## July Summer Menu 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Milk, Apples	7/2 Pop tart & String Cheese Milk, Applesauce Cups	7/3 Yogurt & Granola Milk, Frozen Strawberries		7/5 Cereal & Elf Grahams Milk, Oranges
Corn Dog Build - A- Pizza Mixed berry cup, Chilled Applesauce	Pretzel Ham Melt Cheese Sandwich Frz. Sliced Peaches, Chilled Mixed Fruit	Orange Chicken Garden Salad W/ Roll Watermelon, Chilled Pears		Beef Soft Tacos Garden Salad Sliced Strawberries, Chilled Applesauce
Carrots, Fries 7/8	Broccoli Salad, Pork'n Beans 7/9	Carrots, Cucumbers 7/10	7/11	Carrots, Caesar Salad 7/12
Pop tart & String Cheese	Muffin & Sunflower Seeds	Donut Milk, Chilled Peaches	·	Cereal & Elf Grahams  Milk, Apples
Hamburger Veggie Wrap	Chicken Quesadilla Fruit Parfait W/ Granola	Chicken Nuggets W/ Goldfish Build- A - Pizza	Bean & Cheese Burrito  Ham Sandwich	Pizza  Turkey Sandwich
Apples, Chilled Pears Carrots, Pinto Beans	Craisins, Chilled Peaches Broccoli, Celery	Cantaloupe, Chilled Mixed Fruit Carrots, Tots	Apples, Chilled Peaches Celery, Cauliflower	Sliced Strawberries & Chilled Applesauce Carrots, Broccoli
	7/16 Pop tart & String Cheese Milk, Applesauce Cups	7/17 Yogurt & Granola Milk, Frozen Strawberries		7/19 Cereal & Elf Grahams Milk, Oranges
Corn Dog Build - A- Pizza	Pretzel Ham Melt Cheese Sandwich	Orange Chicken Garden Salad W/ Roll	Pull - A - Part Bread Turkey Bacon Wrap	Beef Soft Tacos Garden Salad
Mixed berry cup, Chilled Applesauce Carrots, Fries	Frz. Sliced Peaches, Chilled Mixed Fruit Broccoli Salad, Pork'n Beans	Watermelon, Chilled Pears Carrots, Cucumbers	Oranges , Chilled Peaches Celery, Cauliflower	Sliced Strawberries, Chilled Applesauce Carrots, Caesar Salad
7/22	7/23		7/25	7/26
	Muffin & Sunflower Seeds Milk, Apples	Donut Milk, Chilled Peaches		Cereal & Elf Grahams <sup>Milk, Apples</sup>
Hamburger	Chicken Quesadilla	Chicken Nuggets W/ Goldfish	Bean & Cheese Burrito	Pizza
Veggie Wrap	Fruit Parfait W/ Granola	Build- A - Pizza	Ham Sandwich	Turkey Sandwich
Apples, Chilled Pears  Carrots, Pinto Beans	Craisins, Chilled Peaches Broccoli, Celery	Cantaloupe, Chilled Mixed Fruit Carrots, Tots	Apples, Chilled Peaches Celery, Cauliflower	Sliced Strawberries & Chilled Applesauce Carrots, Broccoli

<sup>\*</sup>Cereal and Elf grahams are served every day as an alternative option to the listed entrée at breakfast. Juice is also offered every day with all breakfasts.

When school is out, Summer Lunch Buddies are in! Many of our sites will be offering free breakfast and lunch this summer. Visit www.Peoriaunified.org for participating locations. You may also visit www.eatwellbewell.org/summerfood for locations across Arizona and the United States.



Themed Shirt days

Monday - Sport/Spirit Day

Wednesday - Hawaiian Shirt Day

Friday - Super Hero Day