirements must be met, which are set by each State where the service is provided. This service is limited to one person per household.

Science Care800-417-3747

www.sciencecare.com

Hope Program is a no cost pre-screening program that allows patients, families, and healthcare providers to know with certainty if a donor meets current research criteria before the time of passing.

The National Domestic Violence Hotline 800-799-7233

www.thehotline.org

Hotline advocates are available for victims, and anyone calling on their behalf, to provide crisis intervention, and safety planning. Information is offered in both English and Spanish.

Referral Services

2-1-1 Arizona Services..... 211 or 877-211-8661

www.211arizona.org

Community information and referral service.

Affordable Housing Online

affordablehousingonline.com/

www.facebook.com/AffHsqOnline/

Provides ability to search for affordable housing in a specific area by City, County or Zip code and also allows individuals to sign up for waitlist alerts.

AZ Caregiver Coalition.....888-737-7494
www.azcaregiver.org
www.facebook.com/azcaregiver/

Supports family caregivers.

Arizona Community Action Association

www.azcaa.org
www.facebook.com/ArizonaCommunityActionAssociation/

Comprehensive listing of free and low-cost services and programs for low-income families and individuals.

North West Area Utility Assistance Line 602-372-0728
(Serving Peoria, El Mirage, Sun Cities and surrounding area)
Hours: M-F 8am–5pm, Please call to make an appointment.

Peoria: 8335 W Jefferson St, Peoria 85345 623-979-3911
Surprise 623.222.HOPE(4673)

Arizona Self Help (Benefit referral)

www.ArizonaSelfHelp.org
www.arizonaselfhelp.org/programs/

Free and easy way to find out if your family can get help from several different health and human services programs.

BenefitsCheckUp®

www.benefitscheckup.org

Free service that helps find benefit programs based on your needs.
(ex: medication, food, utility, legal, health care, housing, etc)

Child Care Resource and Referral 800-308-9000
www.arizonachildcare.org

www.facebook.com/arizonachildcare/

Referrals to families who need assistance locating regulated childcare.

Crisis Response Network

www.crisisnetwork.org
www.facebook.com/CrisisNetworkAZ/

Central Arizona warm Line 602-347-1100
Central Arizona crisis Line local 602-222-9444
Central Arizona crisis Line 800-631-1314
Central Arizona crisis Line (TTY) 800-327-9254
SMI determination 855-832-2866

24/7 crisis response network to assist children and adults connect with the help they need for qualifying individuals and families looking for services: medical, legal, affordable housing and more.

Find Help Phoenix

www.findhelpphx.org
www.findhelpphx.org/es (Spanish language partner site)

Free and low-cost services in Maricopa County.

Research For Life 480-940-1310
www.researchforlife.org

Whole body donation organization working to bridge the gap between donors and medical educators and disease researchers.

Senior Guidance.org

www.seniorguidance.org/assisted-living/arizona/

Provides resources on senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and other long term senior care options, including memory care such as Alzheimer's or Dementia.

Senior Services

About Seniors602-772-6490

www.aboutseniorsaz.com

www.facebook.com/aboutseniorsaz

Provides seniors and their families assistance in finding quality communities and/or care in Arizona. In addition, offers Grief Support Services and Support Group Facilitation to clients, organizations and those in need.

Alzheimer's Association602-528-0545

Helpline 24/7 800-272-3900

www.alz.org

www.facebook.com/actionalz

Purpose is to empower and support individuals, families, care partners and communities affected by dementia.

Area Agency on Aging.....602-241-6118

Peoria SUPPORT at Community Assistance Resource Center..... 602-773-6909

Surprise Resource Center 623-866-4214

Banner Olive Branch Senior Center (Sun City) 623-465-6005

www.aaaphx.org

FREE Medicare, Medicaid and ALTCS counseling funded by Federal agencies, not affiliated with the insurance industry, offered to everyone interested in understanding the Medicare system.

Assisted Living.....800-622-3915

www.assistedliving.org

A community organization that offers resources and information to assist seniors living with disabilities.

Beatitudes Campus602-995-6100

www.beatitudescampus.org

www.facebook.com/BeatitudesCampus

Not-for-profit life plan community for active independent senior living in Phoenix, Arizona, plus a full spectrum of health services.

Foundation for Senior Living602-285-1800

www.fsl.org

www.facebook.com/FSLhelps

In-home care, adult day care, affordable housing and senior centers.

Banner Sun Health Research Institute.....623-832-6500

<https://www.bannerhealth.com/locations/sun-city/banner-sun-health-research-institute-santa-fe>

Located in the West Valley, the Institute conducts research, clinical care, prevention and education in memory disorders such as Alzheimer's and movement disorders, such as Parkinson's disease.

- Benevilla623-584-4999
www.benevilla.org
www.facebook.com/Benevilla.org
Hours: M-F 8am - 4:30pm
 Life Enrichment Adult Day Programs for older adults and adults with intellectual and developmental disabilities, free caregiver support groups, resources and educational events, free home services such as grocery shopping, transportation, friendly visitors, phone pals and home delivered meals.
- Delia Foundation 480-600-7950
www.bluvillage.connect.org
 Consulting with seniors and their family members to connect them with resources and housing options.
- Duet602-274-5022
www.duetaz.org
www.facebook.com/DuetAZ
Hours: M-F 8am - 4:30pm
 Support groups, workshops, group activities, respite, legal guidance and information and referral for grandparents raising grandchildren. Transportation, friendly visits, grocery shopping to or from and paperwork assistance for the elderly and /or disabled.
- Home Assist Health602-795-7620
www.homeassisthealth.org
www.facebook.com/homeassisthealth/
 Provides home care assistance for the elderly and/or disabled adults and children with long-term illnesses. Approved to provide DDD (Division of Developmentally Disabled) services as well as Arizona Long Term Care System (ALTCS).
- Hospice of the Valley602-530-6900
www.hov.org
<https://www.facebook.com/HospiceoftheValley/>
 Hospice, palliative and dementia care. Support for caregivers. Pet, massage, music therapy. Veteran and first responder recognition. No-cost assistance with senior placement and health care decisions. Nurse call service available 24/7.
- Medicare and Medicaid Benefits Assistance
 Program.....**602**-264-2255
www.aaaphx.org
 Provides free Medicare/Medicaid counseling by Medicare Certified Counselors (SHIP Counselors) at Senior Centers.
- Senior Citizens Law Project.....602-252-6710
www.azlawhelp.org/resourceprofile.cfm?id=12
 Provides legal services.
- Stepping **Up for Seniors**.....623-866-4214/480-588-4910
www.steppingupforseniors.org
 Provides referrals and financial assistance to low income seniors facing a critical medical issue resulting in a financial crisis. Apply on line at the above referenced web page.

Sun City Community Assistance Network (CAN).....623-933-7530

www.suncitycan.org

10195 W Coggins Dr., Sun City, Arizona

An organization providing free assistance to low-income seniors, disabled persons and others to meet their basic needs. Examples of services offered are utility discounts, prescription drug programs, food stamps, Medicare and social security guidance, legal consultations, income tax preparation, and property tax refunds. Several other services are available. Please call to make an appointment with a counselor and let Sun City CAN connect you with resources that will enhance your standard of living.

Sun Health623-832-9355

www.sunhealthwellbeing.org

www.facebook.com/sunhealth

Center for Health and Wellness.....623-832-9355 (WELL)

Memory Care Navigator.....623-832-9300

14719 W Grand Ave, Surprise, Arizona

Hours: M-F 8:30am – 5pm

Nonprofit center providing education on diabetes, nutrition, weight loss, physical fitness and improving strength and balance. Individual counseling available with registered dietitians, certified diabetes educators, exercise physiologist and health coach. Acupuncture and massage therapy also available. Provides **support and resources for patients and families dealing with Alzheimer’s disease and dementia.**

Services For Persons With Disabilities

AZ Assist480-779-0899

www.facebook.com/azassist

West Valley Contact 602-615-9473

West Valley Support Group meetings are held at the Peoria Community Center on the 1st Thursday of every month from 6:30pm-8:30pm.

Provides social activities for the teens and young adults on the autism spectrum, and information on autism topics related to these age groups, for parents and guardians.

Ability360.....602-256-2245

Glendale Office..... 602-424-4100

www.ability360.org

www.facebook.com/Ability360

Programs to empower people with disabilities.

ACCEL (Education & life skills school)602-995-7366

www.accel.org

www.facebook.com/ACCELArizona

10251 N 35th Ave, Phoenix, AZ 85051

Arizona Center for the Blind & Visually Impaired602-273-7411

www.acbvi.org

www.facebook.com/acbvi

3100 E Roosevelt St, Phoenix 85008

Hours: M-F 8am - 4:30pm

Membership fee based on ability to pay; charges for some special events.

Arizona Spinal Cord Injury Association.....602-507-4209/888-889-2185
www.azspinal.org

5025 East Washington St., Ste 110, Phoenix, AZ 85034

Dedicated to enhancing the lives of individuals with spinal cord injuries and their families.

Assisted Living.....855-221-9611
www.assistedliving.org

A community organization that offers resources and information to assist seniors living with disabilities.

AZ Developmental Disabilities Planning Council.....602-542-8973
addpc.az.gov
www.facebook.com/ADDPC

Provides research and financial support to innovative projects focusing on employment opportunities, self-advocacy and promoting inclusion for people with developmental disabilities.

AZ Disability Coalition602-262-2900
www.azdisabilitycoalition.org
www.facebook.com/Arizona-Disability-Coalition-ADC-109920866153575/

ADC advances the rights, choices and value of people with disabilities through their individual and collective advocacy and education efforts.

AZ Recreation Center for the Handicapped (ARCH).....602-230-2226
www.archaz.org
www.facebook.com/ARCHAZ.ORG

1550 W Colter St, Phoenix, AZ 85015

Provides services to enable handicapped individuals to obtain higher levels of physical well-being, pride, independence and self-esteem.

Civitan Foundation, Inc602-953-2944
www.civitanfoundationaz.org
www.facebook.com/CivitanFoundationInc

12635 N 42nd St, Phoenix, AZ 85032

Provides respite, habilitation, attendant care, day treatment for adults (DTA), home and community based services, (HCBS), group supported employment (GSE), recreational events such as CAMP in Williams, Arizona and weekend social events in Phoenix. Transportation is offered to and from services.

Delia Foundation480-600-7950
www.deliafoundation.org

Serves as a center for non-formal education, addressing the universal needs to improve the lives of children with disabilities.

DES Developmental Disabilities (Peoria)602-771-0012
des.az.gov/services/disabilities/developmental-disabilities

Peoria location: 8990 W Peoria Ave, 2nd Floor, Peoria, AZ 85345

Developmental Enrichment Center602-314-4214
www.dec-az.org
www.facebook.com/decnaz

16809 N 53rd Ave Suite 1-3, Glendale, AZ 85306

Provides Life Skills training programs for children and adults with developmental disabilities which includes fixed route transportation to and from the Day Program facility. In addition, we offer in-home care services of Habilitation hourly support, attendant care and respite services.

Gompers
www.gompers.org/programs

- www.facebook.com/gompersaz
 Blythe Center Campus 623-245-8332 ext 305
 7565 W Peoria Avenue, Suite A Peoria, AZ 85345
 Hours: M-F, 7:15am-4:00pm
 Provides individuals ages 5 through 85 educational, adult day programming, employment training and in-home programs. Also, provides accessible vehicles to transport individuals to and from Gompers and to various community activities.
- MOSAIC602-864-6030
www.mosaicinfo.org
 Provides host home living arrangements for people of all ages with intellectual and developmental disabilities. We focus on What Matters Most to help people grow.
- One Step Beyond 623-215-2449
 After Hours on call phone..... 623-760-6487
www.osbi.org
 9299 W Olive Ave, Suite 311, Peoria 85345
 15527 N Reems Rd., Surprise 85374
 Provide Intellectual Disabilities training on how to live independently, seek employment and participate in their communities. Engaging their talents and interests by empowering them to set and achieve personal goals. OSBI may provide transportation from home to program and vice versa.
- Raising Special Kids.....800-237-3007
www.raisingpecialkids.org
www.facebook.com/raisingpecialkids/
 Provides information, training, resources and support to families of children with disabilities and special health care needs.
- The Children’s Center for Neurodevelopment Studies**623-915-0345
www.thechildrenscenteraz.org
www.facebook.com/TheChildrensCenterAZ/
 5430 West Glenn Dr, Glendale, AZ 85301
 Non-profit school and therapy center for children with autism and other developmental delays.
- VALLEYLIFE.....602-371-0806
www.ValleyLifeAz.org
www.facebook.com/Valleylifeaz/
 Provides group homes, home and community based services, day programs and vocational programs for developmentally disabled individuals who are placed in our care by the State of Arizona.

Shelters and Homeless Services

- A New Leaf480-969-4024
www.turnanewleaf.org
www.facebook.com/anewleaf
 Faith House crisis shelter for women and children623-939-6798
 24-hr emergency shelter for women in crisis
 Domestic Violence Centralized Screening hotline 480-890-3039
 24/7 English/Spanish resource844-SAFEDVS (723-3387)
 The 7 days a week, 24-hour English/Spanish bilingual resource connects people in crisis with domestic violence shelters throughout Maricopa County. If a shelter bed is not available, the Domestic Violence Safe Temporary Overflow Program provides short-term emergency shelter and services to victims of

domestic violence and their children while they await the availability of beds in domestic violence shelters countywide.

2-1-1 Toll free in Maricopa County 1-800-799-7739
Brian Garcia Welcome Center 602-759-5356

Assist in finding housing for homeless

Central Arizona Shelter Services (CASS).....602-256-6945

www.cassaz.org

www.facebook.com/CentralArizonaShelterServices

230 S 12th Ave, Phoenix, AZ 85007

Emergency shelter and supportive services for homeless persons.

Chrysalis 602-955-9059

www.noabuse.org

www.facebook.com/chrysalisaz/

Comprehensive services for women, men and children impacted by domestic violence. Programs include shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment.

Community Care Emergency Shelter623-755-2284

Provides free emergency shelter for women and children, including meals and supportive services. Fee based transitional and permanent housing available for families. Program for Homeless to Home Owner.

Deep Within Rehab.....623-334-6813

www.DeepWithinRehab.com

www.facebook.com/DeepWithinRehab/

11773 N 91st Ave, Peoria, AZ 85345

Drug/Alcohol recovery program that provides clean and sober living environment; including basic hygiene items, shelter, 3 meals a day, 12 step/life skills meetings.

Eve's Place623-537-5380

Outside Maricopa County: 844-301-7908

www.evesplace.org

www.facebook.com/Eves-Place-Inc-163364277014297/

NOT a shelter. Provides supportive mobile services to victims of domestic violence & sexual abuse.

Family Housing Hub.....602-595-8700

www.fhhub.org

Screens individuals for emergency shelter at UMOM, Watkins, CASS-Vista Colina and Salvation Army family shelters. Families will be screened for shelter and placed on service priority list. Intake will contact family when shelter is available.

Gift of Mary Women's Shelter602-254-8424

1406 S 17th Ave, Phoenix, AZ 85007

Provides emergency shelter for women age 18 and older and women with girls age 1 to 12 or boys age 4 and younger who are homeless. Night Shelter only, opens at 3:30pm daily.

Heavens Healing Hands 480-826-9769

www.Heavenshealinghandsphx.org

Provides basic needs services to the homeless such as mobile showers, clothing, and other essential items. Uplifting hospitality shown to those in need to restore dignity while transforming homelessness to bridge services and create hope.

- Homeward Bound602-263-7654
www.homewardboundaz.org
www.facebook.com/homewardboundaz/
 Transitional housing for homeless families with children.
- House of Refuge Sunnyslope602-678-0223
<https://refugesunnyslope.com>
[email: info@refugeandhope.com](mailto:info@refugeandhope.com)
www.facebook.com/House.of.Refuge.Sunnyslope/
 9835 N. 7th St., Phoenix, AZ 85020
 Transitional housing for single women, single men and mothers with children.
- National Homeless Veterans Resource Line... 877-4AID-VET (424-3838)
www.va.gov/homeless/nationalcallcenter.asp
 Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters can call trained counselors to talk confidentially 24 hours a day, 7 days a week.
- National Violence Hotline800-799-SAFE (7233)
www.thehotline.org
www.facebook.com/NationalDomesticViolenceHotline
 Trained advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence or seeking resources.
- New Life Center623-932-4404
www.newlifectr.org
www.facebook.com/NewLifeCtr
 Domestic Violence crisis shelter for women and children fleeing domestic abuse. Provides emergency shelter, transportation, childcare, domestic violence education, safety planning, lay-legal advocacy, case management, 24-hour crisis hotline, referral services and community education.
- Phoenix Rescue Mission602-233-3000
www.phoenixrescuemission.org
www.facebook.com/phoenixrescuemission/
outreach@phoenixrescuemission.org
Transformation Lives Center 602-346-3390
 1801 S 35th Ave., Phoenix, AZ 85006 (Intake M-F, call for appointment)
- Residential Recovery Program for men from life controlling problems. Other services available include: food boxes, clothing and case management for men, women and families in need.
- Changing Lives Center* 602-688-6219
 338 N 15th Ave. Phoenix, AZ 85007 (Intake M-F, call for appointment)
- Residential Recovery Program for women and mothers with children up to age 12.
- Hope for Hunger Food Bank*..... 602-773-4344
 5605 N 55th Ave., Glendale, AZ 85301 (M-F, 8 am – 12 pm)
 Call for service area eligibility.

- Salvation Army
www.salvationarmyphoenix.org/domestic-violence-shelter
ELIM House 602-267-4143
 Domestic violence shelter; supports women and children by providing safety, shelter and comprehensive services.

Crisis Line 602-267-4111
Homeless Outreach to place & empower 602-302-8862/602-263-8861
Provides medical care and preventive education.

Shelter Listing

www.shelterlistings.org

Provides a website that will show shelter locations close to a specific address.

Shoebox Ministry 480-905-1610

www.shoeboxministry.org

www.facebook.com/pg/shoeboxministry/about/

13645 N 32nd St, Phoenix, AZ 85032

Agencies serving local homeless and working poor can apply to receive toiletry kits and undergarments.

St Vincent de Paul 602-266-4673

www.stvincentdepaul.net/programs/ozanam-manor

Ministry to the Homeless - FOR REFERRALS..... 602-261-6883

Ozanam Manor -calls for intake/prescreening/eligibility, Criteria below 602-850-6900

1730 E Monroe, Phoenix 85034

Serving homeless men and women who are 50 and older or 18 and older with a disability, either mental and/or physical, move into permanent housing while providing temporary shelter.

Sojourner Center602-244-0089

www.sojournercenter.org

www.facebook.com/SojournerCenter

Provides domestic violence crisis shelter, transitional housing, case management, safety planning, trauma education, 24-hour crisis hotline, lay legal advocacy, referral services, on-site health clinic and behavioral health services, child development center and pet companion shelter. Also, community-based prevention/awareness activities, and all above services, available to community-based participants.

Streetlight USA.....623-435-0900 ext 8102

www.streetlightusa.org

www.facebook.com/StreetLightUSA

Provides housing and coordinated care services for adolescent females who are victims of child sex trafficking and sexual trauma.

Transportation Services

Benevilla623-584-4999

www.benevilla.org

www.facebook.com/BenevillaFamilyResourceCenter

Hours: M-F 8am - 4:30pm

Adult day centers, caregiver support groups, in-home services, home delivered meals and assistance to developmentally disabled. Two adult day centers and two resource offices located in Peoria.

City of Peoria Dial-A-Ride/Dial-A-Ride Plus.....623-773-7435

www.peoriaaz.gov/dialaride

After Hours: 623-693-1043

ADA Service Hours: M - F 4:30am – 9pm, Sa, Su & Holidays 6am –10pm

Leave message to reserve an ADA trip.

Provides curb-to-curb, advance reservation transportation of Peoria residents with wheelchair accessible vehicles.

- Crisis Response Network 602-222-9444
www.crisisnetwork.org
www.facebook.com/CrisisNetworkAZ/
- ComTrans 602-231-0102
www.gocomtrans.com
- Special needs, non-emergency medical transportation and private pay.
- National Kidney Foundation of Arizona 602-840-1644
www.azkidney.org
www.facebook.com/azkidney
- Provides free transportation to and from dialysis treatments in Maricopa County.
- Northwest Valley Connect 623-282-9300
www.NorthwestValleyConnect.org
www.facebook.com/nvconnect
- Assists seniors, veterans and people with disabilities in finding public, private and volunteer transportation resources based on individual need.
- Quality Transport Services of Arizona 602-371-1000
www.qtsaz.com
www.facebook.com/QTSaz
- Available 24/7
- Non-emergency transportation for wheelchair, stretcher & ambulatory needs, available 24 hours, 7 days a week, servicing the entire valley.
- St Vincent de Paul Transient Aid 602-261-6852
www.stvincentdepaui.net/programs/aid-to-stranded-travelers
 420 W Watkins Rd, Phoenix 85003
 Hours: M-F 9am - 12pm
- Travel assistance to non-residents who find themselves in crisis, stranded in the Phoenix area.
- Valley Metro Public Transportation 602-253-5000
 TTY 602-251-2039
www.valleymetro.org
- Reduced fares on local bus routes and light rail are available to youth ages 6-18, seniors age 65 and older, people with disabilities and Medicare clients.
- Valley Metro Dial-a-Ride
www.valleymetro.org/accessibility/dial_a_ride
 Transportation Hours: 5am - 10pm, Reservation Hours: 6am - 7:30pm
- Regional ADA Paratransit Service 602-716-2200
 Application for ADA 602-716-2100
- Eligible residents may travel beyond the area served by the local Dial-a-Ride provider without making a transfer. Reservations can be made every day.*

Utility Assistance/Discount Programs

- APS Energy Support Program 844-309-5655/602-371-7171
www.aps.com/e3
- Limited income programs.
- Community Action Program (CAP)
www.azdes.gov
www.facebook.com/OfficialArizonaDES
- Peoria: 8335 W Jefferson St, Peoria, AZ 85345 623-979-3911
 Surprise 623.222.HOPE(4673)

Offers assistance with: Utilities, rent, food, referral to senior services and case management.

Community Hope Center at Fresh Start Church 623-979-4392
www.freshstartaz.com/

14185 N 83rd Ave, Peoria 85381

Food Boxes on Wednesday and utility assistance starting at 10am.

Cox Internet Connect2Compete..... 855-222-3252
www.cox.com/aboutus/connect2compete.html?sc_id=cr_dm_camp_z_c2c_vanity

Program offers low-cost home internet for families that have a K-12 student and receive government assistance.

Lutheran Social Services of the Southwest..... 480-654-4539
www.lss-sw.org

No walk-ins, appointments only. Offer assistance with utilities, employment and Supplemental Nutrition Assistance Program (SNAP) sign-up.

Salvation Army - Sun Cities/West Valley Corps 623-977-1084
www.suncities.salvationarmy.org/sun_cities_corps

17420 N Ave of the Arts Blvd, Surprise 85378

Hours: M-F 9am - 11:30am; M – Th: 1pm - 4pm

Offers assistance with APS, SRP & SW Gas utility bills and limited rental assistance.

Southwest Gas..... 877-860-6020
www.swgas.com/en/az-special-programs

Arizona special programs & assistance.

SRP Discount Plan 602-236-8888
www.srpnet.com/prices/economy.aspx

Enrollment line open 24 hours a day, there are eligibility requirements to participate in the program.

Veteran Services

American Legion Department of AZ 602-264-7706
www.azlegion.org

www.facebook.com/ArizonaLegion

Disability claims and rental/utility assistance.

AZ Chapter, Paralyzed Veterans of America, Inc 602-244-9168
 Toll Free number 800-621-9217

www.azpva.org

www.facebook.com/AZPVA

Hours: M-F; 8am - 4:00pm

Non-profit veteran service organization.

AZ Coalition for Military Families 602-753-8802
www.arizonacoalition.org

www.facebook.com/ArizonaCoalition/

Information includes a starting point for key military, government and community resources available to service members, veterans and family members in each cou may have eligibility guidelines.

AZ Dept of Veterans’ Services 602-255-3373
www.dvs.az.gov

Assists veterans and their dependents.

Disabled American Veterans, Glendale Chapter 20..... 623 931-7320

[email:dav20glendale@gmail.com](mailto:dav20glendale@gmail.com)

Provides free professional assistance to veterans and their families with claims.

Cutrano AZ Troop Run602-577-9789

www.aztrooprun.com

www.facebook.com/cutranoaztrooprun

Provides extra curricular educational funding to children of Arizona’s fallen military heroes.

Catholic Charities MANA House602-254-6785

(formerly Madison Street Veterans Assoc.)

www.manahouseaz.org

www.facebook.com/pg/MANAHouseAZ/

400 East Willetta Street, Phoenix, AZ 85006

Provides transitional living center for veterans experiencing homelessness offering personal, individualized basic resources, community and advocacy for all veterans.

Military and Veteran Success Center480-384-9874

1532 North Commissary Road, Glendale, AZ 85307

At Luke Air Force Base. **MVSC is the nation’s first community supported, case-managed, holistic support center for transitioning service members, veterans and their dependents.** Services offered by the MVSC are free of charge.

Military Assistance Mission.....602-246-6429

www.azmam.org

www.facebook.com/pg/azmam.org

Provides financial and morale aid to our current Arizona active duty military, their families and wounded warriors regardless of overseas deployment status.

Operation Shockwave.....480-259-1212

www.operationshockwave.org

ajones@operatiohshockwave.org

Suicide prevention offered through veteran-to-veteran mentorship. Empowering veterans to choose life and become examples of success in their community. Educate the public on tools and techniques that can be used for PTSD, depression, trauma and more.

Pets for Patriots.....877-473-8223

www.petsforpatriots.org

Facebook: <https://facebook.com/petsforpatriots>

Twitter: <https://twitter.com/petsforpatriots>

Instagram: <https://instagram.com/petsforpatriots>

Helps veterans adopt shelter dogs and cats for companionship and emotional support; operates nationwide.

Reveille 602-592-9461

www.reveillefoundation.org

Supports underserved populations to include US military, veterans, Native Americans, and formerly incarcerated. Utilizes holistic, case management creating individual plans for success bringing a community of resources together to execute their plan.

Soldier’s Best Friend 623-218-6486

www.soldiersbestfriend.org

www.facebook.com/SoldiersBestFriend

Provides US military veterans living with combat-related Post Traumatic Stress Disorder (PTSD) or Traumatic Brain Injury (TBI) with Service or Therapeutic Companion Dogs, most of which are rescued from shelters.

The Ripple Effect- Helping Veterans and Families Heal260-312-3756

www.therippleeffectaz.com
www.facebook.com/therippleeffectaz

Offers resources to assist veterans and their families with reintegration into civilian life.

The Veterans Directory

www.theveteransdirectory.org
www.facebook.com/theveteransdirectory/

Provides a comprehensive, user-friendly, web-based directory of services that benefits military Veterans and their families.

Tragedy Assistance Program for Survivors800-959-TAPS (8277)

www.taps.org
www.facebook.com/TAPSOrg/

24/7-Providing services to those who have lost a loved one in the military.

Surprise VA Outpatient Clinic623-251-2884

*#101 Northwest Veterans Affairs Health Care Clinic
13985 W. Grand Ave Surprise AZ 85374*

Provides primary Care, Mental Health, Physical Therapy, X-Rays. Other services offered, please call. There is also an enrollment office on-site. Must bring DD-214 to enroll.

United States Veterans Initiative.....602-717-6682

www.usvetsinc.org/phoenix
www.facebook.com/usvetsinitiativephoenix

3507 North Central Avenue, Suite 302, Phoenix, AZ 85012

Veterans Seeking Housing 602-757-9723

Veterans Seeking Employment Assistance 602-717-6682

Veterans Seeking Other Services..... 602-757-9723

Provides housing, employment assistance, access to veterans benefits and treatment for mental and physical health problems and substance abuse. Also counseling services to our nation’s veterans from all branches of the armed forces who have served from World War II to the current conflicts.

Veteran Tickets Foundation602-314-8414

www.vettix.org (must create a free online account to get tickets)
www.facebook.com/VetTix

Provides veterans, service members, and immediate family of those killed in action with free tickets to sports events, concerts, family events as well as a diverse mix of other ticketed events, supporting community reintegration and personal health and happiness.

Vet’s Community Connections 602-324-2817

Veterans, Military and Spouses 211/844-VET-CONX
(838-2669)

www.vetscommunityconnections.org

Connecting those who have served with other community members for answers to questions about life in Maricopa County.

Vets4Warriors..... 24/7/365 peer support 855-838-8255

www.vets4warriors.com
www.facebook.com/Vets4Warriors/

24/7 Provides peer support services for Veterans, soldiers and their families via phone, chat, social media and texting. Live answer by another Veteran.
 Vet Center Combat Call Center 877-WAR-VETS (927-8387)
www.facebook.com/VAVeteransCenters/
 24/7 - Call-in counseling services for veterans. Beneficial for after-hours: crisis calls and other mental health related calls
 West Valley Vet Center623-398-8854
 14050 N 83rd Ave Suite 170, Peoria 85381
www.facebook.com/pages/West-Valley-Vet-Center/
 Readjustment Counseling services for active duty combat veterans and separated combat veterans, veterans subjected to military sexual trauma, UAV pilots, mortuary affairs, veterans who served in conflict zones and their family members.
 Veterans Crisis Line 800-273-8255 press 1
 Text..... 838255
www.veteranscrisisline.net
www.facebook.com/pg/veterans.crisisline.1/
 Free, confidential help for veterans available

Volunteer Opportunities

NOTE: Most organizations listed in this guide welcome volunteers

Arizonans for Children602-252-2270
www.arizonansforchildren.org

Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care. Always in need of volunteers.

City of Peoria Neighborhood Pride
 e-mail communityassistance@peoriaaz.gov

Designed to help established neighborhoods maintain their appearance and value through exterior maintenance. Large projects held two to three times annually.

Dysart Community Center
www.dysartcommunitycenter.org

Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency.

Hands on Phoenix
www.HandsOnPhoenix.org
www.facebook.com/HandsOnGreaterPhoenix

A nonprofit volunteer management organization.

Hospice of the Valley
www.hov.org
www.facebook.com/HospiceoftheValley/

Volunteers visit and read with patients, run errands, and offer emotional support. May work at White Dove Thrift Shoppes, make pet therapy visits, honor veterans and **make a difference in others’ lives.**

Just Serve
www.JustServe.org

www.facebook.com/JustServe.org

Matches faith, nonprofit, community and governmental organizations with volunteers.

Volunteer Match

www.VolunteerMatch.org

www.facebook.com/VolunteerMatch

Listing of volunteer opportunities.

Youth/Teen Programs

A Mighty Change of Heart.....**623**-308-5428

www.amchaz.org

Foster youth support organization in Surprise, AZ providing individualized duffle bags, school supplies, and more for foster kids.

AGUILA Youth Leadership Institute.....602-518-0612

www.aguilayouth.org

www.facebook.com/AGUILAYouth

Provides youth (grades 9-12) with a comprehensive program in preparation for success in college, career and life.

Arizonans for Children.....602-252-2270

www.arizonansforchildren.org

Facilitates opportunities that provide effective solutions to alleviate hardships and improve fragile lives of abused, abandoned and neglected children in foster care.

Big Brothers Big Sisters of Central AZ.....602-264-9254

www.bbbsaz.org

www.facebook.com/BBBSAZ/

Matches youth in the community ages 6 to 18 with caring, supportive adult mentors who help them realize their potential. Families and youth can enroll online. Volunteers are needed in the Peoria area.

BLOOM 365.....888-606-HOPE (4673)

www.bloom365.org/intervention

The Youth Violence Intervention and Prevention Project (Y-VIPP) provides community and school based case management, intervention, lifes kills education and peer support for 13-24 year old young people who are at risk for or who have exhibited abusive or violent behaviors.

www.bloom365.org/advocacy

Community and school based direct advocacy services, case management, weekly peer support groups, TEXT/CHAT help, safety planning and resource connections for 13-24 year old young people who have witnessed or experienced teen dating violence, domestic violence, sexual violence, or gender based violence victimization.

www.bloom365.org/education

Community and school based outreach and education to remove help seeking barriers for teens, prevent the root causes of teen dating violence/sexual violence and promote healthy and safe relationships. Includes delivery of a 7-Dose curriculum in schools, a bi-annual Peer Advocate Training Academy for teens, quarterly Study Circles community dialogues and Trusted Adult Ally Trainings for parents/caregivers, school personnel, law enforcement, youth service providers and more.

Boys and Girls Clubs.....623-979-3559

www.bgcmp.org

www.facebook.com/BGCMP

11820 North 81st Avenue, Peoria 85345

- Provides after-school, summer programs, tutoring, sports, arts, health, life skills and character building activities.
- Child Crisis Arizona480-834-9424
www.childcrisisaz.org
Headquarters – 817 N Country Club Dr., Mesa AZ
 Provides emergency shelter, foster care, adoption, counseling, early education, home visitation, and parenting support services to Arizona’s **most vulnerable** children and families.
- Childhelp800-790-2445
www.childhelp.org
Headquarters – 4350 E. Camelback Road, F250, Phoenix, AZ 85018..480-922-8212
Southwest Family Advocacy Center – 2333 N. Pebblecreek Pkwy, Suite A200, Goodyear AZ, 85395.....623-333-7900
Childhelp Children’s Center of Arizona – 2120 North Central Ave. Suite 130, Phoenix, AZ 85004.....602-271-4500
 Provides therapeutic intervention for children who have been victims of sexual, physical and emotional abuse, and/or neglect, exposure to severe trauma or victimized as a result of parental substance use/abuse.
- Dysart Community CenterDysart
 Community Center623-249-3812
www.dysartcommunitycenter.org
 Hours 10:00 - 8:00 Monday through Thursday -GED, ESL, Adult Citizenship classes
 After School Program ages 4 - 18, Hours: Mon 1-7, Tue - Thurs 3-7
 First Saturday Mobile Pantry. Hours 9:00 – 11:00
 Educational programs for disadvantaged children, teens and adults, offering tools and skills to help them improve their lives and build self-sufficiency. Full training and support provided, hours to suit volunteer.
- Dysart Unified School District (DSD).....**623**-876-7072
www.dysart.org
 Homeless Education Liaison – 623-876-7072
 School provided staff person to serve as a liaison for students experiencing homelessness.
- Empowered Young Parents Program602-234-3733
Arizona’s Children Association.....800-944-7611
www.arizonaschildren.org
www.arizonaschildren.org/transitional-support
 Assists pregnant or parenting youth between the ages of 12-24 who are currently or previously involved with the foster care or juvenile court system. Will provide on-on-one assistance with education, parenting skills, financial independence, healthcare, employment, education, counseling, and other community resources.
- Eve’s Place623-537-5380
Outside Maricopa County:.....844-301-7908
www.evesplace.org
www.facebook.com/Eves-Place-Inc-163364277014297
- Teen dating violence awareness and resources.
- Florence Crittenton.....602-274-7318

www.flocrit.org

www.facebook.com/FlorenceCrittentonofArizona/?fref=ts

Offers a comprehensive continuum of care designed to help at-risk girls ages 10 to 25 overcome issues of abuse, neglect, teen pregnancy, teen parenting, behavioral and mental health problems.

Food/Meals Assistance/Dysart Community Center 623-249-3812

www.dysartcommunitycenter.org

After School Programs, tutoring and teen programs for youth, ages 4 to 18. Life skills, education, arts, STEM, community involvement programs to support youth development.

Free Arts of Arizona 602-258-8100

www.freeartsaz.org

www.facebook.com/freeartsaz

Healing abused and homeless children through artistic expression.

Friends of Peoria Public Library

www.facebook.com/FPPLibrary

Inspires passion for literacy by supporting Peoria’s Libraries through assistance programs & outreach.

Hart Pantry 252-259-5331

www.facebook.com/HARTPantry/

Provides food, clothing, school supplies and toiletries for at-risk/homeless teens

Heart for the City 602-499-5059

www.heartforthecityaz.org

www.facebook.com/heartforthecityaz/

Free after-school, summer and sports programs, job skills training for teens and community gardening.

Homeless Youth Connection (HYC) 623-374-3747

After Hours Phone 602-633-4844

www.hycaz.org

www.facebook.com/HomelessYouthConnectionAZ/

Provides homeless youth ages 13-19 with resources so they can stay in school and graduate. Assistance includes case management, necessities, life skills training, mentors and housing assistance for homeless youth.

Kaity’s Way 602-740-2734

www.kaitysway.org

www.facebook.com/kaitysway.org

Community based organization that educates about the importance of healthy relationship and brings awareness to the issue to teen dating violence in an effort to prevent abuse. Monthly workshops hosted in Peoria.

Kickstart Mentorship Academy 623-217-5284

www.Kickstartmentorshipacademy.org

www.facebook.com/1kickstartma

Community based organization challenging and inspiring youth to become self-sufficient and goal oriented through life skills training and education.

New Song Center for Grieving Children 480-951-8985

www.newsongcenter.org

info@newsongcenter.org

No-cost program open to any child, teen or young adult who is grieving the death of a loved one.

Ombudsman Charter School 800-833-9235

www.arizonadiploma.com

- Arizona Charter* 602-317-0837
Peoria Location: 9516 W. Peoria Ave., #18-21..... 623-878-4503
 Provides an alternative to traditional high school for those at risk of dropping out or who have dropped out of school and want to return and earn their diploma. Their four-hour school day allows time for family, friends, work and school and prepares students for college, career – for life – after high school.
They “re-engage the disengaged.” At no cost to the kids or parents.
- One-n-Ten.....602-400-2601
www.oneten.org
www.facebook.com/onetenphoenix?fref=ts&ref=br_tf
 Serving LGBTQIA+ youth ages 11 to 24. Provides tools to improve self-esteem and programs that promote leadership development and healthy life choices. Has several feature programs targeting education, employment and housing.
- OCJ Kids602-439-2171
www.ocjkids.org
www.facebook.com/ocjkidsaz/
 Connecting at-risk and foster youth with caring communities for support and assurance. Volunteer opportunities for those who cannot foster or adopt.
- Peoria Unified School District (PUSD)
www.peoriaunified.org/domain/105
www.facebook.com/peoriaunified
 Student Services Coordinator623-486-6058
 School-provided staff person to serve as a liaison for homeless students.
- School Connect
www.org
 Mailing address: 14240 N 43rd Ave., Glendale, AZ 85306 602-496-0215
 Researches and develops the best practices to build a supportive, collaborative community around schools.
- Scott Foundation480-689-3355
www.SCOTT-FOUNDATION.org
 Mailing address: P.O. Box 4927 Cave Creek, AZ 85327
 Growing next generation Thought & Service Leaders, invests in the initial 4-year future of Arizona foster youth who wish to make the world better than they found it. With a focus on developing inner wealth, produces year-round experiential learning that help kids develop their own purposeful vision with a mindful social impact.
- Teen Lifeline602-248-8336
<https://teenlifeline.org>
 Peer counseling suicide hotline from 3-9 p.m. daily. Life skills development training for teens interested in becoming peer counselors. Awareness, education, prevention materials and training opportunities are available.
- Teen Outreach877-882-2881
<https://azyp.org>
www.facebook.com/topsaz
 West location: 6610 N. 47th Ave. Ste12, Glendale, AZ 623-334-1501
 Focuses on the needs of pregnant and parenting teens. Includes pregnancy **testing, pregnancy prevention and education, childbirth classes, a Dad’s** program, parenting classes and support groups.
- VOICES for CASA.....480-685-4888
www.Voicesfor.CASACHildren.org

Address: 4300 N. Miller Rd., Ste 116 Scottsdale, AZ 85251

Provides Court Appointed Special Advocates (CASA) volunteers to be the voice for a child in foster care, advocating for his or her best interest, helping them find a safe, permanent home.

YMCA602-404-9622

www.valleymca.org

www.facebook.com/ValleyYMCA

14711 N 59th Ave, Glendale, AZ 85306 602-588-9622

12450 W Cinnabar Ave, El Mirage, AZ 85335 602-688-5335

Programs that build a healthy spirit, mind and body.

YWCA (corporate office)602-258-0990

www.ywcaaz.org

www.facebook.com/ywcaAZ

YWCA - West Valley Senior center: 8561 N 61st Ave, Glendale, AZ 623-931-7436

This site offers meals and meals on wheels.

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The cities of Peoria and Surprise operate their programs and services without regards to race, color, religion, sex, sexual orientation, gender identity, marital status, age, handicap, familial status or national origin.



Additional resources may be available at www.211arizona.org, a statewide information and referral service.