



Benevilla

Event Series Sponsored By:



Caregiver Connect Virtual Event

October 12, 2020 | 9:00 AM- 12:00 PM

Are you a family member caring for a loved one? The Benevilla Caregiver Connect is a free event offered to family caregivers providing expert guidance and valuable information for their caregiver journey.

Expert Presentations



Dr. Danielle Goldfarb
*Banner Sun Health
Research Institute*

**Life Rhythms: Routines
for Healthy Brain Aging**
9:00 AM



Dana Marie Kennedy
AARP AZ State Director

**Navigating Caregiving through
Challenging Times**
10:00 AM



Have Questions About Caregiving?

*Connie Danks M.A., Benevilla Caregiver Support Group Facilitator and Life Coach, will join us live at **10:50 AM** to answer your questions and support you on your journey.*

Send a question to marketing@benevilla.org by Monday, October 5th to have your question answered LIVE. All questions will remain anonymous.

Multiple Ways To Participate



Join us Live on Monday, October 12th at 9:00 AM (MST)

1. Join us on Facebook Live and Ask your Questions Live: [Facebook.com/CityofPeoriaAZ](https://www.facebook.com/CityofPeoriaAZ)
2. Tune into Cox Channel 11 or Century-Link Channel 8509
3. Stream live on the web at www.peoriaaz.gov/PeoriaTV

Aren't able to make it live? No problem.

Call 623-584-4999 to sign up to receive a link to the full event video to watch at your own convenience.

Thank you to the City of Peoria for your partnership! **Learn more about Benevilla at www.Benevilla.org.**