

# Preparedness Checklist

- Find out which disasters or emergencies could happen in your area (go to the [Contact Information](#) page to see where you can call to find this out).
- Do a home hazard hunt to find out what dangers could be in your home. You might want to practice with a [home hazard hunt game](#) first.
- Find out how to properly prepare for each type of disaster.
- Find out how you and your family would be warned of an emergency.
- Create an [emergency preparedness kit](#) - be sure to have enough supplies in your kit for all of the people who live in your house.
- Create an emergency escape route for your house - there should be two ways out in case one of them is blocked.
- If you are old enough, ask you parents how to quickly shut off the water, gas, and electricity to your home. If you are not quite old enough to do this, ask your parents where these areas are so you can show an adult if you need to.
- Know when and how to call 9-1-1 in an emergency.
- Talk to your family about a meeting place so if there is an emergency in your home you know where to meet to be sure everyone is out safely. Some good ideas are the water meter if it is in your front yard, across the street, by your mailbox.
- Be sure that your smoke alarms are check each month (ask your parents to help you).
- Do a exit drill in the home (also called EDITH) at least twice a year so that everyone in the family knows how to get out and what to do in case of a fire or other emergency.
- Be sure everyone who is old enough in your house (including you...if you can read this, you are old enough) learn CPR and basic first aid.
- Name one person who each person in your family can call in case you are separated (maybe you are at school and your parents are at work). You can check in with this person to let them know you are okay, where you are, and check on your other family members.
- Have a list of emergency telephone numbers that each person in your family keeps. This list should include your mom and dad's work and cell phone, school, and your designated emergency person mentioned above.
- Go through your checklist again every year to be sure that your emergency plan is still in good shape.