

July Summer Dinner Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7/1 Cheddar Chex & String Cheese	7/2 Animal Crackers & 1% Milk	7/3 Elf Grahams & Apple	7/4 4th Of July	7/5 Cheezits & 1% Milk
Hamburger PB & J Sandwich Mixed berry cup, Chilled Applesauce Carrots, Fries	Cheese Stuffed Raviolis Ham Sandwich Frz. Sliced Peaches, Chilled Mixed Fruit Broccoli Salad, Pork'n Beans	Meatball Sub Mediterranean Veggie Wrap Watermelon, Chilled Pears Carrots, Cucumbers	No Program Dinner or Snacks	Pizza Pepperoni or Cheese Turkey Sandwich Sliced Strawberries, Chilled Applesauce Carrots, Caesar Salad
7/8 String Cheese & Goldfish	7/9 Fruit Juice & Elf Grahams	7/10 1% Milk & Pretzel Goldfish	7/11 Apple & Yogurt	7/12 String Cheese & Apple Muffin
Chicken Nuggets Ham or Cheese Sandwich Apples, Chilled Pears Carrots, Pinto Beans	Carnitas Tacos Veggie Sandwich Craisins, Chilled Peaches Broccoli, Celery	Cheese Quesadilla Turkey Sandwich Cantaloupe, Chilled Mixed Fruit Carrots, Tots	Spicy or Reg. Chicken Sandwich PB & J Sandwich Apples, Chilled Peaches Celery, Cauliflower	Bacon Cheese Burger Mediterranean Veggie Wrap Peach Cups & Chilled Applesauce Carrots, Broccoli
7/15 Cheddar Chex & String Cheese	7/16 Animal Crackers & 1% Milk	7/17 Elf Grahams & Apple	7/18 Pretzel Goldfish & Fruit Juice	7/19 Cheezits & 1% Milk
Hamburger PB & J Sandwich Mixed berry cup, Chilled Applesauce Carrots, Fries	Cheese Stuffed Raviolis Ham Sandwich Frz. Sliced Peaches, Chilled Mixed Fruit Broccoli Salad, Pork'n Beans	Meatball Sub Mediterranean Veggie Wrap Watermelon, Chilled Pears Carrots, Cucumbers	Orange Chicken Bowl Veggie Sandwich Oranges, Chilled Peaches Celery, Cauliflower	Pizza Pepperoni or Cheese Turkey Sandwich Sliced Strawberries, Chilled Applesauce Carrots, Caesar Salad
7/22 String Cheese & Goldfish	7/23 Fruit Juice & Elf Grahams	7/24 1% Milk & Pretzel Goldfish	7/25 Apple & Yogurt	7/26 String Cheese & Apple Muffin
Chicken Nuggets Ham or Cheese Sandwich Apples, Chilled Pears Carrots, Pinto Beans	Carnitas Tacos Veggie Sandwich Craisins, Chilled Peaches Broccoli, Celery	Cheese Quesadilla Turkey Sandwich Cantaloupe, Chilled Mixed Fruit Carrots, Tots	Spicy or Reg. Chicken Sandwich PB & J Sandwich Apples, Chilled Peaches Celery, Cauliflower	Bacon Cheese Burger Mediterranean Veggie Wrap Peach Cups & Chilled Applesauce Carrots, Broccoli

*Cereal and Elf grahams are served every day as an alternative option to the listed entrée at breakfast. Juice is also offered every day with all breakfasts.

When school is out, Summer Lunch Buddies are in! Many of our sites will be offering free breakfast and lunch this summer. Visit www.Peoriaunified.org for participating locations. You may also visit



This institution is an equal provider.