



YOUTH SOCCER RULES AGES 3-4

SECTION 1: GENERAL RULES

1. Only City of Peoria registered players may participate in games and practices.
2. Players with a hard cast cannot participate in practices or games.
3. Coaches will be running the game. (No City of Peoria staff referee)
 - a. Coaches are responsible for keeping track of time, mandatory substitutions, and game flow (throw-ins, re-centering ball after goal scored, goal kicks, corner kicks).

SECTION 2: TEAM COMPOSITION

1. Team composition will be:
 - a. 4 players and NO goalkeeper

SECTION 3: GAME TIME & SUBSTITUTIONS

1. A game will consist of (2) fifteen minute halves with a 3 minute halftime break.
 - a. **MANDATORY SUBSTITUTIONS** will happen two times per half (at the 5 and 10-minute mark).
 - b. **The City of Peoria is an equal playing time league; all players must play equally at all positions.**
 - c. The coach is encouraged to have a stopwatch and a whistle.
2. The game clock will not stop during substitutions. Teams should take no longer than 1 minute to substitute players. (We recommend having an assistant coach/team parent help with substitutions).
3. Substitution of players occurs only during Mandatory Substitution time (or in case of a player injury).

SECTION 4: SCORING

1. A goal is scored when the whole ball crosses the goal line and is between the goalposts and under the crossbar.
 - a. No game scores or standings will be kept in any division.

SECTION 5: HEADING THE BALL

1. Heading the soccer ball is not allowed in the 3 & 4 division.
2. Coaches in this age division should educate players not to head the ball.

SECTION 7: TYPES OF FOULS

1. 3 & 4 Division: All Free Kicks are Indirect Free Kicks

A. INDIRECT FREE KICK FOULS

A player is penalized and the opposing side is awarded an Indirect Free Kick when they purposely:

- i. Play in a dangerous manner (NO SLIDING ALLOWED)
- ii. Obstruct their opponents without trying to go for the ball
- iii. **No Penalty Kicks** will be awarded or taken.
- iv. If a rule violation occurs inside the goal area, the In-Direct free kick will be taken on the goal area line parallel to the goal line at the nearest point to where the infringement occurred.



SECTION 8: TYPES OF STARTS AND RE-STARTS OF PLAY

1. INDIRECT FREE KICKS

- a. Kick is taken from the position of the ball at the time of the violation.
- b. Opponents must be at least 10 yards away from the ball.

2. CORNER KICKS

- a. Ball goes out-of-bounds over the goal line and has been touched last by a player on the defending team.
- b. The kick is taken from the inside of the quarter-circle and on the side of the goal where the ball went out.
- c. A goal can be scored directly from a corner kick.

3. GOAL KICKS

- a. A ball goes over the goal line and was last touched by the player of the offensive team.
- b. The kick is taken in the goal area.
- c. Opposing players must be outside the penalty area until the ball is in play.

4. THROW-INS

- a. Throw-ins are given when the ball crosses completely over the sidelines.
- b. Players shall throw the ball in a forward manner holding the ball with 2 hands behind their head.
- c. The feet must not leave the ground.

SECTION 9: QUICK GLANCE GENERAL INFORMATION

AGE DIVISION	3 & 4
FIELD LENGTH	90'
FIELD WIDTH	60'
# OF FIELD PLAYERS	4 v 4
GOAL KEEPER	NO
PENALTY BOX	16'L x 35'W
GOAL BOX	N/A
GOAL DIMENSION	6'W x 4'H PUGG
BALL SIZE	Size 3